NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Million Dollar Sailor (**V**) **0800-1600** Federal Job Mastery (**V**) **1300-1600**	**3** Million Dollar Sailor (**V**) **0800-1600** Sponsor Training **0900-1200** MBMF Module 1: Stress Resilience (**V**) **1300-1600**	**4** Capstone Day **0800-1200** TAP Education Track **0800-1600** Command Financial Specialist Training (**V**) **0800-1600**	**5** TAP Education Track **0800-1600** Command Financial Specialist Training (**V**) **0800-1600**	**6** Command Financial Specialist Training (**V**) **0800-1600** MBMF Module 5: Problem Solving **0900-1100** Not Dependent **1000-1130** Cool, Calm and In Control: (**V**) Your guide to Mastering Anger **1300-1600**
9 Basic Italian Class **1000-1200** Ombudsman Assembly Meeting **1000-1200** Federal Job Mastery (**V**) **1300-1600**	**10** Arrivederci **0800-1200** MBMF Module 6: Connection (**V**) **1400-1600**	**11** **Veterans Day CLOSED**	**12** Essentials for UNIT leadership SAPR, FAP, SAIL, CO Toolkit/ MRE 514 **0900-1100** Car Buying Strategies (**V**) **1500-1600**	**13** MBMF Module 6: Connection **0900-1100** Home Buying (**V**) **2100-2200**
16 Boots to Business: Europe OCONUS (**V**) **0800-1200** TAP Class **0800-1600** Basic Italian Class **1000-1200** Federal Job Mastery (**V**) **1300-1600**	**17** Boots to Business: Europe OCONUS (**V**) **0800-1200** Intercultural Relations **0800-1530** TAP Class **0800-1600** Consumer Awareness (**V**) **2100-2200** MBMF Module 2: Mindfulness and Meditation (**V**) **1400-1600**	**18** Capstone Day **0800-1200** TAP Class **0800-1600** MBMF Module 3: Living Core Values (**V**) **1400-1600** Holiday Cheer without Financial Fear (**V**) **1500-1600**	**19** TAP Vocational Track: Career and Credential Exploration (C2E) **0800-1600** MBMF Module 4: Flexibility (**V**) **1400-1600**	**20** TAP Vocational Track: Career and Credential Exploration (C2E) **0800-1600** MBMF Module 6: Connection **0900-1100** Cool, Calm and In Control: Your guide to Mastering Anger (**V**) **1300-1600**
23 Basic Italian Class **1000-1200** Federal Job Mastery (**V**) **1300-1600**	**24** MBMF Module 5: Problem Solving (**V**) **1400-1600**	**25** MBMF Module 6: Connection (**V**) **1400-1600**	**26** **Thanksgiving Day CLOSED**	**27** TSP Basics for Navy Life (**V**) **2100-2200**
30 Basic Italian Class **1000-1200** Federal Job Mastery (**V**) **1300-1600**				

(V) Virtual Class on www.mynavyfamily.com

- TRANSITION SERVICES
- FAMILY EMPLOYMENT READINESS
- FINANCIAL MANAGEMENT
- RELOCATION SERVICES
- COUNSELING AND ADVOCACY PROGRAM
- LIFE SKILLS
- OMBUDSMAN PROGRAM
- NEW PARENT SUPPORT
- CLINICAL SERVICES
- EXCEPTIONAL FAMILY MEMBER PROGRAM

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