

WELCOME TO NAS SIGONELLA

NAS 1



NAS 1 Food Court/ Commissary

Food Court Options:

- Subway
- Taco Bell
- Hawaiian Poke Bowl
- Dunkin' Donuts

*Food Court Hours vary**

Food Court is next to the Commissary

Commissary Hours:

- Mon: 1000-1700
- Tues-Fri: 1000-1900
- Sat-Sun: 1000-1800
- Salad/ Fruit Bar



NAS 1 Midtown

- Movie Theater
- Spare Time Bowling
- Fitness Center
- Connections Bar
- MWR Trips, Tours, & Equipment Rentals

- Chock Full O' Nuts
- Pizza Hut

Additional Facilities on NAS 1:

- Library
- Fleet & Family Support Center



Off-base Options

Across the street from NAS 1

Bar & Restaurants:

- Tap House Sigonella
 - +39 095 832 0607

- Days Inn Pub Sigonella
 - +39 342 802 2540

NMCRS:

- Mon-Fri: 0930-1430
- +39 348 903 1596
- NAS 1, Bldg. 319, Room 1145

Navy Exchange (NEX) Hours:

- Mon-Fri:
1000-1900
- Sat.-Sun:
1000-1800



WELCOME TO NAS SIGONELLA

NAS 2



Food & Drink Options

Ristorante Bella Etna (Galley):

-Located in Bldg. 533

- 0630-0830
- 1100-1300
- 1600-1800

-Holidays & Weekends

- 0700-0900
- 1100-1300
- 1600-1800

Galley prices:

- Breakfast: \$4.50
- Lunch: \$7.25
- Dinner: \$6.25



Food Options:

- Subway, Bldg. 562
- Big Al's, Bldg. 568
 - Pizza, burgers, wings, etc.
- 568 Lounge, Bldg. 568
 - Bar

*All located near the
Liberty Center, Bldg. 568*

NAS 2 Liberty Center

*For Single Active Duty & Geo-Bachelors Only**

- Free WiFi
- Lounge access
- Computers
- Games
- Movie Theater space
- Pool Tables
- Ping Pong Tables
- For reservations, call:
+39-095-86-5602
- Located at Bldg. 568



Facilities

Mini Navy Exchange Hours:

-Mon.-Fri.

- 1000-1900

-Sat.-Sun.

- 1000-1800



USO Sigonella

- +39 344 561 8576
- www.uso.org
- Located in the Air Terminal

*"The USO strengthens the well-being
of the people serving in America's
military and their families."*



WELCOME TO NAS SIGONELLA

NAS 1 & 2



NASSIG Lodging

Navy Lodge

- NAS 1, Front Desk in Bldg. 313
- Open 24/7
- +39 095-095-7130190
- navylodge.sigonella@nexweb.org



Navy Gateway Inn & Suites

- NAS 2, Front Desk in Bldg. 558
- Open 24/7
- +39 095-86-6823/2926
- ngissigonella@nexweb.org



NAS 1 & 2 Amenities

Community Bank:

- Mon-Fri: 0900-1600
- ATMs available 24/7
- NAS 1, Bldg. 318
 - +39-095-713-0711
- NAS 2, Bldg. 471
 - +39-335-134-1232



Post Office:

- Mon-Fri: 0900-1600
- NAS 1, Bldg. 318
 - +39-095-86-477
- NAS 2, Bldg. 720
 - +39-095-86-5915
 - Closes Tues at 1400



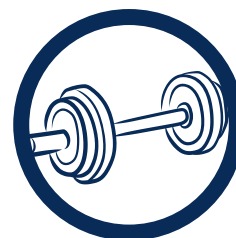
Navy Federal Credit Union:

- Mon-Fri: 0900-1600
- ATMs available 24/7
- NAS 1, ATM at Bldg. 225
- NAS 2, Bldg. 542 & ATM
 - USA #: 1-888-842-6328
 - From Italy #: 800-180-090



NAS 1 & 2 Fitness Hours:

- Mon-Fri: 0500-2100
- Sat-Sun: 0800-1500



Fire & Emergency Services

- Non-Emergency: +39-095-56-5225
- Emergency: +39-095-56-1911

WELCOME TO NAS SIGONELLA HOSPITAL



Navy Medicine Readiness & Training Command

Services Offered:

- Anesthesia
- Audiology
- Case Management
- Dental, General & Specialties, Orthodontics
- Educational & Developmental Intervention Services (EDIS)
- Emergency Medicine & Urgent Care
- Family Medicine
- General Surgery
- Immunizations
- Internal Medicine
- Laboratory Medical Readiness
- Mental Health & Substance Abuse
- Multi-Service Ward (Hospital Inpatient Care)
- Nutrition Services/ Health Promotions
- Obstetrics, Gynecology, and Women's Health
- Occupational Health
- Ophthalmology
- Optometry
- Orthopedics
- Pediatrics
- Pharmacy (New starts and emergency requests)
- Physical Therapy
- Podiatry
- Respiratory therapy (PFT)
- Radiology

Located on NAS 1 near the NEX

***To schedule a medical appointment,
call Patient Administration:***

- Mon-Fri. 0800-1600 at: +39-095-56-2273(CARE)
- After Hours at: +39-335-578-8114

WELCOME TO NAS SIGONELLA VET SERVICES



NAS Sigonella Veterinary Treatment Facility

*For all questions or concerns regarding **pet travel requirements, Health Certificates, and pet medical needs**, please leave a detailed email at:*

usarmy.usag-italy.phc-europe.mbx.sigonellavs@health.mil



Or Call the Front Desk Phone and leave a message.

+39-095-56-4258

VTF Staff will respond to your inquiries as quickly as possible.

We appreciate your patience and cooperation.

WELCOME TO NAS SIGONELLA RESOURCES



NMCRS Info:



- Thrift Shop
- Offering financial assistance, if needed. Please call for details
- +39 348 903 1596
- Mon-Fri: 0930-1430
- NAS 1, Bldg. 319, Room 1145

USO Info:

- Support for Troops
- Family & Community Programs
- Information & Events
- +39 344 561 8576
- www.uso.org
- NAS 2 Air Terminal



MWR Info:



*For any questions with the following programs,
please visit the MWR website*

- Administration
- Fitness Centers
- Community Rec/ITT
- Library
- School Age Care (SAC)
- Midtown
- Liberty Center
- Marinai Youth Complex
- Connections
- Auto Skills Center
- 568 Lounge
- Child Development Center (CDC)



**American
Red Cross**

Red Cross Info:

For emergency communication messages and financial assistance

- Download the Red Cross App
- Call +1-877-272-7337
- Located on NAS 1, Bldg. 318, Rm 1201
- sigonella@redcross.org
- +39-095-86-4900
- www.redcross.org



WELCOME TO NAS SIGONELLA SOCIAL MEDIA



For official updates and info, follow our social media pages!

  @nassig.official

Instagram:



Facebook:



Instagram:



Facebook:



LET'S TALK!



Mental Health Resources for the NAS Sigonella Community

Emergency Crisis on base dial 911, off base dial 095-86-1911

Fleet and Family Support Center

FFSC services are open to all U.S. military personnel, civilians, contractors and family members. Counseling is available for individuals (adult, adolescents, and youth), couples and families.

- Office phone: 095-56-4291 / DSN 624-4291
- Virtual Counseling: 1-855-205-6749

Chaplain

Chaplains offer 100 percent confidential counseling with no reporting requirements on a wide variety of issues to religious and non-religious personnel. Chaplain services are open to all military personnel, civilians, contractors and family members.

- Office phone: NAS I 095-56-3975 / DSN 624-3975 and NAS II 095-86-9049 / DSN 624-9049
- After hours duty phone: 335-831-4493

Military & Family Life Counselors

Military & Family Life Counselors provide confidential non-medical counseling, consultation and outreach services both on and off military installations to eligible faculty, staff, parents, children and youth and adults.

- Adults: 331-451-8050
- Child & Youth Programs: 349-518-4087
- Elementary School: 345-508-1573 and 347-405-0244
- Middle High School: 349-513-8411

U.S. Naval Hospital Sigonella

Adult services are available upon referral from a primary care manager. Services are open to all military personnel and adult family members. Limited services are available for adult civilians and contractors.

- Behavioral Health: 095-56-4222 / DSN 624-4222
- Child Guidance Clinic - space available mental health assessment and treatment for children age 2-21 (in a student status). DSN 624-4536 or 095-56-4536.

Employee Assistance Program

Employee Assistance Program (EAP) links employees and their families to a wide variety of qualified local services and provides licensed confidential support to help with difficult issues.

- Department of the Navy Civilian (APF) EAP: 001-888-320-2917 or 001-888-262-7878
- NAF EAP: 001-800-932-0034

Military OneSource Counseling

Counseling services are open to all U.S. military personnel and family members.

- 24/7 Worldwide toll-free: 00-800-342-9647
- 24/7 Worldwide collect: 001-703-253-7599
- 24/7 Telecom Italia: 800-172-405
- 24/7 Online chat <https://livechat.militaryonesourceconnect.org/chat>



RELIGIOUS MINISTRIES DEPARTMENT



Like and join the [NAS Sigonella Chapel](#) Facebook Page.

NAS 1 CHAPEL

TUESDAY	Roman Catholic Mass	1215
	Protestant Women of the Chapel (PWOC)	0900 1700
WEDNESDAY	Marinai Family Protestant Bible Study	1800
THURSDAY	Roman Catholic Confession	1630
	Roman Catholic Adoration	1700
	Protestant Youth Group	1730
SATURDAY	Roman Catholic Vigil Mass	1700
	Seventh Day Adventist (Bi-Weekly)	1100
SUNDAY	Roman Catholic Confession	0815
	Roman Catholic Mass	0900
	Protestant Worship Service	1100
	Southern Baptist Church Service	1600

NAS 2 CHAPEL

M/W/TH	Roman Catholic Mass	1130
TUESDAY	Roman Catholic Confession	1630
	Roman Catholic Eucharistic Adoration	1700
THURSDAY	Roman Catholic Mass	0730
	Men's Bible Study	1800
SATURDAY	Catholic Vigil Mass	1700
SUNDAY	The Church of Jesus Christ of Latter-day Saints Service	1330

NAS 1 OFFICE

095-56-3975

DUTY CHAPLAIN

335-831-4493

NAS 2 OFFICE

095-86-2382

DUTY RP

335-786-1950



Legal Assistance Services

Notary Services

- Special Powers of Attorney
- Survivor Benefit Plans
- Information Requests/Releases
- Real Estate Documents*
- Affidavits

*Appointment Required

Attorney Advice

(Military/JAG & Italian,
Appt. Required)

- Family Law
 - o Marriage / Divorce
 - o Child Custody + Support
 - o Paternity
- Consumer Law
 - o Contract Issues and Review
 - o Consumer Disputes
 - o Credit Reporting Problems
 - o Debt Collections
- Estate Planning (Wills, Powers of Attorney)
- Landlord / Tenant Disputes
- Servicemembers Civil Relief Act
 - o Reduce Interest on Pre-service Debts
 - o Break Contracts/Leases with Orders
 - o Pausing CONUS Legal Proceedings while OCONUS
- Pre-Deployment Preparation
- Nonsupport of Military Dependents

Powers of Attorney

Draft your own or we can draft them for you!

<https://www.jag.navy.mil/legal-services/special-power-of-attorney/>

- Mail
- Family Care Plan / In Loco Parentis
- Financial Matters
- Household Goods Shipments
- Insurance
- Military Housing
- Personal Property
- PSD / DEERS
- Wine Shipment
- MVRO - Vehicle

US Immigration Assistance

We provide resources for:

- Obtaining Green Card / LPR
- Applying for Naturalization

Sojourner (Soggiorno) Permits

- New Applications
- Renewals (Appointment required)

Claims

- Personnel Claims (HHG & POV)
- Military Claim (Traffic Accident POV/GOV)

Eligibility

Active Duty/Retired + Dependents

DoD Civilians + Dependents

*** Contractors only eligible when "Legal Services" is specified in contract. Call ahead. ***

HOURS OF OPERATION

Mon/Wed/Thur/Fri 0900-1200, 1300-1500

Tuesday 0900-1200