

## Highlights of the Month

- *Red, White & BOOM*
- *Advanced Screening: The Odyssey*
- *Love & Light: Ignite the Rave*

JULY **TWENTY**  
**26**



Preview



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# RED & DOOM WHITE SIGONELLA

NAVY ENTERTAINMENT PRESENTS

# gymclassheroes.

SAT • JULY 4  
NAS I



4-10 PM  
MAIN EVENT

Games Prizes Inflatables Food Vendors  
Activities Live Music Corn Hole Tournament  
18+ Outdoor Lounge.

Grand Finale  
Fireworks

SPONSORED BY | NO NAVY ENDORSEMENT IMPLIED



## Eligibility

The Youth Complex teen program is FREE but registration is required. Please visit the Youth Complex in Marinai or call 095-56-1750 for more information. Members must be 11-years-old and have started the 6th grade through 18-years-old and still in high school.

### Check out the Youth Complex Calendar!

You can find more events, clubs and fun happening throughout the month! Pick one up at the Youth Complex in Marinai or email [nas-sigonella-cyp-information@us.navy.mil](mailto:nas-sigonella-cyp-information@us.navy.mil).

#### FRIDAY, 10

##### Movie & Snacks

**Time:** 2:00 pm **Location:** Youth Complex

Chill with us at the Youth Complex while we watch a movie together to kick start our Friday! As you sign-in, vote between the top 3 movie options (cut-off is 1:50 p.m.) and enjoy snacks while you indulge in the top-picked movie. No need to register, just show up!

#### FRIDAY, 31

##### Epic Water Battles

**Time:** 1:00 - 3:00 pm **Location:** Youth Complex

Splash summer away as we transition into the start of the new school year with some water-filled fun activities, games, challenges, food and more! No need to register, just show up!

# Youth Sports

## Fall 2026

## BASEBALL

*Youth Ages 5-18, Co-ed Teams*

**Season Dates:** Aug 17 - Oct 3

**Cost:** \$60, uniform includes shirt, pants & hat

**Locations:** Marinai & NAS I

#### Coaches

**Applications Due:** Monday, August 3

**Coaches Meeting:** Monday, August 3  
5 p.m. | Youth Complex

#### MANDATORY Parent Orientation

Monday, August 10  
5 p.m. | Youth Complex

#### MANDATORY Assessments

**Ages 5-6:** No Assessments

**Ages 7-8:** No Assessments

**Ages 9-11 & Ages 12-15:**

Thursday, July 30 | 5:30 p.m.

## REGISTRATION

**6/9 - 7/24, Tuesday - Friday | 9 AM - 6 PM**

at the Youth Complex in Marinai

**Or Email Registration to:**

[sig-youth-sports@us.navy.mil](mailto:sig-youth-sports@us.navy.mil)

**All Coaches and Referees must register by August 3.**

YSF PAGE



For more information, contact the Youth Sports & Fitness Coordinator at: 624-1750 | +39 095 56 1750  
[sig-youth-sports@us.navy.mil](mailto:sig-youth-sports@us.navy.mil)



## Library

x3875

### ALL MONTH

#### Community Puzzles

**Time:** Regular hours of operation

Puzzles are always available throughout the month at the MWR Library for the community to work on together. Spend a relaxing afternoon making social connections and connecting pieces of the puzzles.

### EVERY WEDNESDAY

#### Early Literacy: Full STEAM Ahead!

**Time:** 10:30 - 11:15 am **Ages:** 1-5 and caregivers

Join us to jump-start early literacy skills for toddlers and preschoolers! Caregivers and children will learn together while we sing, read, play, and grow. This program is best suited for pre-readers (ages 1-5) and their caregivers.



## Summer Reading Program Events

### SATURDAY, 11

#### Summer Reading Program:

##### Plant a Seed, Read! - Special Storytime

**Time:** 10:30 - 11:30 am **Ages:** All ages welcome

Enjoy a special storytime celebrating this year's Summer Reading Program by listening to stories about plants. It will be followed by an activity decorating a pot and planting seeds to take home!

### TUESDAY, 14

#### Summer Reading Program:

##### STEM Experiment: Cloud in a Jar

**Time:** 4:30 - 6:30 pm **Ages:** All ages welcome

Water is one of the essential ingredients when growing plants. To learn about how the water cycle works, you will perform experiments in a jar that mimic clouds and rain.

### SATURDAY, 25

#### Summer Reading Program:

##### Discovering Cyanotype

**Time:** 1:00 - 3:00 pm **Ages:** 18+

Enjoy a demonstration on how to prepare paper to create beautiful works of art with the use of cyanotyping. After the demo, create your own work of art on pre-treated paper with the power of the sun.

### TUESDAY, 28

#### Summer Reading Program:

##### Paper Quilling Flowers

**Time:** 1:00 - 6:00 pm **Ages:** 11-18

Learn about the popular art form of paper quilling where thin pieces of paper are twisted, folded and shaped into designs. We will teach you how to make some basic shapes to form into flowers to decorate cards.

PLANT  
A SEED,  
READ

SCAN TO REGISTER



1 JUNE - 31 AUGUST

x4302

# Bowling Center

## ALL MONTH

### Birthday Month Bowling

**Time:** Regular operating hours **Ages:** All ages welcome

**Cost:** Free Game

For the month of your birthday, come in and show us your ID and enjoy one free game on us to celebrate.

## JULY 14-17

### Youth Bowling 101

**Time:** 9:30 - 11:00 am **Eligibility:** Youth ages 8+

**Cost:** \$40 **Registration Deadline:** June 30 at the Spare Time front desk

This 4-day youth bowling league is designed as a recreational and educational event to introduce young participants to the fundamentals of bowling.



**FUN PASS**

June 11 - August 21

Enjoy up to 3 games a day all summer long!

\$50 per person  
Includes shoe rental



# Midtown 2 Theaters

x4248

**Cost:** \$6 Adults (12 years & older), \$4.50 Kids (6-11 years old), Free (5 years & under)  
Visit [www.navymwrsigonella.com/movies](http://www.navymwrsigonella.com/movies) for showtimes.

## WEDNESDAY, 8

### Summer Movie Special:

#### Spider-Man Across the Spider-Verse (2023, PG)

**Time:** 2:00 pm **Cost:** Free admission

Summer break calls for a free summer movie special! Concessions will be available for purchase.

## FRIDAY, 10

### Moana (2026, PG) Premiere Event: Island Craft Station

**Time:** 2:30 - 4:00 pm (Premiere begins at 4:30 pm)

**Cost:** Free event, Movie tickets regular prices

Before we set sail with Moana, get ready for island magic at our Island Craft Station. Little explorers can get creative and make their own necklaces to take home with them. (while supplies last) **Note:** Kids under 10 years old must have a parent or guardian supervising them while participating in the event.



## WEDNESDAY, 15

### Way Back Wednesdays: Saving Private Ryan (1998, R)

**Time:** 4:30 pm (Premiere begins at 4:30 pm) **Cost:** Free admission

Enjoy a classic movie at Midtown 2 Theaters, this time featuring the movie "Saving Private Ryan." Concessions will be available for purchase.

## TUESDAY, 21

### My Way Matinee: Inside Out 2 (2024, PG)

**Time:** 10:30 am **Cost:** Free admission

Enjoy a sensory-friendly movie experience with dim lights and lower sound volume for all ages! Available the third Tuesday of every month.

## FRIDAY, 31

### Spider-Man: Brand New Day (2026, PG-13) Premiere: Coloring Activity

**Time:** 2:30 - 4:00 pm (Premiere begins at 4:30 pm)

**Cost:** Free event, Movie tickets are regular prices

Swing into action at the ultimate costume celebration for Spiderman: Brand New Day! Guests are encouraged to arrive dressed as their favorite superheroes, villains, or original spider verse creations. Enjoy family friendly coloring activities before the show starts at 4:30 p.m. (while supplies last). **Note:** Kids under 10 years old must have a parent or guardian supervising them while participating in the event.



# VEHICLES AVAILABLE

You can find us in the NAS 2 area near the military airport arrivals

Contact us +39 349 79.41.299

# HANSEL and GRETEL



MISSOULA  
CHILDREN'S  
THEATRE

**Open to: Children ages 5 (Kindergarten) - 18**

## Auditions

**AUG 3**

Auditions will take place on Monday, August 3 from 10 a.m. until 12 p.m. at Sigonella Elementary School Knights Hall. Approximately 50-60 local students will be cast to appear in the show. Students wishing to audition should arrive by 9:45 a.m. and plan to stay for the full two hours.

## Rehearsals

**AUG 3-7**

Times will vary depending on part. The first rehearsal will begin approximately 15-30 minutes after the audition.

Times are tough for modern-day Hank and Gretchen, 'til they find themselves deep in the wondrous Wildwood world of Hansel and Gretel. The Missoula Children's Theatre proudly presents an original musical adaptation of the Brothers' Grimm age-old tale of a journey, a secret and a grand adventure.

## Performance

**AUG 7**

The performance of "Hansel and Gretel" will take place on Friday, August 3, 2026 at 5 p.m. in Sigonella Elementary School Knights Hall.

**FREE** and open to the entire Sigonella Community!

For more information, please call 095-56-1750 or email [nas-sigonella-cyp-information@us.navy.mil](mailto:nas-sigonella-cyp-information@us.navy.mil).



# EMPLOYEE *Spotlight*



## *Antonella Amore - Housing Management Assistant*

Antonella's grandmother was born in Manhattan and her mother grew up in Brooklyn, giving her a love for the U.S. at an early age. Antonella started working in Sigonella as a sales clerk at the Navy Exchange in 1989. She started working on her knowledge and skills with customer service until 1997, where she moved to the Housing Office in the housing show section, as an assignment clerk and then became a referral counselor. She has received much recognition over her years of service for her customer service. Antonella loves to work with people, is proud to work in Sigonella and she feels fulfilled every time a customer thanks her for her assistance.

**Navy Housing**

## *Frank Papa - Housing Inspector*

Frank has been working for Sigonella in the Housing Department since February 1, 2000. He started as a Store Clerk, moved to a Trouble Desk Assistant, and has been working as a Housing Inspector in Marinai for the past 10 years. He enjoys helping Military families successfully transition into their new homes and tackling unique housing challenges that arise every day. Frank finds it rewarding to make the relocation process as easy as possible, using problem-solving skills to resolve issues and figure out solutions. From coordinating move-ins, addressing landlord/tenant concerns, resolving maintenance or lease questions, to navigating unique family circumstances, Frank enjoys the challenge to find practical solutions and help things run smoothly for the Sigonella Community.

**Navy Housing**



## *Kelsey Galinski & Andrea Ryan - Family Advocacy Program Victim Advocates*

As Family Advocacy Program professionals, Kelsey & Andrea play a vital role in prevention, education, advocacy, and support services for military members and their families. Their work promotes safety, resilience, and healthy family dynamics while helping to prevent domestic abuse and child abuse through early intervention, education, and community engagement. Through their dedication, creativity, and passion for prevention, Kelsey and Andrea have developed and launched a variety of new classes, workshops, and outreach opportunities designed to strengthen individuals, families, and relationships across our installation. Their efforts focus on building protective factors, increasing awareness, fostering healthy relationships, and empowering community members with practical tools and resources that support long-term well-being. Whether facilitating workshops, connecting families with resources, supporting those in need, or collaborating with community partners, Kelsey and Andrea exemplify the Navy's commitment to strengthening military families and enhancing readiness. Their dynamic teamwork, innovative approach, and genuine care for others are helping build a more informed, connected, and resilient community.



**Fleet & Family Support Center**

x4777

## Community Activities

Registration for classes is available at Community Recreation or the Liberty Center. Please refer to each class description for any registration deadlines.

### WEDNESDAY, 1

#### Indoor Belay Certification

**Time:** 3:00 - 5:00 pm **Location:** "The Cave" Rockwall **Ages:** 14+  
**Cost:** \$30/\$25 Liberty **Registration Deadline:** June 30 at Community Recreation

This class will walk you through the steps of belaying a climber. To earn your Belay Certification Card, each participant must be able to show the ability to tie knots correctly and safely belay an actual climber.

### JULY 7 & 25

#### Ballet: Kids Class

**Times:** July 7: 5:00 - 6:30 pm | July 25: 10:30 am - 12 pm  
**Location:** NAS I Fitness Center **Ages:** 4-8 **Cost:** \$10 per class  
**Registration:** Available at Community Recreation 095-56-4777

This class helps dancers improve coordination, musicality, and performance skills while continuing to foster creativity and a love of dance. No supplies or dance attire needed, only comfortable clothing and a willingness to have fun! Please note: parents must be within line-of-sight during classes.

### JULY 7 - AUG 11

#### Summer Theatre Session: Youth Classes

**Time:** 3:00 - 4:00 pm **Location:** MWR Classroom (July 21 in Chart Room)  
**Ages:** 9-12 **Cost:** \$16 per class (\$96 for the 6-week session)  
**Registration:** Available at Community Recreation 095-56-4777

Join us for a lively, laughter-filled class where kids can explore acting skills and creative improvisation.

### SATURDAY, 11

#### Bachata Dance: Adult Class

**Time:** 10:30 am - 12:00 pm **Location:** NAS I Fitness Center **Ages:** 18+ **Cost:** \$10  
**Registration:** Available at Community Recreation 095-56-4777

Our Bachata class is a fun and energetic couples dance experience designed for partners to learn and move together. Dancers will practice basic footwork, rhythm, connection, and simple partner combinations in a welcoming and upbeat environment. Whether you're brand new to dance or looking to try something new as a couple, this class is a great way to build confidence, stay active, and enjoy time together on the dance floor.

### TUESDAY, 14

#### Watercolor: Beginner Class

**Time:** 5:00 - 6:00 pm **Location:** MWR Classroom **Ages:** 18+ **Cost:** \$30/\$25 Liberty  
**Registration:** Available at Community Recreation 095-56-4777

Perfect for absolute beginners, this class introduces the fundamentals of watercolor painting in a relaxed and encouraging setting. Bring your creativity!

### TUESDAY, 14

#### Contemporary Dance: Youth Class

**Time:** 5:30 - 6:30 pm **Location:** NAS I Fitness Center  
**Ages:** 9-11 **Cost:** \$10

**Registration:** Available at Community Recreation 095-56-4777

This class encourages dancers to express emotion and creativity through movement while building strength, flexibility, and technique. Students will explore fluid choreography, musicality, and self-expression in a supportive and inspiring environment. No supplies or dance attire needed, only comfortable clothing and a willingness to have fun! Please note: parents must be within line-of-sight during class.

### TUESDAYS, 21 & 28

#### Ballet: Youth Class

**Time:** 5:00 - 6:30 pm **Location:** NAS I Fitness Center **Ages:** 8-11 **Cost:** \$10 per class  
**Registration:** Available at Community Recreation 095-56-4777

Practice beginner ballet steps, improve coordination and balance, and learn playful routines that spark creativity and imagination. With upbeat activities and a welcoming atmosphere, this class helps young dancers grow their skills while making new friends and enjoying the magic of dance. No supplies or dance attire needed. Comfortable clothing and a willingness to have fun. Parents must be within

## Auto Skills Center

x5244

### Diagnostic Computer

**\$20** - Scan for engine fault codes or lights on the dashboard.  
Compatible with all vehicle makes and models.

### Oil in Stock!

We offer oil change assistance with Fully Synthetic 5W40 premium engine oil. **\$12 per liter.**  
Please bring your own filter.

### Rent the lift!

Indoor lift bay + access to tools! **\$5 per hour.**

### Nail in your tire?

We can fix it! **Tire Plugs \$5.**

### Leaky valve stem?

We have them in stock for **\$1.**

## 568 Lounge

x5603

### WEDNESDAYS & FRIDAYS

#### Karaoke Night

**Every Wednesday:** 8:00 pm - 12:00 am **Ages:** 18+  
**Fridays, 3 & 17:** 9:00 pm - 2:00 am **Ages:** 18+

### EVERY SATURDAY

#### DJ Nights

**Time:** 9:00 pm - 2:00 am **Ages:** 18+

### FRIDAYS, 10 & 31

#### Latin Dance Lessons

**Lessons:** 8:30 - 10:00 pm **Dancing:** 10:00 pm - 2:00 am  
**Ages:** 18+ **Cost:** Free admission

MWR is hosting Latin Salsa, Bachata, & Merengue lessons at 568 Lounge, on NAS III! Join us for lessons and then spend time afterwards practicing by dancing the night away!

### FRIDAY, 24

#### Love & Light: Ignite the Rave

**Time:** 9:00 pm - 2:00 am **Ages:** 18+  
**Cost:** Free admission

Get ready to glow wild as 568 Lounge is transformed into a neon drenched paradise. Prepare for a night of electrifying energy with DJ SwitchBack spinning the hottest EDM and house anthems until 2 a.m. Immerse yourself in a sea of glow sticks, vibrant decor and heart-pumping beats. Dress to impress in your most radiant rave attire for a chance to win a prize and let loose on the dance floor as we celebrate love, unity and pure, unadulterated fun. Let the music move you, the lights mesmerize you and the good vibes surround you in a night you won't want to miss!

## Trips & Tours

x4777 - X4396

### Pick Up & Drop Off

**NAS I:** CDC parking lot **MARINAI:** In front of Youth Complex

**NAS II:** Flight Line Clinic parking lot. Return times are subject to change.

All children 17 years and younger must be accompanied by a parent or guardian on ALL trips. Children 3-11 are 1/2 price on all tours, unless otherwise noted. Children 2 and under are free.

**SAVE THE DATE**



# Tuscany

THANKSGIVING WEEKEND

**NOV 25-29**

For more information, please call  
Community Recreation at 095-56-4777

**FRIDAY, 3**

### Cefalù Shopping & Beach

**Depart:** NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am  
**Return:** 8:30 pm **Cost:** \$60 (Includes transportation and guide. Please bring euro for lunch & shopping)

Tour the beautiful coastal city of Cefalù, including the Cathedral, lungomare, and the medieval bathhouse. After the tour, there will be plenty of time for shopping or relaxing on the beach. If you choose to swim, be sure to bring a swimsuit, sunscreen, flip-flops and a beach towel.

**FRIDAY, 10**

### Blind White Wine Tasting

**Depart:** NAS II 6:30 pm, Marinai 6:45 pm, NAS I 7:00 pm  
**Return:** 12:00 am **Cost:** \$85 (Includes transportation, guide, wine tasting & dinner) **Ages:** 18+

Visit Villa Neri and enjoy an evening outdoors while you participate in a blind tasting of 9 white wines from Mt. Etna. Following this unique experience, enjoy a banquet style dinner. **Registration deadline for this trip is July 8.**

**SATURDAY, 11**

### Taormina & Gambino Winery

**Depart:** NAS II 1:30 pm, Marinai 1:45 pm, NAS I 2:00 pm **Return:** 11:30 pm  
**Cost:** \$85 (Includes transportation, guided walking tour, dinner and wine tasting. Please bring euro for optional entrance fees.

Soak in the sights of one of the most sought-after tourist towns in Sicily - Taormina! Explore the history of this cliff-side town with a walking tour through the streets, enjoying scenery and stories as you stroll along. We will end our afternoon out with dinner and wine tasting at Gambino Winery.

**FRIDAY, 17**

### Catania Day Shuttle

**Depart:** NAS II 8:30 am, Marinai 8:45 am, NAS I 9:00 am  
**Return:** 2:00 pm **Cost:** \$20 (Includes transportation only)

Want to spend some time at the markets, find a new restaurant, or just wander around and shop? Join Community Recreation for a trip to Catania by day. **Registration deadline for this trip is July 15.**

**SATURDAY, 18**

### Siracusa & Seafood by Night

**Depart:** NAS II 2:30 pm, Marinai 2:45 pm, NAS I 3:00 pm  
**Return:** 12:30 am **Cost:** \$85 (Includes transportation, guide, entrance fees and lunch)

Visit the archeological site of Siracusa, built on an ancient Greek settlement and the historic island of Ortigia! Along the tour, we will have an opportunity to see the Ear of Dionysius, the Greek-Roman Amphitheater, the Siracusa Cathedral, the Temple of Athena and the mythological Fontana di Aretusa. Dinner at a local restaurant will follow the tour. Please choose the seafood, meat, or vegetarian/vegan meal at the time of registration.

# Magnolia Club Residence

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*It feels like home.*



Via Zuara, 60 - 95040 Motta Sant'Anastasia | Tel. 095 755 3048 - Fax 095 755 3057  
e-mail: magnoliaresidence@virgilio.it | www.magnoliacclubresidence.com

**FRIDAY, 24**

**Bastonaca Winery: Brioche & Granita Class**

**Depart:** NAS II 2:30 pm, Marinai 2:45 pm, NAS I 3:00 pm

**Return:** 11:00 pm **Ages:** 12+ **Cost:** \$100 (Includes transportation, guide, entrance fees and lunch)

Visit Bastonaca Winery for cooking class and learn to make a traditional sweet Italian treat-brioche and granita. Afterwards, enjoy a typical dinner and wine tasting. **Registration deadline for this trip is July 22.**

**SATURDAY, 25**

**Caltagirone Candle Lighting & Borgo Antico Agriturismo**

**Depart:** NAS II 4:00 pm, Marinai 4:15 pm, NAS I 4:30 pm

**Return:** 12:30 am **Cost:** \$65 (Includes transportation, guide, and dinner)

Enjoy dinner at Borgo Antico Agriturismo, known for its delicious and generous amounts of food. Afterwards, witness the spectacular candle lighting ceremony on the famous ceramic steps of Caltagirone. This ceremony is held in honor of St. James, the Patron Saint of Caltagirone. **Registration deadline for this trip is July 23.**

**SUNDAY, 26**

**Agrigento: Valley of Temples by Night**

**Depart:** NAS II 2:30 pm, Marinai 2:45 pm, NAS I 3:00 pm **Return:** 12:00 am

**Cost:** \$80 (Includes transportation, guided tour, entrance fees, and dinner)

Originally founded as a Greek colony in the 6th century B.C., Agrigento became one of the leading cities in the Mediterranean world. The town of Agrigento is known for its spectacular Valley of Temples and the sacred area of ancient Akragas, which is one of the most important colonies of the Greek Empire. Experience Agrigento's Valley of the Temples, followed by dinner at a local restaurant. Please choose between the meat and fish option upon registration.

**AUGUST 2**

**Novara di Sicilia Town Visit**

**Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 8:00 pm

**Cost:** \$65/\$60 Liberty (Includes transportation, guide, entrance fees, and lunch)

Experience the town of Novara di Sicilia by visiting the town water mill, local church with a the nativity scene, theater and much more. As a bonus, this tour offers incredible pastries and outstanding view over the Alcantara River and the Aeolian Islands. Afterwards, enjoy lunch made from ingredients from the Peloritani region such as fresh pasta with mushrooms, Sicilian black pork meat and maiorchino cheese inside the ruins of the Novara Castle. **Registration deadline for this trip is July 30.**

**SAVE THE DATE**

**AMALFI COAST**

**Oct 9-12**

**Registration Available at Community Recreation July 15-30**

**ADVANCED SCREENING**  
AT MIDTOWN 2 THEATERS

**FREE SHOWING**

**SATURDAY, JULY 11**  
5 PM at Midtown 2 Theaters  
Ages 17+ | Rated R

**MUST RESERVE TICKETS IN ADVANCE JULY 1-9**

**RESERVE YOUR TICKET HERE!**



**SUNDAY, 12** ●●●●●**Kayak/Paddle Board: Capo Passero Natural Marine Reserve****Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am**Return:** 6:00 pm **Ages:** 16+ **Cost:** \$65/\$60 Liberty (Includes transportation, guide and gear rental. Please bring euro for food or a packed lunch)

Spend your Saturday with Community Recreation Kayaking or Paddle Boarding around the Natural Marine Reserve of Capo Passero in Marzamemi, a small fishing village with a scenic coastal city view. Bring water, snacks, swimsuit, towel, sunscreen, sunglasses and a packed lunch. **Registration deadline for this trip is July 9.**

**TUESDAY, 14** ●●●●●**Sunset Paddle Board: Aci Trezza****Depart:** NAS II 2:30 pm, Marinai 2:45 pm, NAS I 3:00 pm**Return:** 8:30 pm **Ages:** 16+ **Cost:** \$45/\$35 Liberty (Includes instruction, gear, and guide. Bring euro for dinner)

Stand up paddle board the marine reserve of Aci Trezza, a wonderful fishing village with three small volcanic islands known as 'The Rocks of Cyclops'. The guides will offer instruction regarding balance, control, paddle strokes, and turning techniques. Afterwards, enjoy some free time visiting the town. **Registration deadline for this trip is July 10.**

x4777 - X4396

**Outdoor Recreation**●●●●● **SATURDAY, 11****Quad Tour: Mt. Etna****Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am**Return:** 5:00 pm **Ages:** Children 12+ can ride along with an adult driver.**Cost:** \$130 per person (Double rider) | \$180 per person (Single rider) (Includes transportation, guide, quad fees for 3hrs, and lunch)

Discover Etna like never before - on 4-wheels! Hold on as we tour the south side of Etna by quad, viewing everything that makes her so special, including explosive craters and caves, lava flows, charming old buildings and expansive green forests. This ride will be one for the books! Please note, all drivers must have a valid U.S. Driver's License. (The equivalent of an Italian B or B1 Motorcycle license).

●●●●● **SATURDAYS, 11 & 18****Marzamemi Boat Tour & Town Visit****Depart:** NAS II 12:30 pm, Marinai 12:45 pm, NAS I 1:00 pm**Return:** 12:00 am **Ages:** 12+ **Cost:** \$105 (Includes transportation, guide, BBQ lunch, and gear)

Spend a relaxing afternoon sightseeing, swimming and snorkeling in the spectacular, crystal clear waters of Marzamemi, a small fishing village located on the southeastern coast of Sicily. You will also enjoy a delicious Sicilian BBQ dinner aboard the boat. Bring water, snacks, swimsuit, towel, sunscreen and sunglasses. Afterwards, stop and visit the small fisherman's village and grab some of Sicily's best gelato.

●●●●● **SATURDAY, 18****Tandem Sky Dive****Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am**Return:** 3:00 pm **Recommended Age:** 18+**Cost:** \$35 (Includes transportation only; the tandem jump with video and photo is €270 to be paid on site)

Take advantage of this amazing opportunity to sky-dive in Sicily. See spectacular views and experience an adrenaline rush with "Skydive Sicilia" during the tandem jump. Transportation and dive reservations are provided, but be sure to bring your own courage! Note: The weight capacity for this trip is 220 lbs.

●●●●● **SUNDAY, 19****Mt. Bike: Plemmirio Natural Reserve****Depart:** NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am**Return:** 5:00 pm **Ages:** 16+

**Cost:** \$80/\$70 Liberty (Includes transportation, guide, bike rental, and lunch) Feel the breeze on your face as we ride along the coast in Siracusa's Plemmerio Natural Reserve. Ride through 12 km of natural wonders and historical areas, and finish the day with lunch in Ortigia. **Registration deadline for this trip is July 16.**

●●●●● **AUGUST 1****Salina Island: Walking Tour****Depart:** NAS II 5:00 am, Marinai 5:15 am, NAS I 5:30 am **Return:** 9:30 pm**Cost:** \$130/\$120 Liberty (Includes transportation, guide, ferry fees and lunch)

Tour the greenest of the Aeolian Islands as we board the hydrofoil (passenger ferry) from Milazzo to Salina. Once on the island, enjoy a tour via van. Stop at a farm for a Malvasia Wine Tasting (sweet wine produced only in that island), and visit caper fields, which are a local product used to flavor Mediterranean dishes. Afterwards, there will be time to relax in town or go shopping. Please be sure to wear comfortable walking shoes and bring water, snacks, swimsuit, towel, sunscreen and sunglasses. **Registration deadline for this trip is July 30.**

●●●●● **AUGUST 2****Hike: Rocca Novara Park****Depart:** NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am **Return:** 7:30 pm**Cost:** \$70 (Includes transportation, guide and lunch)

Nicknamed The Dolomite of Sicily, Rocca Novara Park offers a hike through the woods leading to a combined view of Mt. Etna and the Aeolian Islands. After our hike, we will stop in the town of Novara for lunch. Wear comfortable shoes and long pants for this excursion. **Registration deadline for this trip is July 30.**



# AZIENDA AGRITURISTICA ORANGE PARK

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We will welcome you by offering a warm, rich, traditional Sicilian meal, prepared personally by the owner.

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- FULLY EQUIPPED KITCHEN
- DINING-LIVING ROOM
- SPACIOUS BEDROOMS
- BATHROOMS

(one of our apartments is also equipped with a jacuzzi)

- A/C AND CENTRAL HEATING
- FREE WIFI (IN ALL AREAS)
- FREE SKY TV

Our stunning and peaceful oasis includes gardens and terraces with:

- SAFE AND SECURE PARKING AREA
- SWIMMING POOL
- BBQ GRILL
- FREE LAUNDRY AND DRYER FACILITIES

The whole residence is protected by safe fencing and monitored by video surveillance.

We offer restaurant service (on request) to our clients.

It is also possible to provide shuttle service and babysitting.

NO NAVY ENDORSEMENT IMPLIED



C. da Cubba Marletta, 11 Misterbianco (CT) - Tel/Fax: +39 0957559035

Cell: +39 3470629927 • info@orangeparktla.com





# JAWS

**FRIDAY, JULY 31**

EXPERIENCE JAWS LIKE NEVER BEFORE, IN THE POOL!  
THEMED REFRESHMENTS · PHOTO BOOTH · LIGHT SNACKS

**DOORS OPEN: 8 PM · SHOWTIME: 9 PM**  
**LOCATION: NAS II POOL · AGES: 18+**  
**FREE ADMISSION**

**MWR**  
SIGONELLA 

NAS I x4483 - NAS II x5243

## Fitness Centers

### UNMANNED ACCESS

Both NAS I & NAS II Fitness Centers have unmanned access available for Ages 18+. Please see the front desk for more information and to register.

## GROUP FITNESS schedule



### Check out the Group Fitness Schedule

Scan the QR code to see this month's available classes!  
Cancellations and updates can be found on our social media stories.

# COMMAND CHALLENGE

★ ★ ★ NAS SIGONELLA 2026

FRIDAY, OCTOBER 2

**NEW DATE**

COMMAND TEAMS WILL BATTLE THROUGH MENTAL AND PHYSICAL CHALLENGES.  
CAPTAIN'S CUP POINTS WILL BE AWARDED TO THE COMMAND THAT WINS!



SIGONELLA

## CAPTAIN'S CUP

### Ultimate Frisbee League

**League Begins:** Tuesday, July 7

**Location:** NAS II Turf Field

**Registration Deadline:** July 3  
*Men's, Women's & Co-Ed Divisions*

### Basketball Tournament

**Date:** August 4-13

**Location:** NAS II Fitness Center

**Registration Deadline:** July 27  
*Men's, Women's & Co-Ed Divisions*

### Dodgeball Tournament

**Date:** Friday, August 7

**Location:** NAS II Fitness Center

**Registration Deadline:** August 5  
*Men's, Women's & Co-Ed Divisions*

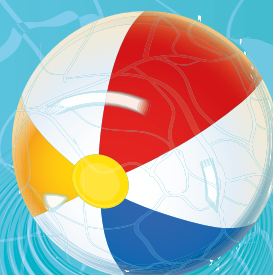
**Eligible Patrons:** Active duty, Dependents, U.S. NATO & DoD ID cardholders

**Cost:** Free **Ages:** 18+

For registration or more information, contact the Adult Sports Coordinator, Angelina Gott at [sig-mwr-fitness@us.navy.mil](mailto:sig-mwr-fitness@us.navy.mil) or 624-3785.

## Aquatics

NAS I x4334 - NAS II x7766



**MAY 23-  
SEPT 7**

# SUMMER RECREATION SWIM SEASON

NAS I Splasher's Pool

Open Tuesday - Sunday: 11 am - 6 pm



## New Place

TEMPORARY LODGING APARTMENTS & BEAUTY CENTER



FREE SHUTTLE TO AND FROM AIRPORT, NAS I AND NAS II UPON ARRIVAL AND DEPARTURE

Via Enrico Toti, 9, 95040 Motta Sant'Anastasia (CT)  
+39 095 308 639 | +39 339 650 2283 | +39 377 681 6369  
[agostinanewplace@katamail.com](mailto:agostinanewplace@katamail.com) | [www.newplacetla.com](http://www.newplacetla.com)

NO NAVY ENDORSEMENT IMPLIED



**JULY 7, 10 & 21**

**Centro Sicilia Mall Shuttle**

**Depart:** NAS II 5:00 pm, NAS I 5:20 pm

**Return:** 8:00 pm

Centro Sicilia is the place to go if you want to buy a new outfit or enjoy some fast food! Be sure to stop by the Liberty Center or register online to snag a seat!

**JULY 14, 24 & 28**

**Porte di Catania Mall Shuttle**

**Depart:** NAS II 5:00 pm, NAS I 5:20 pm

**Return:** 8:00 pm

Liberty is taking a trip to another beautiful mall in Catania! Porte di Catania offers a variety of stores and food spots to enjoy. Sign up at the Liberty Center or register online to reserve a seat on the shuttle.



**WEDNESDAY, 29**

**Full Moon Hike**

**Depart:** NAS II 6:00 pm, NAS I 6:20 pm

**Return:** 11:00 pm **Cost:** \$15

Join us for an evening under the light of the full "Buck Moon," named after the time of the year when male deer begin to regrow their antlers. Enjoy the night hike surrounded by moonlit views, fresh air and the beauty of nature after dark.



**Eligibility**

E1-E6, Active Duty Military or Unaccompanied Military. All programs are held at the Liberty Center on NAS II unless otherwise stated.

**WEDNESDAY, 1**

**Liberty Lunch: Chili Dogs and Fruit**

**Time:** 11:00 am (while supplies last)

Back by popular demand, Liberty is serving up its famous chili dogs! Stop in and grab this delicious lunch paired with fresh, sweet fruit for the perfect balance.



**SUNDAY, 5**

**Movie Marathon: Classic American**

**Time:** 10:00 am - 7:00 pm

Join Liberty for a day packed full of classic American Films. Grab your friends and settle in with some popcorn!

**WEDNESDAY, 8**

**Liberty Snack: Walking Tacos**

**Time:** 11:00 am (while supplies last)

Take your favorite taco flavors on the go with our delicious walking tacos. Crispy chips topped with seasoned meat, fresh toppings and bold flavors all in one bag!



**THURSDAY, 9**

**Third Thursday Throwdown (A Week Early): Dive & Splash Competition**

**Time:** 5:00 - 7:00 pm

Get ready to make a splash at our Third Thursday Throwdown Dive Competition - a week early! Watch competitors show off their best dives, biggest flips and wicked skills.

**SATURDAY, 11**

**Adventure Park Trip**

**Depart:** NAS II 9:00 am, NAS I 9:20 am **Return:** 3:30 pm

**Cost:** \$10 (Includes transportation and park entrance fee)

Explore Sicily's finest ropes course on Mt. Etna! Push yourself to brave the course and glide down the ziplines on this thrilling excursion.

**MONDAY, 13**

**Monday Reset: Movies & Munch**

**Time:** 5:30 - 6:30 pm

Snuggle up and judge some not so blockbuster movies. Enjoy eating cereal while roasting the best of the worst.

**WEDNESDAY, 15**

**Liberty Snack: Rice Crispy Treats**

**Time:** 11:00 am (while supplies last)

Looking for something to satisfy your sweet tooth? We have you covered with freshly made rice crispy treats! Made with buttery marshmallow goodness in every bite.



**WEDNESDAY, 22**

**Liberty Snack: Teriyaki Bowls**

**Time:** 11:00 am (while supplies last)

The perfect balance of savory and sweet and packed with veggies and rice, these bowls are sure to be the perfect mid-day lunch!



**WEDNESDAY, 29**

**Liberty Snack: Spring Rolls**

**Time:** 11:00 am (while supplies last)

Golden, crispy and packed with delicious flavor, our spring rolls are the perfect snack. Served hot and filled with goodness, they're a treat you don't want to miss.



**FRIDAY, 31**

**Movie in the Pool: Jaws**

**Doors Open:** 8:00 pm **Showtime:** 9:00 pm **Location:** NAS II Pool **Ages:** 18+

Just when you thought it was safe to go back in the water, experience JAWS like never before, in the pool! Enjoy themed refreshments, a photo booth, light snacks and have a jaw-some good time!



# JULY **TWENTY** **26**



## MWR DIRECTORY

TO CALL COMMERCIAL: +39 095 56 xxxx  
+39 095 86 xxxx

### ADMIN OFFICE

#### MWR Administration

Phone 624-3968

Mon - Fri: 7:30 am - 4 pm  
Sat, Sun & Holidays: Closed

#### NAF Personnel Office

Phone 624-0522

Mon, Wed - Fri: 7:30 am - 4 pm  
Tues: 12:30 - 4 pm  
Sat, Sun & Holidays: Closed

### FITNESS

#### Adult Sports Coordinator

Phone 624-3785

#### NAS I Fitness Center

Phone 624-4483

Mon - Fri: 5 am - 9 pm  
Sat, Sun & Holidays: 8 am - 3 pm  
**24-Hour access can be granted.**  
Register at NAS I or NAS II  
Front Desk.

#### NAS II Fitness Center

Phone 624-5243

Mon - Fri: 5 am - 9 pm  
Sat, Sun & Holidays: 8 am - 3 pm  
**24-Hour access can be granted.**  
Register at NAS I or NAS II  
Front Desk.

#### Skate Park NAS I

TEMPORARILY CLOSED

### AQUATICS

#### Splasher's Pool NAS I

Phone 624-4334

**Recreation Swim:**  
Tues - Sun: 11 am - 6 pm  
Mon: Closed

**Lap Swim Lanes Available**

#### NAS II Flight Line Pool

Phone 624-7766

**Lap Swim:**  
Mon - Fri: 5:30 - 8:30 am,  
10 am - 2 pm & 3 - 6 pm  
Sat: 10 am - 4 pm  
Sun: Closed

### COMM RECREATION

#### Liberty Center NAS II

Phone 624-5602

Mon - Fri: 9 am - 7 pm  
Sat, Sun & Holidays:  
10 am - 7 pm

**Trips and Tours;  
Equipment Rental;  
Compass & Chart Room  
Reservations**

Phone 624-4396 or 624-4777

Mon - Fri: 9:30 am - 5:30 pm  
Sat, Sun & Holidays: Closed

### COMM RECREATION

#### Library NAS I

Phone 624-3875

Mon, Wed - Fri: 9 am - 5 pm  
Tues: 9 am - 7 pm  
Sat: 10 am - 4 pm  
Sun & Holidays: Closed

### CYP

#### CDC at Youth Complex

Phone 624-1750

Mon - Fri: 6 am - 6 pm  
Sat, Sun & Holidays: Closed

#### SAC (School Age Care)

Phone 624-3712

Mon, Tues, Thurs & Fri:  
6 - 8 am & 2:30 - 6 pm  
Wed: 6 - 8 am & 1:30 - 6 pm  
No School Days: 6 am - 6 pm  
Sat, Sun & Holidays: Closed

#### School Liaison Office

Phone 624-3712 or 624-1750

#### Youth Complex: Teen Center & Youth Sports

Phone 624-1750 or 624-1747

Mon, Thurs & Fri: 2 - 6 pm  
Tues & Wed:  
On NAS I (YC Closed)  
No School Days: 12 - 6 pm  
Sat, Sun & Holidays: Closed

### BUSINESS ACTIVITIES

#### Auto Skills Center NAS II

Phone 624-5244

Thurs - Sat: 9:30 am - 5:30 pm  
Sun - Wed & Holidays: Closed

#### Midtown 2 Theaters

Phone 624-4216

Please See Movie Schedule

#### Spare Time Bowling

Phone 624-4302

Mon: Closed  
Tues - Thurs: 11:30 am - 8 pm  
Fri & Sat: 12:30 - 9 pm  
Sun: 11 am - 6:30 pm

#### Connections NAS I

Phone 624-4264

Fri & Sat: 5 pm - 12 am  
Sun - Thurs: Closed

#### 568 Lounge NAS II

Phone 624-5603

Sun - Thurs: 5 pm - 12 am  
Fri & Sat: 7 pm - 2 am

Please check our website throughout the month  
for the most updated hours.



GET SOCIAL



Facebook



Instagram



App

WWW.NAVYMWRSIGONELLA.COM