

## Highlights of the Month

- *Celebrity Chef: Robert Irvine*
- *BINGO is back!*
- *Great Navy Campout*

SEPT **TWENTY**  
**25**



# Youth Sports

Winter 2025

## FLAG FOOTBALL & OUTDOOR CHEER

### **MANDATORY Parent Orientation**

**Option 1:** Sept 29

11:30 a.m. - 12:30 p.m. | Virtual

**Option 2:** Oct 6

11:30 a.m. - 12:30 p.m. | Virtual

### **MANDATORY Assessments**

**U6:** No Assessments

**U7:** Oct 7 • 5-6 p.m.

**U10:** Oct 7 • 5-6:30 p.m.

**U14:** Oct 7 • 5-6:30 p.m.

**U18:** Oct 7 • 5:30-6:30 p.m.

*Youth Ages 5-18, Co-ed Teams*

**Season Dates** Oct 20 - Dec 18

**Cost** \$60, uniform includes jersey, shorts & socks

### **Pre-Season Clinics**

Unsure if you want to play?  
Try out the pre-season clinics  
in September.

**Date:** TBA

**Last Day to Cancel & Receive Refund**  
Oct 6

**Picture Day**  
TBA

**8/26 - 9/26, Tuesday - Friday | 9 AM - 6 PM**

at the Youth Complex in Marinai

**Or Email Registration to:**

usn.sigonella.nassigonellait.mbx.youth-sports@us.navy.mil

**All Coaches and Referees must register by September 26.**

## REGISTRATION

## Note for Parents

All youth under the age of 13 must remain in compliance with the Base Supervision Policy in order to participate in Youth Sports and Fitness programs. Registration is required through the Youth Complex prior to participation in all activities.

**Calendar information, programs, dates, age, cost and location are subject to change.**

### **Steps to register for Youth Sports Activities and Programs:**

1. Complete a Navy Child and Youth Program Registration Packet: [www.navymwrsigonella.com](http://www.navymwrsigonella.com)
2. Complete the NAYS Parent Orientation - Link [www.nays.org/parents](http://www.nays.org/parents)
3. Must add organization "Sigonella".
4. Drop off forms at the Youth Complex in Marinai.

## Volunteer Coaches and Referees

Our Youth Sports program is always looking for volunteers to Coach and Ref as they are the foundation of our Youth Sports department and are trained and educated to provide participants with a fun-filled, safe and rewarding experience. Volunteers that are registered before the season starts are eligible for discounted sports registration for their children.

If you are interested in volunteering, please contact us.

**For more information, contact the Youth Sports & Fitness**

**Coordinator at: 624-1750 | +39 095 56 1750**

usn.sigonella.nassigonellait.mbx.youth-sports@us.navy.mil

**YSF PAGE**



**Eligibility**

In order to participate, please enroll in our Youth Program by coming into the Youth Complex or calling 624-1750 for more information. Members must be 11 years old and have started the 6th grade to 18 years of age and still in high school.

**Check out the Youth Complex Calendar!**

You can find more events, clubs and fun happening throughout the month! Pick one up at the Youth Complex in Marinai or email [jasmine.t.mai@us.navy.mil](mailto:jasmine.t.mai@us.navy.mil)

**FACILITY CLOSURES:**

**Sept 1** Labor Day - All CYP Closed  
**Sept 22** Field Trip

**WEDNESDAY, 10****Keystone Club Interest Meeting**

**Location:** Midtown Atrium **Time:** 1:45 - 2:45 pm **Ages:** 14-18

Keystone club provides leadership development opportunities to Sigonella teens, ages 14-18 (grades 9-12), in four focus areas: Academic Success, Career Preparation, Community Service, and Teen Outreach. Returning from summer break, we will have our first official gathering! If you are interested in the potential of joining, come learn more about what Keystone is about and our goals for the new charter year! No need to sign up, just show up!

**MONDAY, 15****Torch Club Interest Meetings**

**Location:** Youth Complex **Time:** 4:00 - 5:00 pm **Ages:** 11-13

The Torch Club provides leadership development opportunities to Sigonella preteens, ages 11-13 (grades 6-8). Our first meeting of the month is an open invitation to anyone interested in joining for the new charter year! Teens will learn about all the successes from the previous charter year and goals for the new one. Our second meeting of the month will be focused on officer elections and charter year planning.

**FRIDAY, 19****Youth Complex Talent Show**

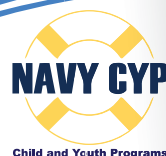
**Location:** Youth Complex **Starts:** 5:00 pm

Calling all superstars! Come shine bright like the diamonds you are at our Youth Complex talent show. Whether it's singing, dancing, playing an instrument, or performing a short skit, come showcase your talents! Signup at Youth Complex before Tuesday, September 16 to confirm your spot in the lineup. Only 10 spots available, so act fast!

**Employee of the MONTH JULY 2025**

*Amber Stang*  
CYP PROGRAM ASSISTANT

Amber has a wealth of knowledge with youth sports and is also great with paperwork and organization. She is spot on with any task she is assigned. Amber has also stepped up in other departments when she was needed, without hesitation, and thrived! She moved right in and helped during a very busy time for CYP, working with all different age groups and staff, and rocked it. She has also helped support the teen program in ratio and with registrations. In addition to being an awesome team member, Amber has been essential in inventorying baseball supplies, researching cost effective solutions and also procuring materials to enhance the youth sports program. Thank you, Amber, for all the work you do for CYP and the Sigonella Community!

**ALL MONTH****Community Puzzles**

**Time:** Regular hours of operation

Puzzles can be a way to reduce stress and anxiety, improve mood, and provide a sense of calm. They require you to focus on the present moment and let go of distractions. Come spend a relaxing afternoon making connections at the library.

**EVERY WEDNESDAY****Early Literacy: Full STEAM Ahead**

**Time:** 10:30 - 11:15 am **Ages:** 1-5 and caregivers

Join us to jump-start early literacy skills for toddlers and preschoolers! Caregivers and children will learn together while we sing, read, play, and grow. This program is best suited for pre-readers (ages 1-5) and their caregivers.

**TUESDAY, 9****Pipe Cleaner Creatures**

**Time:** 3:00 - 6:00 pm

Join us in making cute little creatures using pipe cleaners, beads, and googly eyes. We'll show you how to make a dog, a pig, a crab, a dinosaur, a mouse, a fish, or you can create your own!

**TUESDAY, 23****Book Page Wreath**

**Time:** 3:00 - 6:00 pm

If you love all things book-related and enjoy homey décor, this craft is for you! Together, we will make beautiful wreaths from old book pages and wire frames. The library will provide all supplies, but feel free to bring your own books too.

**TEEN EMPLOYMENT PROGRAM**

*For teens still in high school looking for an after school job!*

**Mandatory Orientation**

Wednesday, Sept. 17

**Time:** 1:45 - 3:15 pm

MWR Chart Room

**Ages:** 14 - 18 (still in high school)



**SCAN HERE  
FOR MORE DETAILS**



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## Midtown 2 Theaters

**Cost:** \$6 Adults (12 years & older)  
\$4.50 Kids (6-11 years old) Free (5 years & under)  
Visit [www.navywmwrsigonella.com/movies](http://www.navywmwrsigonella.com/movies)  
for showtimes.

### WEDNESDAY, 10

**Early Release Wednesdays: Lilo & Stitch (2002, PG)**

**Time:** 2:00 pm **Eligibility:** Students & Teachers

**Cost:** Free Admission

Are you a student or a teacher? Spend your early release from school unwinding with a free movie every 2nd Wednesday of the month. Grab your friends and enjoy some cinema magic on us!

### TUESDAY, 16

**My Way Matinee: Wish (2023, PG)**

**Time:** 10:30 am **Cost:** Free Admission

Enjoy a sensory-friendly movie experience with dim lights and lower sound volume for all ages! Available the third Tuesday of every month.

### WEDNESDAY, 17

**Way Back Wednesdays: Pulp Fiction (1994, R)**

**Time:** 7:00 pm **Ages:** 18+ **Cost:** Free Admission

Enjoy a classic movie at Midtown 2 Theaters, featuring the movie "Pulp Fiction" (1994, Rated R). Concessions will be available for purchase.

### SUNDAY, 21

**Magical Movie Weekend: The Godfather Trilogy**

**Time:** 7:00 pm **Cost:** Free Admission

Get ready for a legendary cinematic experience as you encounter Francis Ford Coppola's The Godfather Trilogy--a rare opportunity to witness the saga of power, loyalty, and betrayal on the big screen.

**10:00 am** The Godfather (1972, R)

**2:00 pm** The Godfather Part II (1974, R)

**6:00 pm** The Godfather Part III (1990, R)



#### 7v7 Soccer Tournament

**SEPT 9-18 | 5:30 pm Nas II Turf Field**

**Registration Deadline:** Sept 5

#### Soccer Shootout

**SEPT 19 | 5:30 pm NAS II Turf Field**

**Registration Deadline:** Sept 16

#### Kickball League

**SEPT 23 - OCT 9 | 5:30 pm**

**NAS II Turf Field**

**Registration Deadline:** Sept 19

#### 3v3 Volleyball Tournament

**SEPT 27 | 9:00 am**

**NAS II Sand Volleyball Court**

**Registration Deadline:** Sept 24

**Eligible Patrons:** Active duty, NATO

& DoD ID cardholders **Cost:** Free **Ages:** 18+

For registrations and more information, contact the Adult Sports Coordinator, Angelina Gott at [angelina.p.gott.naf@us.navy.mil](mailto:angelina.p.gott.naf@us.navy.mil) or **624-3785**.

## Bowling Center

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**EVERY THURSDAY**

**September Special: Active Duty Bowl Free**

**Time:** 4:00 - 6:00 pm **Cost:** Free bowling, \$2 shoe rental

Calling all Active-duty service members to pop on over to Spare Time Bowling every Thursday in September.

**FRIDAY, 19**

**Red Pin Bowling Night**

**Time:** 6:00 - 10:00 pm **Cost:** Regular pricing

Red Pin bowling is a special game that includes one red colored pin per lane that is placed randomly each frame. When the red pin lands front and center at the beginning of a turn, simply roll a strike to win fun prizes! Be sure to let the staff know there is a red pin at the front before you bowl your strike for it to count for a prize.

**AGES 13-18**

**TEENS**

**NO SCHOOL  
GLOW TOURNAMENT**

**FRIDAYS**

**OCTOBER 10, 24 & 31**

**TIME**

**11:30 AM - 1 PM**

**COST**

**\$10 PER PERSON, PER WEEK  
INCLUDES 2 GAMES  
& SHOE RENTAL**

**SPARE TIME BOWLING**







# AZIENDA AGRITURISTICA ORANGE PARK

WITHIN WALKING DISTANCE OF SICILY CENTER MALL  
[WWW.ORANGEPARKTLA.COM](http://WWW.ORANGEPARKTLA.COM)



## ORANGE PARK IS MORE THAN JUST TEMPORARY-LODGING.

You will feel at home as you are greeted by a friendly multilingual staff who will always be available for anything you need.

We will welcome you by offering a warm, rich, traditional Sicilian meal, prepared personally by the owner.

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Our residence is conveniently located within 2 minutes of a shopping center and it offers very cozy villas with:

**FULLY EQUIPPED KITCHEN**

**DINING-LIVING ROOM**

**SPACIOUS BEDROOMS**

**BATHROOMS**

(one of our apartments is also equipped with a jacuzzi)

**A/C AND CENTRAL HEATING**

**FREE WIFI (IN ALL AREAS)**

**FREE SKY TV**

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Our stunning and peaceful oasis includes gardens and terraces with:

**SAFE AND SECURE PARKING AREA**

**SWIMMING POOL**

**BBQ GRILL**

**FREE LAUNDRY AND DRYER FACILITIES**

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The whole residence is protected by safe fencing and monitored by video surveillance.

We offer restaurant service (on request) to our clients.

It is also possible to provide shuttle service and babysitting.



C. da Cubba Marletta, 11 Misterbianco (CT) - Tel./Fax: +39 0957559035

Cell: +39 3470629927 • [info@orangeparktla.com](mailto:info@orangeparktla.com)

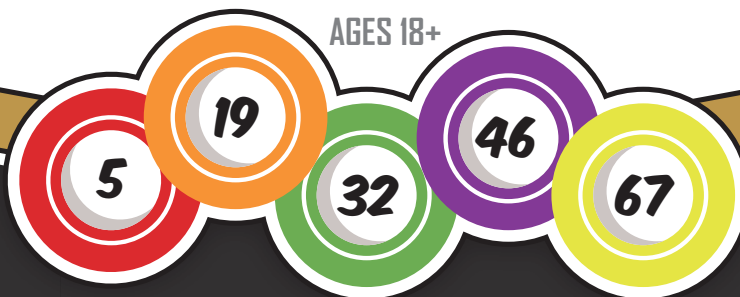


6 PM NAS I CHART ROOM

# BINGO

## THURSDAY NIGHTS

AGES 18+



BEGINS SEPT 18

# JACKPOT

**\$2,500 - \$8,000**

increases \$500/week with no winner

**\$1,200**  
IN CASH PRIZES  
given out each night!



NO NAVY ENDORSEMENT IMPLIED

**\$25**

PACKAGE SALES  
START 5 PM  
in Connections

\$10 extra jackpot cards available



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## Community Activities

Registration for classes is available at Community Recreation or the Liberty Center. Please refer to each class description for any registration deadlines.

### EVERY WEDNESDAY

#### Beginners Copperplate Calligraphy

**Location:** MWR Compass Room | Sept 17 in MWR Chart Room

**Time:** 5:30 - 7:30 pm **Ages:** 12+ **Cost:** \$35 supply kit + \$100 for all 4 classes

A supply kit is mandatory for the class. If you have already purchased a supply kit, you can pay a flat rate of \$100. Patrons must pay for all classes as a series.

### FRIDAY, 12

#### Open Play Game Night

**Location:** MWR Chart Room **Time:** 5:00 - 10:00 pm **Ages:** 18+ **Cost:** Free

Do you have a passion for board games and want to meet others who share a similar interest? MWR will host an "open play" game night where we offer the space and games and you provide the competition. Come together, put down your phone and connect through play and friendly competition. Feel free to bring your own games along as well and use the space to play!

### TUESDAY, 16

#### Sicilian Wagon Wheel for Kids!

**Location:** MWR Compass Room **Time:** 3:30 - 5:30 pm **Ages:** 8+ **Cost:** \$20

Children will paint and design a wagon wheel replicating those seen on Sicilian carts. All materials will be provided.

### WEDNESDAY, 17

#### Indoor Belay Certification

**Location:** "The Cave" Rockwall **Time:** 2:00 - 5:00 pm **Ages:** 14+

**Cost:** \$30/\$25 Liberty **Registration Deadline:** Sept 9 at Community Recreation

This class will walk you through the steps of belaying a climber. To earn your Belay Certification Card, each participant must be able to show the ability to tie knots correctly and safely belay an actual climber.

### WEDNESDAY, 24

#### Sicilian Wine Glass Painting

**Location:** MWR Classroom **Time:** 6:00 - 8:00 pm **Ages:** 18+ **Cost:** 1 for \$15 | 2 for \$25

Patrons will design a Sicilian-themed wine glass. We will use image transfer and paint pens to help with the design. All materials will be provided.

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## 568 Lounge

### EVERY WEDNESDAY & FRIDAY

#### Karaoke Night

**Wednesday:** 8:00 pm - 12:00 am **Ages:** 18+

**Friday:** 9:00 pm - 2:00 am **Ages:** 18+

### FRIDAY, 12

#### Latin Dance Lessons

**Lessons:** 8:30 - 10:00 pm **Dancing:** 10:00 pm - 2:00 am

**Ages:** 18+ **Cost:** Free Admission

MWR is hosting Salsa, Bachata & Merengue lessons in our newly renovated facility, 568 Lounge, on NAS II! Join us for lessons and then spend time afterwards practicing by dancing the night away!

### FRIDAY, 26

#### 70's Disco Night

**Time:** 8:00 pm - 2:00 am **Ages:** 18+ **Cost:** Free Admission

Calling all disco queens and kings! Get ready to boogie down at 568 Lounge's 70s Disco Night. Groove to our DJs' beats, sip on signature cocktails, and strut your stuff in our costume contest for a chance to win a prize! Plus, fun party games to keep the good times rolling!

## Auto Skills Center

x5244

### Diagnostic Computer

**\$20** - Scan for engine fault codes or lights on the dashboard.  
Compatible with all vehicle makes and models.

### Oil in Stock!

We offer oil change assistance with Fully Synthetic 0W20, 5W30, and 5W40 premium engine oil for all vehicle types.

**\$48 for four liters/quarts**  
**+ \$12 per additional liter/quart.**

Bring your own filter, or we can order it with two day delivery (for most vehicles).

### Rent the lift!

Indoor lift bay + access to tools! **\$5 per hour.**

### Nail in your tire?

We can fix it! **Tire Plugs \$5.**

### Leaky valve stem?

We have them in stock **for \$1.**

### AC needs freon?

**AC Recharge \$15 + refrigerant.**

We have freon in stock!

AC Leak Testing also available.





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## Trips & Tours

### Pick Up & Drop Off

**NAS I:** CDC Parking lot. **MARINAI:** In front of Youth Complex.

**NAS II:** Flight Line Clinic parking lot. Return times are subject to change.

All children 17 years and younger must be accompanied by a parent or guardian on ALL trips. Children 3-11 are 1/2 price on all tours, unless otherwise noted. Children 2 and under are free.

## Employee of the MONTH JULY 2025



*Giovanni Chiarenza*

MWR COMM REC | DRIVER

Giovanni Chiarenza, better known as Gianni, is a man of few words, but you can't miss his friendly face as you step on the MWR bus for a Community Recreation trip! Without Gianni, Comm Rec would find it difficult to keep up with the high demand for transportation at Sigonella including trips and tours, command balls and CYP field trips. He spends late nights and long days providing services and ensuring the bus is clean and in optimal condition. If someone were to ask "is there anything Gianni can't do or fix?" the answer would be "No!" When Gianni is not on the road, he is busy working on bike repairs for customers, servicing our rental equipment and keeping the facility tidy. He is a true team player and works hard every day. Thank you, Gianni, for everything you do at Community Recreation and for the Sigonella Community!



### FRIDAY, 5

#### Blind White Wine Tasting with Spumante

**Depart:** NAS II 5:30 pm, Marinali 5:45 pm, NAS I 6:00 pm

**Return:** 12:00 am **Cost:** \$80 (Includes transportation, guide, wine tasting, and dinner) **Ages:** 18+

Visit Villa Neri to participate in a blind tasting of 9 white wines, followed by a Sicilian BBQ and a fish BBQ. Enjoy your food and drink under the beautiful olive trees and garden. Note: This meal will be seafood-based to pair with the white wines. The registration deadline for this trip is Tuesday, September 2.

### SATURDAY, 6

#### Grape Harvesting at Bastonaca Winery

**Depart:** NAS II 8:30 am, Marinali 8:45 am, NAS I 9:00 am **Return:** 6:00 pm

**Cost:** \$80 (Includes transportation, guide, lunch, and entertainment)

Experience a typical day of harvesting with the growers at Bastonaca Winery. Afterwards, enjoy a lunch comprised of seasonal foods from the harvest and wine from the vineyard.

### SUNDAY, 7

#### Mt. Etna & Milo Wine Festival

**Depart:** NAS II 1:00 pm, Marinali 1:15 pm, NAS I 1:30 pm

**Return:** 11:00 pm **Cost:** \$45 (Includes transportation and guide.

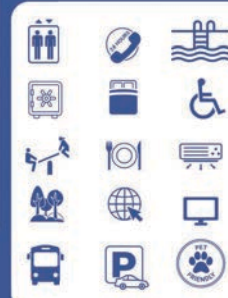
Bring euro for cable car, food, and wine) **Ages:** 18+

Mt. Etna: North side or South side? No need to pick on this trip because you'll get the best of both. Begin the afternoon on the south side of Mt. Etna at Rifugio Sapienza where you'll have the choice to go up, up, up to 2500 meters for some spectacular views of the mountain. Afterwards, we will travel to the north side of Mt Etna for the Milo Wine Festival. Note: Please bring a sweater or jacket.



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# Magnolia Club Residence *It feels like home.*



Via Zuara, 60 - 95040 Motta Sant'Anastasia | Tel. 095 755 3048 - Fax 095 755 3057  
e-mail: magnoliaresidence@virgilio.it | www.magnoliacubresidence.com



**SUNDAY, 7****Pizza Making at the Lemon House****Depart:** NAS II 9:00 am, Marinai 9:15 am, NAS I 9:30 am**Return:** 4:00 pm **Cost:** \$65/\$55 Liberty

(Includes transportation, guide, and pizza)

Let's make pizza from scratch! Start your day at the Lemon House, in Pozzillo, as we prepare the dough and stone oven with wood and fire. While the dough levitates, take a walk to the port of Pozzillo. Afterwards, return to the house to prepare the ingredients and learn the steps to make the perfect homemade pizza.

**FRIDAY, 12****Catania Day Shuttle****Depart:** NAS II 8:30 am, Marinai 8:45 am, NAS I 9:00 am**Return:** 2:00 pm **Cost:** \$20 (Transportation only)

Want to spend some time at the markets, find a new restaurant, or just wander around and shop? Join Community Recreation for a trip to Catania by day.

**SUNDAY, 21****Harvest Festival in Piedimonte Etneo & La Contea Winery****Depart:** NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am **Return:** 5:00 pm**Cost:** \$65 (Includes transportation, guide, lunch, and wine tasting)

Take part in the Festival of Harvesting in Piedimonte Etneo, located on the North side of Mt. Etna near the famous Alcantara Valley nicknamed "D.O.C. Valley," thanks to the world-famous vineyards located there. After the festival, we will head to La Vite Winery for a lunch and wine tasting. The registration deadline for this trip by is Wednesday, September 17.

**SATURDAY, 27****Palermo & Monreale****Depart:** NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am**Return:** 8:30 pm **Cost:** \$50/\$45 Liberty (Includes transportation and guide.

Please bring euro for entrance fees and lunch)

Experience the breathtaking cathedrals of Palermo and Monreale. Palermo's cathedral contains a unique mixture of architectural styles on a grand scale, witnessing eight periods of art in one single setting. Behold intricate, awe-inspiring Biblical mosaics decorating the nave of Monreale's cathedral. After a tour to both places, you will have time to spend downtown among a variety of restaurants and shops.

**SUNDAY, 14****Catania Market Shuttle****Depart:** NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am**Return:** 1:00 pm **Cost:** \$20 (Transportation only)

Want to spend some time at the antique markets, find a new cafe, or just wander around and shop? Join Community Recreation for a trip to Catania.

# SAVE THE DATE



**LIFEGUARD**  
SWIM TEST  
MANDATORY | SEPT 4



## AMERICAN RED CROSS LIFEGUARD CLASS

**SEPTEMBER 9 - 12**

**AGES: 15+ | COST: \$15**

**Registration and payment:**

Register for this American Red Cross Lifeguard Class to earn your certification. E-Learning is required before the class begins. Patrons must attend a drop-in swim test session on September 4 and pass to register. Please register by September 5 to ensure adequate time to complete the online portion.

[usn.sigonella.nassigonellait.mbx.mwr-fitness@us.navy.mil](mailto:usn.sigonella.nassigonellait.mbx.mwr-fitness@us.navy.mil)





2025

# GREAT NAVY CAMPOUT

Discover Your Adventure

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## Sept 20-21 | Mt. Etna

**Depart Saturday:** NAS II 1:00 p.m. | Marinai 1:15 p.m. | NAS I 1:30 p.m.

**Return Sunday:** NAS I 12:30 p.m. | Marinai 12:45 p.m. | NAS II 1:00 p.m.

**Cost:** \$15 per person (Ages 2+)

Includes transportation, food, games, hike and guide.

Free tent and sleeping bag rentals available (while supplies last)

**Campsite:** Chalet Clan dei Ragazzi

**Registration:** Open September 2-12 at Community Recreation.



No Navy endorsement implied.





Hard

Easy

**THURSDAY, 25** ●●●●●**Paddle Board: Aci Trezza**

**Depart:** NAS II 3:30 pm, Marinai 3:45 pm,  
NAS I 4:00 pm **Return:** 9:30 pm **Ages:** 16+

**Cost:** \$45 (Includes instruction, gear, and guide. Bring euro for dinner)

Stand up paddle board the marine reserve of Aci Trezza, a wonderful fishing village with three small volcanic islands known as 'The Rocks of Cyclops'. Your guides will offer instruction regarding balance, control, paddle strokes, and turning techniques. Afterwards, enjoy some free time visiting the town.

**SUNDAY, 28** ●●●●●**Kayak/Stand Up Paddle: Turkish Steps**

**Depart:** NAS II 6:00 am, Marinai 6:15 am,  
NAS I 6:30 am **Return:** 6:00 pm **Ages:** 16+

**Cost:** \$75/\$65 Liberty (Includes transportation, guide and gear rental. Bring water and packed lunch)

Take in views of the famous white cliffs of the Turkish Steps while kayaking or paddle boarding. If needed, ODR guides will offer instruction regarding balance, control, paddle strokes, and turning techniques. Please bring a packed lunch so we can enjoy a meal during a break. The registration deadline for this trip is Friday, September 26.

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**Outdoor Recreation**●●●●● **SATURDAY, 6****Hike: Cavagrande**

**Depart:** NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am

**Return:** 6:00 pm **Ages:** 13+ **Cost:** \$50 (Includes transportation and guide. Bring a packed lunch and 2 euro for the park entry)

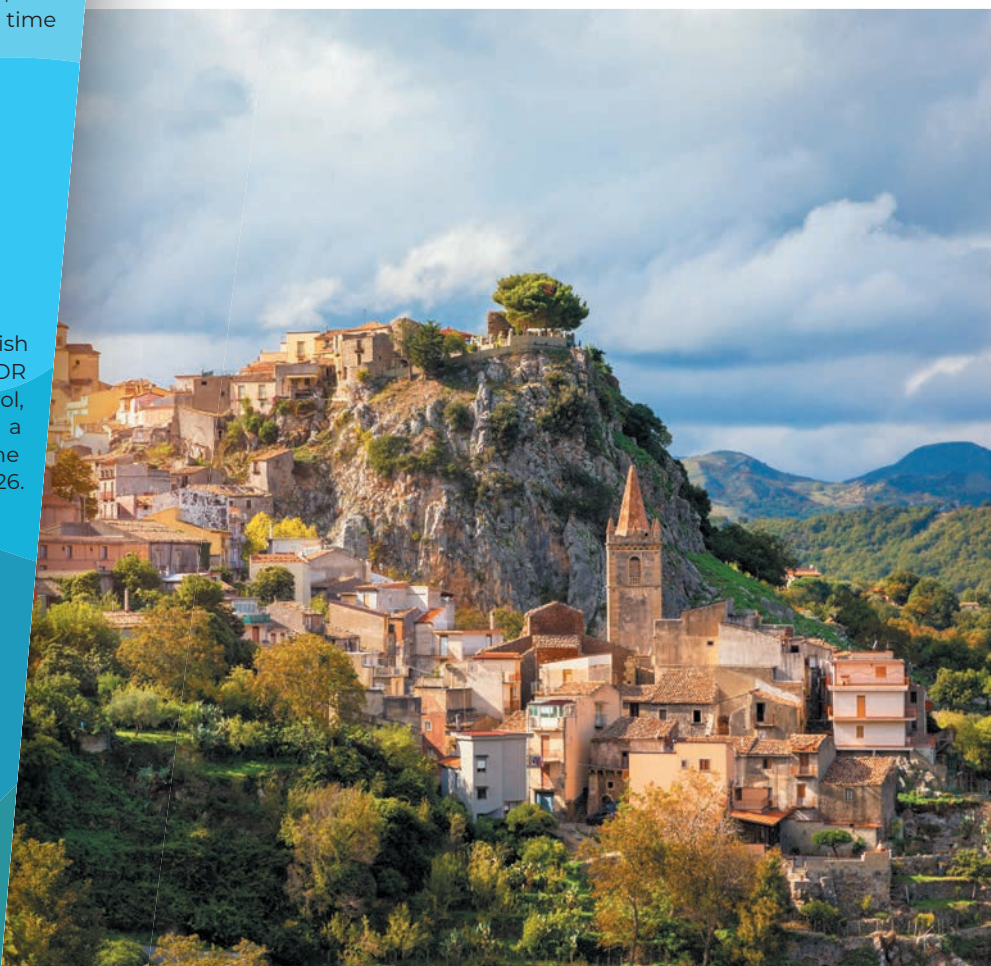
Take in the sights and sounds of the Cassibile Valley! Descend 1,060 feet to the base of a marvelous canyon carved by the Cassibile River and find emerald green pools of water surrounded by lush oriental palm trees. Please note, this hike is demanding and participants are required to hike back up the canyon after enjoying the beauty at the bottom. Please remember to bring a swimsuit, plenty of water, snacks, and a packed lunch. If needed, hiking backpacks can be rented from Community Recreation.

●●●●● **SATURDAY, 13****Visit Novara di Sicilia**

**Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 8:00 pm

**Cost:** \$65 (Includes transportation, guide, entrance fees, lunch)

Experience the town of Novara di Sicilia by visiting the water mill, local church, theater and more. As a bonus, this tour offers incredible pastries and an outstanding view over the Alcantara River and Aeolian Islands. Afterwards, enjoy lunch inside the ruins of the Novara Castle made with fresh ingredients from the Peloritani region including fresh pasta with mushrooms, Sicilian black pork meat and maiorchino cheese.

●●●●● **SATURDAYS, 13 & 27****Marzamemi Boat Tour**

**Depart:** NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am **Return:** 6:00 pm **Ages:** 8+

**Cost:** \$105 (Includes transportation, guide, BBQ lunch, and gear)

Spend a relaxing day sightseeing, swimming and snorkeling in the spectacular, crystal clear waters of Marzamemi, a small fishing village located on the southeastern coast of Sicily. You will also enjoy a delicious Sicilian BBQ lunch aboard the boat. Bring water, snacks, a swimsuit, a towel, sunscreen, and sunglasses.



**SUNDAY, 21** ●●●○○**Quad Tour: Mt Etna****Depart:** NAS II 7:00 am, Marinali 7:15 am, NAS I 7:30 am**Return:** 5:00 pm **Ages:** Children 8+ can ride along with an adult driver.**Cost:** \$130 per person (Double rider) | \$180 per person (Single rider)

(Includes transportation, guide, quad fees for 3hrs, and lunch)

Discover Etna like never before - on 4-wheels! Hold on as we tour the south side of Etna by quad, viewing everything that makes it so special, including explosive craters and caves, lava flows, charming old buildings, and expansive green forests. This ride will be one for the books! Please note, that all drivers must have a valid U.S. Driver's License. (The equivalent of an Italian B or B1 Motorcycle license).

**SATURDAY, 27****Tandem Sky Diving****Depart:** NAS II 7:00 am, Marinali 7:15 am, NAS I 7:30 am**Return:** 3:00 pm **Recommended Age:** 18+ **Cost:** \$35 (Includes transportation only; the tandem jump with video and photo is €270 to be paid on site)

Take advantage of this amazing opportunity to sky-dive in Sicily. See spectacular views and experience an adrenaline rush with "Skydive Sicilia" during the tandem jump. Transportation and dive reservations are provided, but be sure to bring your own courage! Note: The weight capacity for this trip is 220 lbs.

**SUNDAY, 28****Hike: Mt. Etna****Depart:** NAS II 7:00 am, Marinali 7:15 am, NAS I 7:30 am**Return:** 6:30 pm **Ages:** 16+ **Cost:** \$150 (Includes transportation and local guides. Please bring water and euro for food)

Are you ready to tackle Mt. Etna? Ascend 3,000 meters (or more) up the mountain to enjoy the view of Sicily! This 8-hour, round-trip hike will take participants to the maximum hiking threshold based on the daily condition of volcanic activity. Due to the nature of the trip, there are a very limited number of spots.

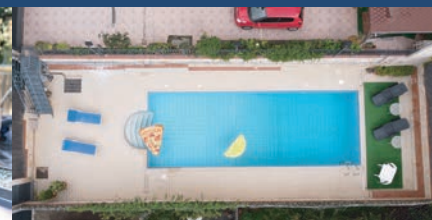
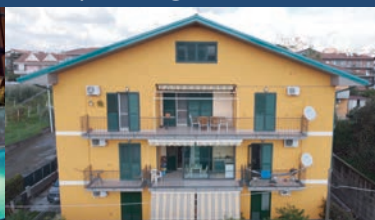

**FITNESS EXPO**  
**OCTOBER 5**
**SAVE THE DATE**


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## FREE MALL SHUTTLE SERVICE

### TUESDAY, 9

**Evening - Centro Sicilia**

**Depart:** NAS II 5:00 pm, NAS I 5:20 pm

**Return:** 8:00 pm

Centro Sicilia is the place to go if you want to buy a new outfit or enjoy some fast food! Be sure to stop by the Liberty Center or register online to snag a seat!

### TUESDAY, 23

**Evening - Porte di Catania**

**Depart:** NAS II 5:00 pm, NAS I 5:20 pm **Return:** 8:00 pm

Liberty is taking a trip to another beautiful mall in Catania! Porte di Catania offers a variety of stores and food spots to enjoy. Sign up at the Liberty Center or register online to reserve a seat on the shuttle.

### MONDAY, 8

**Full Moon Etna Hike**

**Depart:** NAS II 5:00 pm, NAS I 5:20 pm **Return:** 10:00 pm

**Cost:** \$15

Embrace the outdoors as we take on Mt. Etna during the full moon! Secure your spot at the Liberty Center or register online to partake in a mesmerizing night hike experience on majestic Mt. Etna.

# Liberty Center

x5602

## Eligibility

E1-E6, Active Duty Military or Unaccompanied Military. All programs are held at the Liberty Center on NAS II unless otherwise stated.

### EVERY MONDAY

**Monday Magic: The Gathering**

**Time:** 4:00 - 7:00 pm **Cost:** Free

"Gather" with your fellow deck builders and see if you have the best strategy to reign supreme. Swing by to challenge others to play!

### WEDNESDAY, 3

**Liberty Snack: Monkey Bread & Ice Cream**

**Time:** 11:30 am (while supplies last) **Cost:** Free

Stop on in for a sweet mid-week pick-me-up! Enjoy a treat that is sure to help you cool down in this summer heat!

### WEDNESDAY, 10

**Liberty Lunch: Elotes & Taquitos**

**Time:** 11:30 am (while supplies last) **Cost:** Free

Missing a little Latin flavor in your life? No worries, stop on down to the Liberty Center and get a plate of street corn and that childhood favorite, Taquitos!

### SATURDAY, 13

**Taormina Town Shuttle**

**Depart:** NAS II 9:00 am, NAS I 9:20 am **Return:** 5:00 pm **Cost:** \$15

Come hitch a ride to this beautiful hilltop town that looks over the famous Isola Bella. Please bring euro for souvenirs and food.



### SUNDAY, 14

**Jurassic Movie Marathon**

**Time:** 10:00 am - 7:00 pm **Cost:** Free

Go back in time, not to primordial Earth with giant lizards, but 1993 at the beginning of the Jurassic Park saga. Follow along as people find out why messing with dinosaurs isn't such a great idea!

### WEDNESDAY, 17

**Liberty Snack: Chili Cheese Tots**

**Time:** 11:30 am (while supplies last) **Cost:** Free

Stop in for one of Liberty's specialties... Spam Musubi. Made fresh, morning of, enjoy this classic Japanese fast food treat!

### WEDNESDAY, 24

**Taste of Home with USO**

**Time:** 5:30 - 6:30 pm **Cost:** Free

Swing by the Liberty Center for some home cooking provided by your friendly neighborhood USO. Food, friends, and games, what more could you want?

### SATURDAY, 27

**Siracusa/Ortigia Town Shuttle**

**Depart:** NAS II 9:00 am, NAS I 9:20 am **Return:** 4:00 pm **Cost:** \$15

Walk, eat and shop around this ancient city and enjoy the salty air and crystal blue waters as you explore the island of Ortigia. Bring euros for souvenirs and food.





# CHEF ROBERT IRVINE'S WARRIOR KITCHEN

**MONDAY, SEPT 8**

**11 am • NAS II Galley**

Don't miss this unique opportunity to meet celebrity chef,  
Robert Irvine, and taste some of his culinary creations!



Open to regular Galley patrons, normal Galley fees apply.



Learn more at [ArmedForcesEntertainment.com](https://www.ArmedForcesEntertainment.com)



SEPT **TWENTY**  
**25**



**MWR DIRECTORY**

TO CALL COMMERCIAL: +39 095 56 xxxx  
+39 095 86 xxxx

## ADMIN OFFICE

### MWR Administration

Phone 624-3968

Mon - Fri: 7:30 am - 4 pm  
Sat, Sun & Holidays: Closed

### NAF Personnel Office

Phone 624-0522

Mon, Wed - Fri: 7:30 am - 4 pm  
Tues: 12:30 - 4 pm  
Sat, Sun & Holidays: Closed

## FITNESS

### Adult Sports Coordinator

Phone 624-3785

### Fit District NAS I

Phone 624-4483

Mon - Fri: 5 am - 9 pm  
Sat, Sun & Holidays: 8 am - 3 pm  
**24-Hour access can be granted.**  
**Register at NAS I or NAS II**  
**Front Desk.**

### Flight Line Fitness Center NAS II

Phone 624-5243

Mon - Fri: 5 am - 9 pm  
Sat, Sun & Holidays: 8 am - 3 pm  
**24-Hour access can be granted.**  
**Register at NAS I or NAS II**  
**Front Desk.**

### Grinderz Skate Park NAS I

Mon - Sun: 8 am - 8 pm

## AQUATICS

### Splasher's Pool NAS I

Phone 624-4334

**Recreation Swim Ends Sept 18:**

Tue - Sun: 11 am - 6 pm  
Mon: Closed

**Lap Swim Begins Sept 22:**

Mon - Fri:  
11 am - 1:30 pm & 3 - 6 pm

### NAS II Flight Line Pool

Phone 624-7766

**Lap Swim:**

Mon, Wed & Fri:  
5:30 - 8:30 am & 10 am - 1 pm  
Tues & Thurs:  
11 am - 1:30 pm & 3 - 6 pm

## COMM RECREATION

### Liberty Center NAS II

Phone 624-5602

Mon - Fri: 9 am - 7 pm  
Sat, Sun & Holidays:  
10 am - 7 pm

**Trips and Tours;**  
**Equipment Rental;**  
**Compass & Chart Room**  
**Reservations**

Phone 624-4396 or 624-4777

Mon - Fri: 9:30 am - 5:30 pm  
Sat, Sun & Holidays: Closed

## COMM RECREATION

### Library NAS I

Phone 624-3875

Mon, Wed, Thu, Fri: 9 am - 5 pm  
Tue: 9 am - 7 pm  
Sat: 10 am - 4 pm  
Sun & Holidays: Closed

## CYP

### CDC NAS I

Phone 624-3736

Mon - Fri: 6 am - 6:30 pm  
Sat, Sun & Holidays: Closed

### SAC (School Age Care)

Phone 624-3712

Mon, Tue, Thu & Fri:  
6 - 8 am & 2:30 - 6:30 pm  
Wed: 6 - 8 am & 1:30 - 6:30 pm  
No School Days: 6 am - 6:30 pm  
Sat, Sun & Holidays: Closed

### School Liaison Office

Phone 624-3242

### Youth Complex: Teen

### Center & Youth Sports

Phone 624-1750 or 624-1747

Mon, Tues, Thurs & Fri: 2-7 pm  
Wed: On NAS I (YC Closed)  
No School days: 12-6 pm  
Sat, Sun & Holidays: Closed

## BUSINESS ACTIVITIES

### Auto Skills Center NAS II

Phone 624-5244

Tues - Sat: 9:30 am - 5:30 pm  
Sun, Mon & Holidays: Closed

### Midtown 2 Theaters

Phone 624-4216

Please See Movie Schedule

### Spare Time Bowling

Phone 624-4302

Mon & Tues: Closed  
Wed & Thurs: 11:30 am - 8 pm  
Fri & Sat: 1:30 - 10 pm  
Sun: 11 am - 6:30 pm

### Connections NAS I

Phone 624-4264

Fri & Sat: 5 pm - 12 am  
Sun - Thurs: Closed

### 568 Lounge - NAS II

Phone 624-5603

Sun - Thurs: 5 pm - 12 am  
Fri & Sat: 7 pm - 2 am

Please check our website throughout the month  
for the most updated hours.

