

Highlights of the Month

- *Memorial Day Challenge*
- *Romp & Play: Toddler Open Gym*
- *Advanced Screening: Jack Ryan*

MAY ^{TWENTY} 26

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Monday, May 25

SLIDE **into** **SUMMER**

**1/2 mile fun run starting & ending at the pool
with a trip down the slide!**

10:30 a.m.

NAS I Splasher's Pool

All ages welcome

Free • Must have pool access

**Register at sig-mwr-fitness@us.navy.mil
with number of people & ages.**



x1750

Teen Programs

Eligibility

The Youth Complex teen program is FREE but registration is required. Please visit the Youth Complex in Marinai or call 095-56-1750 for more information. Members must be 11-years-old and have started the 6th grade through 18-years-old and still in high school. There may be field trips or extra opportunities that do require payment to participate.

Check out the Youth Complex Calendar!

You can find more events, clubs and fun happening throughout the month! Pick one up at the Youth Complex in Marinai or email jasmine.t.mailoto.naf@us.navy.mil.

ALL MONTH

Cue the Drama - Drama Club

Every Monday: For Actors

Every Tuesday: For Techies

Location: Midtown 2 Theaters **Time:** 3:00 - 5:00 pm **Ages:** 11-18

After a successful audition week for the upcoming "Once Upon a Crime" feature, actors and techies have signed contracts and received specific dates on when to attend rehearsal meetings. Although this month will be dedicated to preparing for YC Drama Club's first debut in June, any teen can drop by to see the magic in the works! If you do, please be respectful of actors and techies needing to "lock in" at each rehearsal meeting.

FRIDAY, 1

Content Creators Club

Location: Youth Complex **Time:** 5:00 - 6:00 pm **Ages:** 11-18

Calling all talented content creators and tech-savvy gurus! Join us this month as we continue our graphic design focus and shift into an introduction to the world of videography! We will learn about video skills, partake in challenges, and even discuss meeting dates/times that best accommodate our members, so come and provide your valuable input to keep the creative club thriving. No need to sign up, just show up to one of the meetings and speak with our creative facilitator, Mrs. Rachel, for more info!

TUESDAY, 5

Keystone & Torch Present: Fiesta Food Fun

Location: MWR Classroom **Time:** 3:00 - 5:00 pm **Ages:** 11-18

Keystone and Torch Leadership clubs have joined forces for this month's service project, providing a fiesta fun time for our YC teens to enjoy some walking tacos and make new friends. This is a perfect opportunity for YC teens to bring friends interested in our leadership clubs, or non-members to find out more on how to join the YC fam! Supplies are limited and FCFS, so don't miss out!

MAY 7 & MAY 8

Make It For Mom

Location: Youth Complex **Time:** 3:30 pm **Ages:** 11-18

Unsure of what to get mom for Mother's Day? Stop by to make something special for her! On Thursday, create a salt crystal gift for mom to show off. On Friday, learn different variations of making a blooming love 3D card to accompany your special gift! Best part of all of this? You don't have to spend a penny to let your inner creative genius out in making a special gift for a special person! Supplies are limited, so join us while they last!

Youth Sports

Summer 2026

RUN CLUB JR.

Youth Ages 5-10

Session Dates Wednesdays, 6/24-7/29

Cost \$25 **Location** NAS I

RUN CLUB PROS

Youth Ages 10-18

Session Dates Wednesdays, 6/24-7/29

Cost \$25 **Location** Marinai

Tuesday - Friday | 10 AM - 6 PM Youth Complex in Marinai

Or Email Registration to: SIG-Youth-sports@us.navy.mil

YSF PAGE



REGISTRATION
Available May 5 - June 5

Library

x3875

ALL MONTH

Community Puzzles

Time: Regular hours of operation

Puzzles are always available throughout the month at the MWR Library for the community to work on together. Spend a relaxing afternoon making social connections and connecting pieces of the puzzles.

EVERY WEDNESDAY

Early Literacy: Full STEAM Ahead!

Time: 10:30 - 11:15 am **Ages:** 1-5 and caregivers

Join us to jump-start early literacy skills for toddlers and preschoolers! Caregivers and children will learn together while we sing, read, play, and grow. This program is best suited for pre-readers (ages 1-5) and their caregivers.

SATURDAY, 2

Trinket Boxes

Time: 10:30 am - 4:00 pm **Ages:** All ages welcome

Join us as we personalize wooden trinket boxes using decoupage, stencils, stamps, and paint - perfect for a Mother's Day gift or for your own keepsakes.

SATURDAY, 16

Build Your Own Bouquet

Time: 10:30 am - 4:00 pm **Ages:** All ages welcome

Choose from various flower cutouts to build your own personalized bouquet! Simply select your favorite flowers, color and decorate, then bind them together with a beautiful ribbon. We'll provide crayons, colored pencils, markers, decorative paper, paper punches, ribbon, and more. Stop by our temporary flower shop today to celebrate May flowers with us!



MAY 18-22

Memorial Poppies

Time: Regular operating hours **Ages:** All ages welcome

The red poppy is a nationally recognized symbol of sacrifice worn by Americans since World War I to honor those who served and died for our country in all wars. Stop in anytime this week to make tissue paper poppies to wear as pins in honor of our military and the sacrifices they have made.

SATURDAY, 30

Wire Wrapped Jewelry

Time: 10:30 am - 4:00 pm **Ages:** 18+

Join the library for a creative Wire Jewelry Making Workshop to create handmade jewelry that reflects your style! Patrons will explore the art of shaping and twisting wire to create unique jewelry pieces such as arm cuffs, pendants, or even bracelets, while learning a little about ancient Roman jewelry traditions. All skill levels are welcome; materials will be provided.

x4302

Bowling Center

SUNDAY, 10

Queen of the Lanes

Time: 11:00 am - 5:00 pm **Cost:** 2 free games for Mom
This day is all about Mom - we have her covered at Spare Time bowling with 2 free games, shoes included.

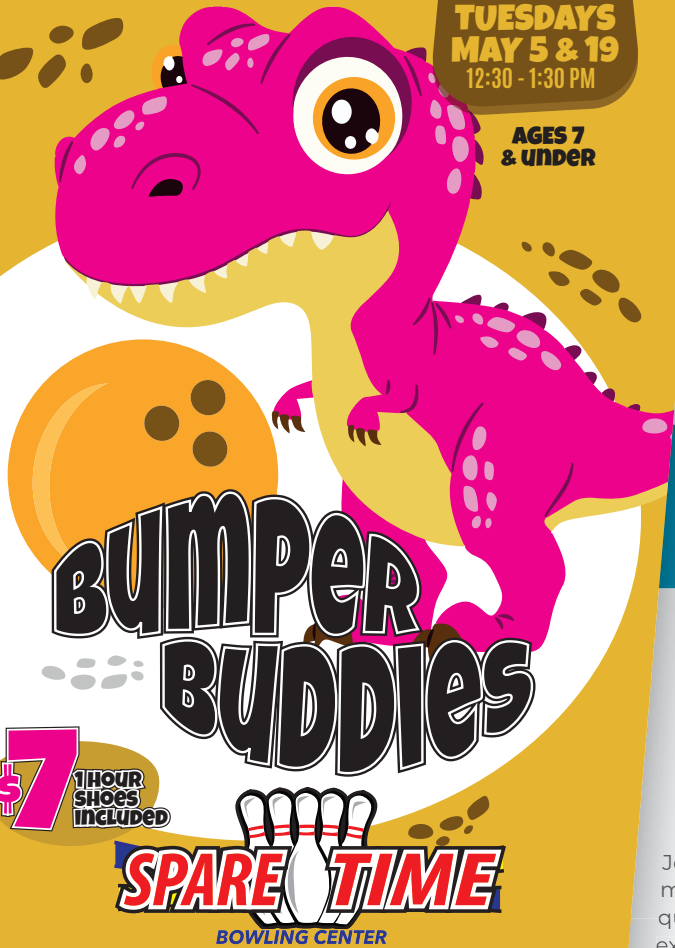
SATURDAY, 16

A Salute to Service

Time: 12:30 - 9:00 pm **Eligibility:** Active duty, reservist, retired, and veterans **Cost:** \$2 games all day
In honor of Armed Forces Day, Spare Time Bowling will honor all armed forces with \$2 games all day long.

**TUESDAYS
MAY 5 & 19
12:30 - 1:30 PM**

**AGES 7
& UNDER**



Midtown 2 Theaters

x4248

Cost: \$6 Adults (12 years & older), \$4.50 Kids (6-11 years old), Free (5 years & under)
Visit www.navywmvrsigonella.com/movies for showtimes.

TUESDAY, 5

My Way Matinee: Barbie (2023, PG-13)

Time: 10:30 am **Cost:** Free admission

Enjoy a free matinee movie just for adults! Take a little "me time" and unwind with a complimentary showing of your favorite films to relax and recharge.

WEDNESDAY, 13

Early Release Wednesdays: Star Wars VIII - The Last Jedi (2017, PG-13)

Time: 2:00 pm **Cost:** Free admission

Spend your early release from school unwinding with a free movie. Grab your friends and enjoy some cinema magic on us!

SATURDAY, 16

Advanced Screening: Tom Clancy's Jack Ryan: Ghost War (2026, R)

Time: 5:00 pm **Ages:** Rated R **Cost:** Free admission

Follow Jack Ryan, who reunites with CIA operatives to navigate a treacherous web of betrayal against an enemy who knows their every move, facing a past they thought was long put to rest.

SUNDAY, 17

Magical Movie Weekend: The Creed Series (PG-13)

Cost: Free admission

Creed (2015): 11:00 am | Creed II (2018): 2:30 pm | Creed III (2023): 6:00 pm

TUESDAY, 19

My Way Matinee: WALL-E (2008, G)

Time: 10:30 am **Cost:** Free admission

Enjoy a sensory-friendly movie experience with dim lights and lower sound volume for all ages!

WEDNESDAY, 20

Way Back Wednesdays: Grease (1978, PG)

Time: 4:30 pm **Cost:** Free admission

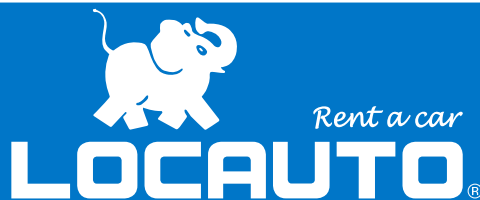
Enjoy a classic movie at Midtown 2 Theaters. Concessions will be available for purchase.

FRIDAY, 22

Movie Premiere: The Mandalorian & Grogu (PG-13)

Time: 4:00 pm & 7:30 pm **Cost:** Regular admission fees apply

Join us for the premiere of The Mandalorian & Grogu and celebrate the galaxy's most beloved bounty hunter and his tiny companion! There will be a fun trivia question game before the show and (2) lucky fans will have a chance to win an exclusive movie poster!



VEHICLES AVAILABLE

You can find us in the NAS 2 area near the military airport arrivals

Contact us +39 349 79.41.299

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Concert on the Lawn



FOOD VENDORS,
POP UP BAR &

2 Local **BANDS**

FEATURING:

The Ferve & Sventuras Band

FRIDAY, MAY 15

Marinai Soccer Field

Event Opens: 5 p.m. | Music Begins: 5:30 p.m.

Grab your blankets, lawn chairs and your favorite people, and join us for a concert on the lawn! Spend a relaxing evening outdoors enjoying live music in a laid-back, family-friendly atmosphere.

EMPLOYEE *Spotlight*



Joy Melendez-Casamayor - Theater Manager

As the Manager at Midtown 2 Theaters Sigonella, Joy gets a chance to bring movies to life by creating a fun, welcoming space where service members and their families can relax and enjoy a great show. She gets to plan movie lineups and movie related events, ensures the theater runs smoothly behind the scenes and leads an awesome team, all while making sure every guest leaves with a smile. Joy loves that it's a fast-paced, people-focused role where she gets to help turn every day movie nights into something special.

Morale, Welfare and Recreation (MWR)

Giuseppe "Joe" Contarino - Maintenance Supervisor

Giuseppe "Joe" Contarino has served as our MWR Maintenance Supervisor since 2006, but he actually started working at Sigonella in 1992 with the Outdoor Recreation Program. No matter the position, he continuously works to support MWR and CYP facilities, programs, and events. Joe is always willing to help other departments and does a great job coordinating his team to help accomplish the mission. He is a true asset and we are lucky to have him on our team!

N94, Support Services



Genevie Garrido-Harrell - Recreation Aid

Genevie, well-known as GG, works as a Recreation Aid at Spare Time Bowling Center. She supports daily operations and creates a welcoming environment for patrons, assisting guests with lane setup, league activities, birthday events, outdoor MWR events and general facility support. GG ensures a smooth and enjoyable experience for all with her friendly personality and team-oriented mindset. She takes pride in contributing to a fun inclusive environment and being a dependable part of the MWR team and Sigonella Community.

Morale, Welfare and Recreation (MWR)



Giuseppe Renna - Maintenance Mechanic

Giuseppe has been with the MWR Maintenance department since 2001. His role involves mostly the execution of trouble calls for MWR and CYP. He has experience in the plumbing world and has been able to resolve issues that would have otherwise turned into much larger and lengthy projects. Giuseppe uses his expertise and knowledge in resolving issues which makes him valuable to each department and the Sigonella Community. He always has a "can do" attitude and does his best to support in any way that he can.

N94, Support Services



x4777

Community Activities

Registration for classes is available at Community Recreation or the Liberty Center. Please refer to each class description for any registration deadlines.

SATURDAY, 9

Indoor Belay Certification

Time: 10:00 am - 12:00 pm **Location:** "The Cave" Rockwall **Ages:** 14+
Cost: \$30/\$25 Liberty **Registration Deadline:** May 7 at Community Rec
 This class will walk you through the steps of belaying a climber. To earn your Belay Certification Card, each participant must be able to show the ability to tie knots correctly and safely belay an actual climber.

THURSDAY, 14

Beginner Jazz: Youth Class

Time: 6:00 - 7:00 pm **Location:** NAS I Group Exercise Room **Ages:** 11-18
Cost: \$10 **Registration Deadline:** May 13 at Community Rec
 Get moving and have fun in this beginner-friendly introduction to jazz dance class that will cover the fundamentals; including warm-ups, basic techniques, and across the floor combinations. Start with introductions and build confidence while learning energetic and expressive movements in a supportive environment where no experience is needed.

WEDNESDAY, 20

Line Dancing: Adult Class

Time: 5:00 - 7:00 pm **Location:** NAS I Group Exercise Room **Ages:** 18+
Cost: \$10 **Registration Deadline:** May 19 at Community Rec
 Get ready to move in this fun, beginner-friendly line dancing class. Start with introductions and a light warm-up, followed by guided instruction to help everyone build confidence and enjoy the dance. This class, participants will learn the "Into You" line dance routine step-by-step.

THURSDAY, 28

Romp & Play: Toddler Open Gym

Time: 9:00 am - 12:30 pm **Location:** NAS I Fitness Center **Ages:** 4 & under
Cost: Free admission **Registration Deadline:** May 26 at Community Rec
 Bring your little ones for a morning of big fun and active play-perfectly designed with their safety in mind! What to expect: Parent-led activities, dance floor with music, and large motor play for energy and excitement!
Please note: This event is exclusively for ages 4 and under to ensure a safe play environment for our littlest participants. Any children above the age of 4 will not be permitted inside the play area. **Registration is required.**

SATURDAY, 30

Beginner Ballet: Kids Class

Time: 10:30 am - 12:00 pm **Location:** NAS I Fitness Center **Ages:** 4-11
Cost: \$10 **Registration Deadline:** May 29 at Community Rec
 A class designed as a welcoming introduction to ballet for children to learn the fundamental positions of ballet, along with basic etiquette and classroom structure. Begin with introductions and a warm-up followed by guided instruction in positions and posture. Perfect for beginners, this class can help build confidence, coordination and a love for dance.

x5603

568 Lounge

EVERY WEDNESDAY & FRIDAY

Karaoke Night

Wednesday: 8:00 pm - 12:00 am **Ages:** 18+
Friday: 10:00 pm - 2:00 am **Ages:** 18+

EVERY SATURDAY

DJ Nights

Time: 9:00 pm - 2:00 am **Ages:** 18+

FRIDAYS, 8 & 22

Latin Dance Lessons

Lessons: 8:30 - 10:00 pm **Dancing:** 10:00 pm - 2:00 am
Ages: 18+ **Cost:** Free Admission

MWR is hosting Latin Salsa, Bachata, & Merengue lessons at 568 Lounge, on NAS III! Join us for lessons and then spend time afterwards practicing by dancing the night away!

Auto Skills Center

x5244

Diagnostic Computer

\$20 - Scan for engine fault codes or lights on the dashboard.
 Compatible with all vehicle makes and models.

Oil in Stock!

We offer oil change assistance with Fully Synthetic 5W40 premium engine oil. **\$12 per liter.**
 Please bring your own filter.

Rent the lift!

Indoor lift bay + access to tools! **\$5 per hour.**

Nail in your tire?

We can fix it! **Tire Plugs \$5.**

Leaky valve stem?

We have them in stock for **\$1.**

6 PM NAS I CHART ROOM

BINGO

THURSDAY NIGHTS

AGES 18+

5

19

32

46

67

JACKPOT

\$2,500 - \$8,000

increases \$500/week with no winner

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\$1,200

IN CASH PRIZES
given out each night!

\$25

PACKAGE SALES
START 5 PM
in Connections
\$10 extra jackpot cards available

x4777 - X4396

Trips & Tours

Pick Up & Drop Off

NAS I: CDC parking lot **MARINAI:** In front of Youth Complex

NAS II: Flight Line Clinic parking lot. Return times are subject to change.

All children 17 years and younger must be accompanied by a parent or guardian on ALL trips. Children 3-11 are 1/2 price on all tours, unless otherwise noted. Children 2 and under are free.

Bellini Theater

A Midsummer Night's Dream

Opera



WEDNESDAY, 27

Depart: NAS I 4:00 pm (Only Departure)

Return: 11:00 pm **Ages:** 12+

Floor Seats: \$75

Gallery Seats: \$50

(Includes transportation, guide and theater ticket)

Watch the famous Shakespearean comedy that follows four Athenian lovers - Hermia, Lysander, Helena and Demetrius - as they elope into a magical forest, while the fairy king Oberon and mischievous Puck, use a love potion to create chaotic romantic entanglements.

SATURDAY, 2

Solunto & Duca di Salaparuta Winery

Depart: NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am

Return: 6:00 pm **Cost:** \$75 (Includes transportation, guide, entrance fees, light lunch and wine tasting)

Head to the ancient city, Solunto, situated near Palermo. Visit the town, rich with history, and archeological park of Solunto, to see the influences and remains from past invaders. After the tour, visit Duca di Salaparuta Winery for a light lunch and wine tasting. **Registration deadline for this trip is April 29.**

SATURDAY, 2

Avola Treasures: Almond, Nero D'Avola Wine & Rum

Depart: NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am

Return: 6:30 pm **Cost:** \$85 (Includes transportation, guide, entrance fees, tastings, and lunch)

Avola is not only a town famous in Italy for its almond and wine production. The Arabs introduced sugarcane to Sicily in 800 AD, which established Avola's production of rum. Visit PAN Park, where there are sugarcane, lemon, and almond fields, carob trees, and a large presence of medicinal herbs near Avola's lake. End this tour with lunch, as well as almond milk and rum tastings! **Registration deadline for this trip is April 30.**

SATURDAY, 9

Pizza Making at the Lemon House

Depart: NAS II 9:00 am, Marinai 9:15 am, NAS I 9:30 am

Return: 4:00 pm **Cost:** \$65 (Includes transportation, guide, and pizza)

Let's make pizza from scratch! Start your day at the Lemon House in Pozzillo, as we prepare the dough and stone oven with wood and fire. While the dough levitates, take a walk to the port of Pozzillo. Afterward, return to the house to prepare the ingredients and learn the steps to make the perfect homemade pizza.

SUNDAY, 10

Taormina & La Contea Winery

Depart: NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am **Return:** 6:00 pm

Cost: \$75 (Includes transportation, guide, wine tasting, and lunch.

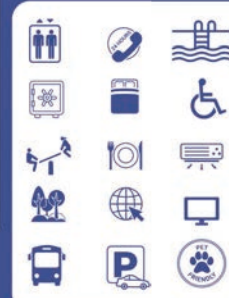
Please bring euro for optional entrance fees and shopping)

Soak in the sights of one of the most sought-after tourist towns in Sicily - Taormina! Explore the history of this cliff-side town with a walking tour through the streets, enjoying scenery and stories as you stroll along. After the visiting the Natural Park, we will head La Contea Winery for a lunch and wine tasting. **Registration deadline for this trip is May 7.**



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Magnolia Club Residence *It feels like home.*



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e-mail: magnoliaresidence@virgilio.it | www.magnoliacclubresidence.com

SUNDAY, 10**Family Day: Parsifal Park & Falcon Show****Depart:** NAS II 8:30 am, Marinai 8:45 am, NAS I 9:00 am**Return:** 4:30 pm **Cost:** \$70 (Includes transportation, guide, and entrance fees & Sicilian BBQ lunch)

Spend a relaxing day at Parsifal Park and watch a special show featuring real falcons. Afterward, enjoy a typical Sicilian BBQ lunch. **Registration deadline for this trip is May 7.**

THURSDAY, 14**Pottery Shopping in Patti****Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am**Return:** 3:30 pm **Cost:** \$55 (Includes transportation and guide. Please bring euro for lunch and shopping)

Tour a small town along the northern coast, founded by the Normans in the 11th Century. Patti plays host to one of the most famous ceramic manufacturers in Italy. Patrons will have the opportunity to purchase hand-painted pottery with discounts ranging from 15-20% off wholesale prices. **Registration deadline for this trip is May 12.**

SATURDAY, 16**Noto: Flower Festival****Depart:** NAS II 10:30 am, Marinai 10:45 am, NAS I 11:00 am **Return:** 8:30 pm**Cost:** \$85/\$75 Liberty (Includes transportation, guide, entrance fees, and lunch)

Start the trip with lunch at Agriturismo "La Trota". At registration you will choose either seafood, meat, or a vegetarian meal. Afterwards, visit the annual "Infiorata" or Flower Festival which celebrates the arrival of spring and features an amazing display of fresh flower mosaics that consume Via Nicolaci in the town of Noto. The traditional 16 sketches will follow this year's theme of Pop Culture. The whole town participates in this wonderful and famous Sicilian event. You don't want to miss this festive atmosphere and beautiful parade on the main street. **Registration deadline for this trip is May 13.**

SUNDAY, 17**Agrigento: Valley of the Temples****Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 7:00 pm**Cost:** \$80 (Includes transportation, guided tour, entrance fees, and lunch)

Originally founded as a Greek colony in the 6th century B.C., Agrigento became one of the leading cities in the Mediterranean world. The town of Agrigento is known for its spectacular Valley of Temples and the sacred area of ancient Akragas, one of the most important colonies of the Greek Empire. Tour Agrigento's Valley of the Temples, followed by lunch at a local restaurant. Please choose between the meat or fish option upon registration.

SATURDAY, 23**Ragusa Town & Bastonaca Winery****Depart:** NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am**Return:** 7:00 pm **Cost:** \$80 (Includes transportation, guide, entrance fees, wine tasting, and lunch)

The tour will begin in the town of Ragusa, the home to a wide array of Baroque architecture. View several stunning palaces and churches, such as the Cathedral of San Giorgio. Afterwards, relax on the terrace of Bastonaca Winery while you admire the view and enjoy lunch with a wine tasting.

SUNDAY, 24**Catania Market Shuttle****Depart:** NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am**Return:** 1:00 pm **Cost:** \$20 (Transportation only)

Want to spend some time at the antique markets, find a new cafe, or just wander around and shop? Join Community Recreation for a trip to Catania.

SUNDAY, 24**Siracusa & Seafood Restaurant****Depart:** NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am**Return:** 6:00 pm **Cost:** \$85 (Includes transportation, guide, entrance fees, and lunch)

Visit the archeological site of Siracusa, built on an ancient Greek settlement and the historic island of Ortigia! Along the tour, we will have an opportunity to see the Ear of Dionysius, the Greek-Roman Amphitheater, the Siracusa Cathedral, the Temple of Athena, and the mythological Fontana di Aretusa. Lunch at a local restaurant will follow the tour. Please choose the seafood or meat option at the time of registration.

MONDAY, 25**Amaro Averna Distillery & Lombardo Winery****Depart:** NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am**Return:** 6:00 pm **Cost:** \$80 (Includes transportation, guide, wine tasting, and lunch) **Ages:** 18+

Start the day with breakfast in Caltanissetta before heading to the Amaro Averna Distillery for a tasting of the locally made product. Afterwards, visit the Lombardo Winery, located at 650 meters above sea level, to relax and unwind. This winery has stunning 360-degree views of the Sun Altezza vineyards and unique wines. Enjoy lunch with wine and olive oil tastings while surrounded by the rich history of the ancient Sicilian sulfur mines.

SATURDAY, 30**Caltagirone: Flower Festival****Depart:** NAS II 10:30 am, Marinai 10:45 am, NAS I 11:00 am**Return:** 8:30 pm **Cost:** \$65 (Includes transportation, guide, lunch, and wine tasting)

Start the trip with lunch at Borgo Antico Agriturismo. Then explore the town of Caltagirone, known worldwide for its ornate ceramics, and admire the 142-step staircase of Santa Maria del Monte. Each year, the staircase is decorated in a different grandiose floral design to honor the Madonna of Conadomini.

SUNDAY, 31**Alcantara Gorge & La Vite Winery****Depart:** NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am**Return:** 5:00 pm **Cost:** \$85 (Includes transportation, guide, lunch, and wine tasting)

Visit the famous Alcantara Gorge with its prismatic formation, located on the North side of Mt. Etna. Enter the valley, nicknamed "D.O.C. Valley" thanks to its vineyards, by elevator or by walking along the boardwalk of the Volcanic Valley. End your afternoon with lunch at the La Vite Winery with their featured tastings of Almond Sweet Wine and Moscato.





●●●●● Hard
●●●● Medium
●●● Easy



THURSDAY, 21 ●●●●●

Intro to Paddle Board: Aci Trezza

Depart: NAS II 1:00 pm, Marinai 1:15 pm, NAS I 1:30 pm
Return: 7:30 pm **Cost:** \$65/\$55 Liberty (Includes instruction, gear, and guide. Bring euro for dinner)

Stand up paddle board the marine reserve of Aci Trezza, a wonderful fishing village with three small volcanic islands known as 'The Rocks of Cyclops'. Your guides will offer instruction regarding balance, control, paddle strokes, and turning techniques. Then, enjoy some free time visiting the town. **Registration deadline for this trip is May 19.**

SATURDAY, 23 ●●●●●

Kayak/Paddle Board: Capo Passero Natural Marine Reserve

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am
Return: 6:00 pm **Ages:** 16+ **Cost:** \$60 (Includes transportation, guide, and gear rental. Please bring a packed lunch or euro for food)

Spend Sunday kayaking or paddle boarding around the Natural Marine Reserve of Capo Passero in Marzamemi, a small fishing village with a scenic coastal city view. Bring water, snacks, swimsuit, towel, sunscreen, and sunglasses.

Registration deadline for this trip is May 21.

SATURDAY, 30 ●●●●●

Kayak/Paddle Board: Plemmirio Natural Marine Reserve

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am
Return: 6:00 pm **Ages:** 12+ **Cost:** \$65 (Includes transportation, guide, and gear rental. Bring euro for food or packed lunch)

Spend the day kayaking and paddle boarding around the Natural Marine Reserve of Plemmirio for a unique view of Siracusa from the sea. View natural coves only accessible by water and local mussel farms along the shore. Take a break on shore to relax, eat lunch, and take in the sun and views. Bring water, snacks, a swimsuit, towel, sunscreen, and sunglasses.

Registration deadline for this trip is May 28.

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Outdoor Recreation

●●●●● SATURDAY, 2

Mt. Bike: Simeto River

Depart: NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am
Return: 3:00 pm **Cost:** \$35/\$30 Liberty (Includes transportation, gear rental and guide. Please bring a packed lunch)

Ages: 16+

Enjoy a flat, 23-mile ride along the main river of Sicily, the Simeto. Begin near NAS I and end at the Natural Reserve. This natural oasis offers a rare chance to see migrating birds, including flamingos, on their route to Africa. The trip will take approximately 4 hours to complete. Please wear clothes that can get dirty and bring water, a packed lunch and snacks.

Registration deadline for this trip is April 30.

●●●●● SUNDAY, 3

Lava Hike & Gambino Winery

Depart: NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am
Return: 5:00 pm **Cost:** \$75 (Includes transportation, naturalist guide, wine tasting and lunch) **Ages:** 18+

Enjoy a hike through the woods surrounding the Gambino Winery. This is a great way to view the eastern side of Mt. Etna and the 2002 lava flow. A tour of the winery with lunch and wine tasting will follow. This will provide you with a unique opportunity to get a better understanding of the local natural environment and all it has to offer!

●●●●● SATURDAY, 9

Hike: Mt. Etna

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am
Return: 6:30 pm **Cost:** \$150 (Includes transportation and local guides. Please bring water and euro for food) **Ages:** 16+

Are you ready to tackle Mt. Etna? Ascend 3,000 meters (or more) up the mountain to enjoy the view of Sicily! This 8-hour, round-trip hike will take participants to the maximum hiking threshold based on the daily condition of volcanic activity. Due to the nature of the trip, there are a very limited number of spots.

●●●●● SUNDAY, 10

Hike: Cavagrande

Depart: NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am
Return: 4:30 pm **Cost:** \$50 (Includes transportation and guide. Bring a packed lunch and euro for the cafe) **Ages:** 12+

Take in the sights and sounds of the Cassibile Valley! Descend 1,060 feet to the base of a marvelous canyon carved by the Cassibile River and find emerald green pools of water surrounded by lush oriental palm trees. Please note, this hike is demanding and participants are required to hike back up the canyon after enjoying the beauty at the bottom. Please remember to bring a swimsuit, plenty of water, snacks, and a packed lunch.

●●●●● SATURDAY, 16

Hike: Serracozzo

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am
Return: 6:00 pm **Cost:** \$80 (Includes transportation, guide, wine tasting, and lunch)

Hike along the ridge of Serra delle Concazze up to the Belvedere of Serracozzo on Mt. Etna. Visit a fascinating lava flow cave and cross a birch forest, which is rare at these altitudes. At the top, admire the beautiful and exciting view of the Valle del Bove. After the hike, stop in Linguaglossa at Casa Arrigo for lunch and a wine tasting. **Registration deadline for this trip is May 14.**

●●●●● SUNDAY, 17

Hike: Lamponi Cave

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am
Return: 6:00 pm **Cost:** \$65/\$60 Liberty (Includes transportation and guide. Please bring a packed lunch) **Ages:** 16+

Spend the day on the north side of Mt. Etna hiking to Timparossa and then to Lamponi Cave! This challenging and strenuous trail will offer a long day with amazing sights to see along the way. Following the hike, enjoy a break at the Timparossa shelter to have lunch. Please wear layered clothing with comfortable shoes and bring water, snacks, and a packed lunch.



AZIENDA AGRITURISTICA ORANGE PARK

WITHIN WALKING DISTANCE OF SICILY CENTER MALL
WWW.ORANGEPARKTLA.COM



ORANGE PARK IS MORE THAN JUST TEMPORARY-LODGING.

You will feel at home as you are greeted by a friendly multilingual staff who will always be available for anything you need.

We will welcome you by offering a warm, rich, traditional Sicilian meal, prepared personally by the owner.

Our residence is conveniently located within 2 minutes of a shopping center and it offers very cozy villas with:

FULLY EQUIPPED KITCHEN

DINING-LIVING ROOM

SPACIOUS BEDROOMS

BATHROOMS

(one of our apartments is also equipped with a jacuzzi)

A/C AND CENTRAL HEATING

FREE WIFI (IN ALL AREAS)

FREE SKY TV

Our stunning and peaceful oasis includes gardens and terraces with:

SAFE AND SECURE PARKING AREA

SWIMMING POOL

BBQ GRILL

FREE LAUNDRY AND DRYER FACILITIES

The whole residence is protected by safe fencing and monitored by video surveillance.

We offer restaurant service (on request) to our clients.

It is also possible to provide shuttle service and babysitting.



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Cell: +39 3470629927 • info@orangeparktla.com



NAS I x4483 - NAS II x5243

Fitness Centers

UNMANNED ACCESS

Both NAS I & NAS II Fitness Centers have unmanned access available for Ages 18+. Please see the front desk for more information and to register.

GROUP FITNESS schedule



Check out the Group Fitness Schedule

Scan the QR code to see this month's available classes!
Cancellations and updates can be found on our social media stories.

MAY 4-8

CFL Course

Location: NAS I Fitness Center **Ages:** 18+ **Cost:** Free

Navy Command Fitness Leader 5-day course.

Registration is through CNIC at

www.navyfitness.org/fitness/cfl-information/

[cfl-course-application-and-registration.](#)

Please contact NAS I or NAS II Fitness Center for more information.



PHOTO CREDIT: www.navytimes.com

Are you a CFL or ACFL?

Questions about NAVADMIN, FEP, or need help with conducting a Command PT? Please reach out to the Fitness Director, Jennifer Albanese, with your contact information: Jennifer.m.albanese.naf@us.navy.mil

COMMAND CHALLENGE

★ ★ ★ NAS SIGONELLA 2026

SATURDAY, JUNE 6

COMMAND TEAMS WILL BATTLE THROUGH MENTAL AND PHYSICAL CHALLENGES.
CAPTAIN'S CUP POINTS WILL BE AWARDED TO THE COMMAND THAT WINS!

MEMORIAL DAY CHALLENGE

MAY 25 - NAS II FITNESS CENTER 10 AM

REGISTRATION: NAS I OR NAS II FITNESS CENTER FRONT DESK

1 MILE RUN

100 PULL-UPS

200 PUSH-UPS

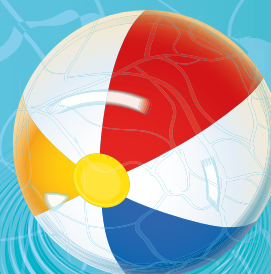
300 SQUATS

1 MILE RUN

MORE THAN JUST A WORKOUT

Aquatics

NAS I x4334 - NAS II x7766



BEGINS MAY 23

SUMMER RECREATION SWIM SEASON

NAS I Splasher's Pool

Open Tuesday - Sunday: 11 am - 6 pm
Open May 25 for Memorial Day



TUESDAYS, 5 & 19

Porte di Catania Mall Shuttle

Depart: NAS II 5:00 pm, NAS I 5:20 pm

Return: 8:00 pm

Liberty is taking a trip to another beautiful mall in Catania! Porte di Catania offers a variety of stores and food spots to enjoy. Sign up at the Liberty Center or register online to reserve a seat on the shuttle.

MAY 8, 12, 22 & 26

Centro Sicilia Mall Shuttle

Depart: NAS II 5:00 pm, NAS I 5:20 pm

Return: 8:00 pm

Centro Sicilia is the place to go if you want to buy a new outfit or enjoy some fast food! Be sure to stop by the Liberty Center or register online to snag a seat!



WEDNESDAY, 27

Liberty Snack: Monkey Bread

Time: 11:30 am (while supplies last)

Liberty is serving up Monkey Bread — sweet, sticky, pull-apart goodness that's basically happiness you can eat. Swing by, grab a plate, and let yourself indulge in a treat that's perfect for sharing... or not, we won't judge.



SATURDAY, 30

Taormina Town Shuttle

Depart: NAS II 9:30 am, NAS I 9:50 am

Return: 4:00 pm **Cost:** \$15

Hop on the Town Shuttle to Taormina and turn a simple ride into a mini adventure! Sit back, relax, and enjoy the scenic journey through charming streets, stunning views, and all the sights Taormina has to offer. Whether you're sightseeing, shopping, or just soaking up the day, the shuttle makes getting there half the fun - no map-checking required.

SUNDAY, 31

Liberty Blue Moon Hike

Depart: NAS II 6:00 pm, NAS I 6:20 pm

Return: 11:00 pm **Cost:** \$15

Join the Liberty Center for the first and only blue moon hike of the year! Enjoy not only the hike on the beautiful Mt. Etna but also the stunning view of the full moon.



Eligibility

E1-E6, Active Duty Military or Unaccompanied Military. All programs are held at the Liberty Center on NAS II unless otherwise stated.

MONDAY, 4

Movie Marathon: Star Wars

Time: 9:00 am - 7:00 pm

Join the Liberty Center on May the 4th for a Star Wars movie marathon that is out of this world. Spend the day watching back-to-back films, kicking back with friends, and enjoying chocolate-covered pretzels. May the fourth be with you!

WEDNESDAY, 6

Liberty Lunch: Chicken Fettuccine Alfredo

Time: 11:30 am (while supplies last)

Liberty is dishing out chicken fettuccine alfredo — creamy, comforting, and guaranteed to make your lunch break the highlight of your day. Swing by, grab a plate, and treat yourself to a classic that understands the assignment. Forks up, responsibilities down (at least for a little while).



MONDAY, 11

Namaste and Nourish

Time: 5:30 - 6:30 pm **Location:** Liberty Center | NAS II Turf Field

Stretch, breathe, and refresh! Join the Liberty Center for a revitalizing yoga session that will leave your body and mind feeling energized. After class, treat yourself to a delicious, healthy smoothie and fuel your day the right way.

WEDNESDAY, 13

Lunch Snack: Chili Dogs

Time: 11:30 am (while supplies last)

Liberty Lunch is serving up classic Chili Dogs - hearty, flavorful, and perfect for a midday pick-me-up. Stop by for a satisfying lunch and enjoy a tasty favorite in a relaxed atmosphere.



SATURDAY, 16

Ortigia Town Shuttle

Depart: NAS II 9:30 am, NAS I 9:50 am **Return:** 4:00 pm **Cost:** \$15

Heading to town? Catch the Ortigia Shuttle and make getting there the easiest part of your plans. Skip the parking stress, enjoy the ride, and let us handle the transportation while you focus on exploring, shopping, or just soaking in all the many marvels it has to offer.

WEDNESDAY, 20

Liberty Snack: Pigs in a Blanket

Time: 11:30 am (while supplies last)

Liberty Lunch is bringing out Pigs in a Blanket - perfectly wrapped, bite-sized bundles of joy that make lunchtime way more exciting. Stop by, dig in, and experience the magic of a classic snack that makes everything taste better.



FREE ADMISSION



FRIDAY, MAY 29
COUNTRY
NIGHT

8 PM - 12 AM

**DUST OFF YOUR BOOTS, GRAB YOUR COWBOY HATS,
AND JOIN US FOR A HIGH-ENERGY NIGHT FEATURING LIVE COUNTRY
MUSIC, A PROFESSIONAL FLOOR SHOW, AND GUIDED LINE DANCING
FOR ALL SKILL LEVELS.**



18+ ONLY



MAY **TWENTY** **26**



MWR DIRECTORY

TO CALL COMMERCIAL: +39 095 56 xxxx
+39 095 86 xxxx

ADMIN OFFICE

MWR Administration

Phone 624-3968

Mon - Fri: 7:30 am - 4 pm
Sat, Sun & Holidays: Closed

NAF Personnel Office

Phone 624-0522

Mon, Wed - Fri: 7:30 am - 4 pm
Tues: 12:30 - 4 pm
Sat, Sun & Holidays: Closed

FITNESS

Adult Sports Coordinator

Phone 624-3785

NAS I Fitness Center

Phone 624-4483

Mon - Fri: 5 am - 9 pm
Sat, Sun & Holidays: 8 am - 3 pm
24-Hour access can be granted.
Register at NAS I or NAS II
Front Desk.

NAS II Fitness Center

Phone 624-5243

Mon - Fri: 5 am - 9 pm
Sat, Sun & Holidays: 8 am - 3 pm
24-Hour access can be granted.
Register at NAS I or NAS II
Front Desk.

Skate Park NAS I

TEMPORARILY CLOSED

AQUATICS

Splasher's Pool NAS I

Phone 624-4334

Lap Swim:
Mon, Tues & Fri:
10:30 am - 1:30 pm
Wed & Thurs: 3 - 6 pm
Sat & Sun: Closed

Rec Swim Begins: May 23

NAS II Flight Line Pool

Phone 624-7766

Lap Swim:
Mon - Fri: 5:30 - 8:30 am,
10 am - 2 pm & 3 - 6 pm
Sat: 10 am - 4 pm
Sun: Closed

COMM RECREATION

Liberty Center NAS II

Phone 624-5602

Mon - Fri: 9 am - 7 pm
Sat, Sun & Holidays:
10 am - 7 pm

**Trips and Tours;
Equipment Rental;
Compass & Chart Room
Reservations**

Phone 624-4396 or 624-4777

Mon - Fri: 9:30 am - 5:30 pm
Sat, Sun & Holidays: Closed

COMM RECREATION

Library NAS I

Phone 624-3875

Mon, Wed - Fri: 9 am - 5 pm
Tues: 9 am - 7 pm
Sat: 10 am - 4 pm
Sun & Holidays: Closed

CYP

CDC at Youth Complex

Phone 624-1750

Mon - Fri: 6 am - 6 pm
Sat, Sun & Holidays: Closed

SAC (School Age Care)

Phone 624-3712

Mon, Tues, Thurs & Fri:
6 - 8 am & 2:30 - 6 pm
Wed: 6 - 8 am & 1:30 - 6 pm
No School Days: 6 am - 6 pm
Sat, Sun & Holidays: Closed

School Liaison Office

Phone 624-3712 or 624-1750

Youth Complex: Teen Center & Youth Sports

Phone 624-1750 or 624-1747

Mon, Thurs & Fri: 2 - 6 pm
Tues & Wed:
On NAS I (YC Closed)
No School Days: 12 - 6 pm
Sat, Sun & Holidays: Closed

BUSINESS ACTIVITIES

Auto Skills Center NAS II

Phone 624-5244

Thurs - Sat: 9:30 am - 5:30 pm
Sun - Wed & Holidays: Closed

Midtown 2 Theaters

Phone 624-4216

Please See Movie Schedule

Spare Time Bowling

Phone 624-4302

Mon: Closed
Tues - Thurs: 11:30 am - 8 pm
Fri & Sat: 12:30 - 9 pm
Sun: 11 am - 6:30 pm

Connections NAS I

Phone 624-4264

Fri & Sat: 5 pm - 12 am
Sun - Thurs: Closed

568 Lounge NAS II

Phone 624-5603

Sun - Thurs: 5 pm - 12 am
Fri & Sat: 7 pm - 2 am

Please check our website throughout the month
for the most updated hours.



GET SOCIAL



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App

WWW.NAVYMWRSIGONELLA.COM