



Highlights of the Month

- *Autumn Fest*
- *Halloween Events*
- *Pink Ribbon Run*

 OCT **TWENTY
25**



SIGONELLA Autumn Fest 2025

SAT, OCT 25

NAS | 4-8 PM



NEW

TEEN ZONE WITH VIDEO GAMES

HAUNTED MOVIE ON THE COURT



NEW



NEW

18+ OUTDOOR LOUNGE AREA

CORNHOLE TOURNAMENT INFLATABLES TRUNK OR TREAT FOOD BOOTHS BEER TENT WITH STEINS

WWW.NAVYMWRSIGONELLA.COM/AUTUMNFEST



SPONSORED BY



**NO NAVY
ENDORSEMENT
IMPLIED**

Eligibility

The Youth Complex teen program is free but registration is required. Please visit the Youth Complex in Marinai or call 095-56-1750 for more information. Members must be 11-years-old and have started the 6th grade through 18-years-old and still in high school. There may be field trips or extra opportunities that do require payment to participate.

Check out the Youth Complex Calendar!

You can find more events, clubs and fun happening throughout the month! Pick one up at the Youth Complex in Marinai or email jasmine.t.mailoto.naf@us.navy.mil

FACILITY CLOSURES:

Oct 13 Columbus Day - All CYP Closed

Oct 6, 10 & 24 Field Trips

Check out the Youth Complex Calendar for details about our Schedule!

Mondays: Health/Wellness/Sports/Outdoors

Tuesdays: NAS I Volunteering

Wednesdays: NAS I Activities

Thursdays: Education/STEM/Arts

Fridays: Major Events/Misc. Workshops

FRIDAY, 3**MYOY: Interest Orientation**

Location: Youth Complex (potentially available online as well)

Time: 5:00 pm **Ages:** 14-18

Any eligible teen is encouraged to attend this orientation to learn about the 2025-2026 BGCA local Military Youth of the Year competition. Throughout this process, teens will have the opportunity to hone in on their leadership skills, brush up on their resume writing, build their confidence in public speaking, and represent NASSIG! Teens will be able to complete the google form if they haven't already done so to express their interest, and ask any questions to help them figure out if this is the adventure best fit for their chance to win the local title and travel to Germany for Regionals!

SATURDAY, 25**Autumn Fest Volunteer Opportunity**

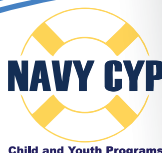
Location: NAS I Midtown **Time:** 4:00 - 8:00 pm **Ages:** 14-18

Volunteer to help at the trunk-or-treat at this year's Autumn Fest! Passing out candy, dressing up in costume, helping with decorations or even adding comic relief are a few of the opportunities. Please see Ms. Jasmine to sign-in for volunteer hours.

Employee of the MONTH AUGUST 2025

Gnintou Webike Mindamou
CYP INFANT TEACHER

Bijou is inspirational and cares so much for the kids! She is knowledgeable and compassionate as well. She creates engaging lesson plans and ensures a safe and nurturing environment for the children. Bijou steps in to support coworkers and has a positive impact on the families and kids that she works with every day. Thank you, Bijou, for all that you do for the families of the Sigonella Community!

**ALL MONTH****Community Puzzles**

Time: Regular hours of operation

Puzzles can be a way to reduce stress and anxiety, improve mood, and provide a sense of calm. They require you to focus on the present moment and let go of distractions. Come spend a relaxing afternoon making connections at the library.

EVERY WEDNESDAY**Early Literacy: Full STEAM Ahead**

Time: 10:30 - 11:15 am **Ages:** 1-5 and caregivers

Join us to jump-start early literacy skills for toddlers and preschoolers! Caregivers and children will learn together while we sing, read, play, and grow. This program is best suited for pre-readers (ages 1-5) and their caregivers.

SATURDAY, 11**Wine Cork Pumpkins**

Time: 10:00 am - 4:00 pm **Ages:** 18+ **Cost:** Free

Bring your wine corks from home or use some of ours to assemble a pumpkin decoration to adorn your home or give as a gift. While supplies last.

**TUESDAY, 14****Custom Canvas Bags**

Time: 3:00 - 6:00 pm **Ages:** All ages welcome **Cost:** Free

Unleash your inner artist using stencils and other art supplies to decorate your own custom canvas bag. Perfect to use for trick-or-treating, books or whatever your heart desires. (While supplies last).

**WEDNESDAY, 29****Not-So-Spooky Storytime**

Time: 10:30 - 11:15 am

Ages: Children 1-5 and their caregivers

Today's storytime will be Halloween-themed, but not so spooky! We will read two stories and enjoy a fun craft. Costumes are encouraged!

Youth Sports

Winter 2026

YSF PAGE

**BASKETBALL & INDOOR CHEER**

Registration Begins: Nov 18

Season Begins: Jan 26



x4248

Midtown 2 Theaters

Cost: \$6 Adults (12 years & older)
\$4.50 Kids (6-11 years old) Free (5 years & under)
Visit www.navywmwrsigonella.com/movies
for showtimes.

WEDNESDAY, 8

Early Release Wednesdays: Mufasa (2024, PG)

Time: 2:00 pm **Eligibility:** Students & Teachers

Cost: Free Admission

Are you a student or a teacher? Spend your early release from school unwinding with a free movie every 2nd Wednesday of the month. Grab your friends and enjoy some cinema magic on us!

TUESDAY, 14

My Way Matinée: Zootopia (2016, PG)

Time: 10:30 am **Cost:** Free Admission

Enjoy a sensory-friendly movie experience with dim lights and lower sound volume for all ages! Available the third Tuesday of every month.

WEDNESDAY, 15

Way Back Wednesdays: The Sixth Sense (1999, PG-13)

Time: 7:00 pm **Cost:** Free Admission

Enjoy a classic movie at Midtown 2 Theaters, featuring the movie "The Sixth Sense" (1999, Rated PG-13). Concessions will be available for purchase.

FRIDAY, 31

Halloween Horror: The Exorcist (1973, R)

Time: 7:30 pm **Ages:** 18+ **Cost:** Free Admission

This Halloween, we are summoning a classic from the depths of cinematic horror: "The Exorcist" (1973, Rated R). (This free showing is strictly for 18+ only)



Bowling Center

x4302

Beginning **October 1**, Spare Time Bowling will update their pricing.
Please see front desk for more details.

FRIDAYS, 10, 24 & 31

Teens No School Glow Tournament

Time: 11:30 am - 1:00 pm **Ages:** 13-18

Cost: \$10 per person, including 2 games and shoe rental

Roll on down to Spare Time Bowling for our special No School Glow Tournament--a cool and vibrant competition completely made for Sigonella teens! This 3-week tournament will conclude with a competition in which each participant will compete dressed up in their best spooky outfits! Come to Spare Time Bowling to register your team and get all the tournament rules. The top 3 teams will win a trophy!

FRIDAY, 10

No School Glow Bowl

Time: 11:30 am - 4:00 pm **Cost:** \$5 per person

No school? Enjoy unlimited glow bowling including shoes for just \$5 per person!



FRIDAY, 31

Bowl-o-ween

Time: 2:00 - 9:00 pm **Cost:** \$10 per person including unlimited games, glow bowl, shoe rental and bag of candy

Get into the halloween spirit at Spare Time! Join our spooktacular costume contest for a chance to win a 1-month bowling pass! Don't miss this eerie-sistible deal for a ghoulishly good time.



Racquetball Tournament
Begins: Oct 20

Registration Deadline: Oct 17
Self-Officiated Tournament

Volleyball Tournament
Begins: Oct 21

Registration Deadline: Oct 17
NAS II Fitness Center | **8 Team Max**

Eligible Patrons: Active duty, NATO
& DoD ID cardholders **Cost:** Free **Ages:** 18+
For registrations and more information, contact
the Adult Sports Coordinator, Angelina Gott at
sig-mwr-fitness@us.navy.mil or **624-3785**.

18+
ONLY



**BOWLING
LEAGUE**

EVERY FRIDAY
OCT 17 - NOV 21
7:00 PM

Co-Ed Bowling League

All teams must consist of 2 females & 2 males.

All participants must compete with/for the command they are attached to.

NAS I Spare Time Bowling | \$2 Shoe Rental

For more information or to register by Oct 14,
please email sig-mwr-fitness@us.navy.mil or call **095-56-3785**

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on leave to insurable locations.**



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LEISURE SKILLS CLASSES

CLASSES / Register with Community Recreation

001

Autumn Door Hanger

Wednesday, Oct 8 | 6-8 p.m.

MWR Classroom | Ages 18+

\$25/\$20 Liberty

Patrons will use stencils to design an Autumn or Halloween themed 12" round door hanger. All materials will be provided.



002

Pumpkin Painting: Youth Class

Wednesday, Oct 15 | 2:30-4:30 p.m.

MWR Classroom | Ages 8+

\$15

Youth patrons will learn how to paint a Jack O'Lantern Topiary step by step on canvas. All materials will be provided.

003

Calligraphy: Wood Project

Wednesday, Oct 22 | 5:30-6:30 p.m.

MWR Chart Room | Ages 10+

\$40/\$35 Liberty

Create a personalized piece on your choice of wood in this hands-on calligraphy workshop. Choose from a Sicily-shaped hanging plaque or a wooden cutting board for your kitchen. Hand-letter your last name or short phrase of your choice.



Registration Deadlines

Sicily-shaped plaque: **October 15** • Wooden cutting board: **October 21**

x4777

Community Activities

Registration for classes is available at Community Recreation or the Liberty Center. Please refer to each class description for any registration deadlines.

FRIDAY, 3

Movie on the Lawn: Hotel Transylvania (2012, PG) 

Location: Marinal Soccer Fields **Time:** 7:00 - 9:30 pm

Cost: Free Admission **Ages:** All ages welcome

Bring your blankets, low-lying chairs and your favorite spooky snacks and get cozy under the night sky for a monstrously fun evening watching Hotel Transylvania. Arrive early to grab the best spot!

WEDNESDAY, 8

Indoor Belay Certification

Location: "The Cave" Rockwall **Time:** 2:00 - 5:00 pm

Ages: 14+ **Cost:** \$30/\$25 Liberty **Registration Deadline:** Oct 7

This class will walk you through the steps of belaying a climber. To earn your Belay Certification Card, each participant must be able to show the ability to tie knots correctly and safely belay an actual climber.

FRIDAY, 17

Fright Night: The Blair Witch Project (1999, R) 

Location: NAS II Turf Field **Time:** 7:00 - 9:00 pm

Showtime: 9:00 pm **Ages:** 18+ **Cost:** Free Admission

Step into the woods for a chillingly fun outdoor movie experience. Watch The Blair Witch Project under the stars while enjoying an on-site pop-up bar serving themed cocktails. Before the movie begins, bounce around in adult-sized inflatables, indulge in enchanted elixirs and let your future be revealed by palm and oracle readings. Do you dare to have your photo hung on our eerie missing persons wall?!

x5603

568 Lounge

EVERY WEDNESDAY & FRIDAY

Karaoke Night

Wednesday: 8:00 pm - 12:00 am **Ages:** 18+

Friday: 9:00 pm - 2:00 am **Ages:** 18+

EVERY SATURDAY

DJ Nights

Time: 9:00 pm - 2:00 am **Ages:** 18+

FRIDAYS, 10 & 24

Latin Dance Lessons

Lessons: 8:30 - 10:00 pm **Dancing:** 10:00 pm - 2:00 am

Ages: 18+ **Cost:** Free Admission

MWR is hosting Salsa, Bachata & Merengue lessons in our newly renovated facility, 568 Lounge, on NAS III! Join us for lessons and then spend time afterwards practicing by dancing the night away!

Auto Skills Center

x5244

Diagnostic Computer

\$20 - Scan for engine fault codes or lights on the dashboard.
Compatible with all vehicle makes and models.

Oil in Stock!

We offer oil change assistance with Fully Synthetic 0W20, 5W30, and 5W40 premium engine oil for all vehicle types.

\$48 for four liters/quarts
+ \$12 per additional liter/quart.

Bring your own filter, or we can order it with two day delivery (for most vehicles).

Rent the lift!

Indoor lift bay + access to tools! **\$5 per hour.**

Nail in your tire?

We can fix it! **Tire Plugs \$5.**

Leaky valve stem?

We have them in stock **for \$1.**

AC needs freon?

AC Recharge \$15 + refrigerant.

We have freon in stock!
AC Leak Testing also available.

FREE
ADMISSION
18+

HALLOWEEN PARTY

**FIVE
SIX
EIGHT
LOUNGE**

**FRIDAY
31
OCTOBER
8 PM - 2 AM**

MONSTROUSLY GOOD DRINKS
COSTUME CONTEST WITH PRIZES
AND KILLER TUNES TO KEEP YOU DANCING ALL NIGHT LONG



x4777 - X4396

Trips & Tours

Pick Up & Drop Off

NAS I: CDC Parking lot. **MARINAI:** In front of Youth Complex.**NAS II:** Flight Line Clinic parking lot. Return times are subject to change.

All children 17 years and younger must be accompanied by a parent or guardian on ALL trips. Children 3-11 are 1/2 price on all tours, unless otherwise noted. Children 2 and under are free.

Bellini Theater

Don Pasquale

Opera



SATURDAY, 18

Depart: NAS I 4:00 pm (Only Departure)**Return:** 11:00 pm **Floor Seats:** \$75**Gallery Seats:** \$50 (Includes transportation, guide and theater ticket)

Follow this comic opera about a wealthy, elderly bachelor, Don Pasquale, as he navigates marriage, secret schemes and family drama.

SATURDAY, 4

Olive Harvesting: Bastonaca Winery**Depart:** NAS II 8:30 am, Marinai 8:45 am, NAS I 9:00 am**Return:** 6:00 pm **Cost:** \$80 (Includes transportation, guide, lunch, and entertainment)

Join us as we experience a typical day of olive harvesting at Bastonaca Winery. Afterward, enjoy a lunch comprised of seasonal foods from the harvest and wine from the vineyard.

SATURDAY, 11

Grape Harvesting: Gambino Winery**Depart:** NAS II 9:00 am, Marinai 9:15 am, NAS I 9:30 am**Return:** 5:30 pm **Cost:** \$75 (Includes transportation, guide, harvesting, wine tasting, and lunch)

It's grape harvesting season on Mt. Etna! Assist Gambino Winery in picking fresh grapes off the vine. Be sure to wear comfortable shoes and bring a change of clothes for after the harvest. The owners are delightful and the food is always delicious. Following the harvest, relish in a wine tasting and lunch while taking in the magnificent sights.

SUNDAY, 12

Agrigento: Valley of Temples & Lunch**Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am**Return:** 7:00 pm **Cost:** \$80 (Includes transportation, guided tour, entrance fees and lunch)

Originally founded as a Greek colony in the 6th century B.C., Agrigento became one of the leading cities in the Mediterranean world. The town of Agrigento is known for its spectacular Valley of Temples and the sacred area of ancient Akragas which is one of the most important colonies of the Greek Empire. Tour Agrigento's Valley of the Temples, followed by lunch at a local restaurant. Please choose between the meat or fish option upon registration.

MONDAY, 13

Lombardo Winery & Amaro Averna Distillery**Depart:** NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am **Return:** 6:00 pm**Cost:** \$80 (Includes transportation, guide, wine tasting and lunch) **Ages:** 18+

Start the day with breakfast in Caltanissetta before heading to the Amaro Averna Distillery for a tasting of the locally made product. Afterwards visit the Lombardo Winery, located at 650 meters above sea level, to relax and unwind. This winery has stunning 360-degree views of the Sun Altezza vineyards and unique wines. Enjoy lunch with wine and olive oil tastings while surrounded by the rich history of the ancient Sicilian sulfur mines. The registration deadline for this trip is Friday, October 10.



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THURSDAY, 16**Pottery Shopping in Patti****Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am**Return:** 3:30 pm **Cost:** \$55 (Includes transportation and guide. Bring euro for lunch and shopping)

Tour a small town along the northern coast, founded by the Normans in the 11th Century. Patti plays host to one of the most famous ceramic manufacturers in Italy. Patrons will have the opportunity to purchase hand-painted pottery with discounts ranging from 15-20% off wholesale prices. Afterwards, visit the village of Tindari to see the Black Madonna statue. The registration deadline for this trip is Tuesday, October 14.

FRIDAY, 17**Catania Day Shuttle****Depart:** NAS II 8:30 am, Marinai 8:45 am, NAS I 9:00 am**Return:** 2:00 pm **Cost:** \$20 (Transportation only)

Want to spend some time at the markets, find a new restaurant, or just wander around and shop? Join Community Recreation for a trip to Catania by day.

SATURDAY, 18**Bronte's Pistachio Festival****Depart:** NAS II 9:00 am, Marinai 9:15 am, NAS I 9:30 am **Return:** 6:00 pm**Cost:** \$45/\$40 Liberty (Includes transportation and guide. Bring euro for vendors and food)

Take a train ride to the town of Bronte, home to Sicily's "green gold", the pistachio. Join visitors from all over Italy to taste and discover the pistachio's different gastronomic variations, watch live exhibitions, folk shows and a historical procession.

SUNDAY, 26**Ottobrata: Zafferana****Depart:** NAS II 10:30 am, Marinai 10:45 am, NAS I 11:00 am**Return:** 4:00 pm **Cost:** \$35 (Includes transportation and guide.

Please bring euros for food and shopping)

Join the locals as they celebrate "Ottobrata", the Sicilian version of Oktoberfest. There will be plenty of time to wind through the extensive number of handmade products, craft booths and food booths that line the streets, as well as taste and buy famous Etna honey and other local Sicilian specialties!

**SNEAK PEEK****NOVEMBER 1****Sperlinga, Nicosia & Buffalo Cheese Factory with Beer Tasting****Depart:** NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am **Return:** 7:30 pm **Ages:** 18+**Cost:** \$85 (Includes transportation, guide, entrance fees, lunch, beer and cheese tasting)

On this walking tour, visit the medieval town of Sperlinga and the Norman castle excavated from rocks. Explore the castle, built on top of caves, that has been inhabited by people since 1080. Climb to the top of the castle and take in the beautiful views of the surrounding town and countryside. Nicosia's interesting architecture, both Medieval and Baroque, also offers an impressive number of palaces and churches. This walking tour will be followed by a lunch and 24 Barons beer tasting at the cheese factory, which produces buffalo cheese. Patrons are encouraged to wear comfortable walking shoes.

SNEAK PEEK**NOVEMBER 2****Catania Tattoo Convention****Depart:** NAS II 9:30 am, Marinai 9:45 am, NAS I 10:00 am **Return:** 7:00 pm **Cost:** \$35 (includes transportation and entrance fees) **Ages:** 18+

Lovers of ink, unite! The Palaghiaccio will play host to the annual Tattoo Convention in Catania. This year the event will host even more tattoo artists of national and international importance and offer sales of supplies, books, accessories and clothing. Expect special exhibitions, seminars and live music. It is recommended to make appointments in advance. Deadline to register: October 27.

CATANIA

TATTOO CONVENTION

1/2 NOV 2025

PALAGHIACCIO

VIALE KENNEDY, 8/A CT

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SUNDAY
OCT 19

PINK
Ribbon
RUN 2025

3K run, walk or jog for Breast Cancer Awareness

CHECK-IN: 9 AM
RUN BEGINS: 9:30 AM
MARINAI COMMUNITY CENTER
ALL AGES WELCOME
must have access to marinai

FOR MORE INFORMATION, EMAIL
SIG-MWR-FITNESS@US.NAVY.MIL



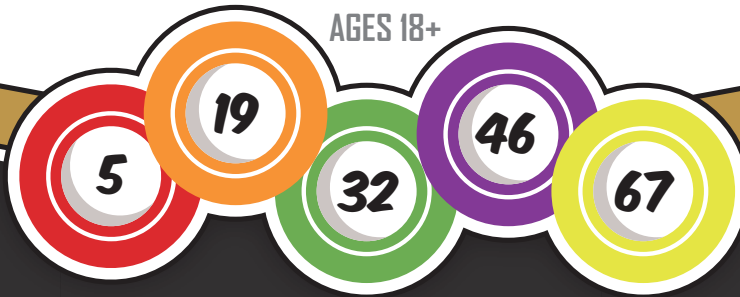
REGISTER BY
OCTOBER 17

6 PM NAS I CHART ROOM

BINGO

THURSDAY NIGHTS

AGES 18+



JACKPOT

\$2,500 - \$8,000

increases \$500/week with no winner

\$1,200
IN CASH PRIZES
given out each night!



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\$25 PACKAGE SALES
START 5 PM
in Connections
\$10 extra jackpot cards available



SIGONELLA EXTREME WARRIORS

FITNESS EXPO OCTOBER 5

REGISTRATION DEADLINE OCT 2



Depart: NAS II 8:30 am, Marinali 8:45 am, NAS I 9:00 am **Return:** 3:30 pm **Ages:** 18+ **Cost:** \$40 (Includes transportation, guide, workout session & BBQ lunch)

Want to test your physical and mental toughness? Learn about Italy's Extreme Warriors Competition and visit a local obstacle course in Nicolosi. During the fitness expo, participate in a variety of exercises and circuits to challenge your strength and agility. Then have an opportunity to put your skills to the test in a race simulation. Finish the day relaxing by the pool and enjoying a Sicilian BBQ lunch.

For more information, contact
Community Recreation at 095-56-4777.

X-Warriors Competition in Molveno, Northern Italy MAY 2026

GET READY FOR IT!

x4777 - X4396

Outdoor Recreation

●●●●● SATURDAYS, 4 & 11

Marzamemi Boat Tour

Depart: NAS II 7:30 am, Marinali 7:45 am, NAS I 8:00 am
Return: 6:00 pm **Ages:** 8+ **Cost:** \$105 (Includes transportation, guide, BBQ lunch, and gear)

Spend a relaxing day sightseeing, swimming, and snorkeling in the spectacular, crystal clear waters of Marzamemi, a small fishing village located on the southeastern coast of Sicily. You will also enjoy a delicious Sicilian BBQ lunch aboard the boat. Bring water, snacks, a swimsuit, a towel, sunscreen, and sunglasses.

●●●●● SATURDAY, 11

Quad Tour: Mt. Etna

Depart: NAS II 7:00 am, Marinali 7:15 am, NAS I 7:30 am **Return:** 5:00 pm
Ages: Children 8+ can ride along with an adult driver **Cost:** \$130 per person (Double rider) | \$180 per person (Single rider) (Includes transportation, guide, quad fees for 3hrs, and lunch)

Discover Etna like never before - on 4-wheels! Hold on as we tour the south side of Etna by quad, viewing everything that makes it so special, including explosive craters and caves, lava flows, charming old buildings, and expansive green forests. This ride will be one for the books! Please note that all drivers must have a valid U.S. Driver's License. (The equivalent of an Italian B or B1 Motorcycle license).

●●●●● SUNDAY, 12

Mt. Bike: Plemmirio Natural Reserve

Depart: NAS II 7:30 am, Marinali 7:45 am, NAS I 8:00 am **Return:** 5:00 pm
Ages: 16+ **Cost:** \$80 (Includes transportation, guide, bike rental, and lunch)

Feel the breeze on your face as we ride along the coast in Siracusa's Plemmirio Natural Reserve. Ride through 12 km of natural wonders and historical areas, and finish the day with lunch in Ortigia.

●●●●● SATURDAY, 18

Hike: Serracozzo

Depart: NAS II 7:00 am, Marinali 7:15 am, NAS I 7:30 am **Return:** 6:00 pm
Cost: \$80 (Includes transportation, guide, wine tasting, and lunch)

Hike along the ridge of Serra delle Concazze up to the Belvedere of Serracozzo on Mt. Etna. Visit a fascinating lava flow cave and cross a birch forest, which is rare at these altitudes. At the top, admire the beautiful and exciting view of the Valle del Bove. After the hike, stop in Linguaglossa at Casa Arrigo for lunch and a wine tasting.

Employee of the MONTH AUGUST 2025

Neilua Amanquah

RECREATION AID

Nei always goes above and beyond to help fellow coworkers including covering shifts at Liberty or in other MWR departments. She is also the first to volunteer to assist with events, including the recent Skate Event, and promotes MWR facilities and services with enthusiasm. Her customer service skills bring a smile to every face that walks into the Liberty Center and can brighten anyone's day. Nei listens to the needs of customers and will help find any answer with positivity and the mentality to serve the Sailors and the community as a whole. She is a great representative of MWR and a valuable member of the team. Thank you, Nei, for everything you do for the Sigonella Community!



Nebrodi Park is a beautiful natural area, off the beaten path near the northern coast of the island. Hike through woodlands and explore the waterfall of Catafulco. The water at the base of the waterfall creates a natural pool called Marmitta dei Giganti, or Giant's Marble. The hike is 4.5 km and will take an estimated 2-3 hours. Wear long pants, good hiking boots and make sure you keep an eye out for the famous Sicilian black pigs! After the hike, enjoy downtime in the town of Floresta to celebrate the Ottobrando Festival. Grab lunch and wander through the extensive number of handmade products, craft booths, and food booths that line the streets.



Are you ready to tackle Mt. Etna? Ascend 3,000 meters (or more) up the mountain to enjoy the view of Sicily! This 8-hour, round-trip hike will take participants to the maximum hiking threshold based on the daily condition of volcanic activity. Due to the nature of the trip, there are a very limited number of spots.



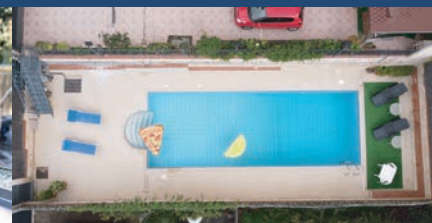
New Place

TEMPORARY LODGING APARTMENTS
& BEAUTY CENTER



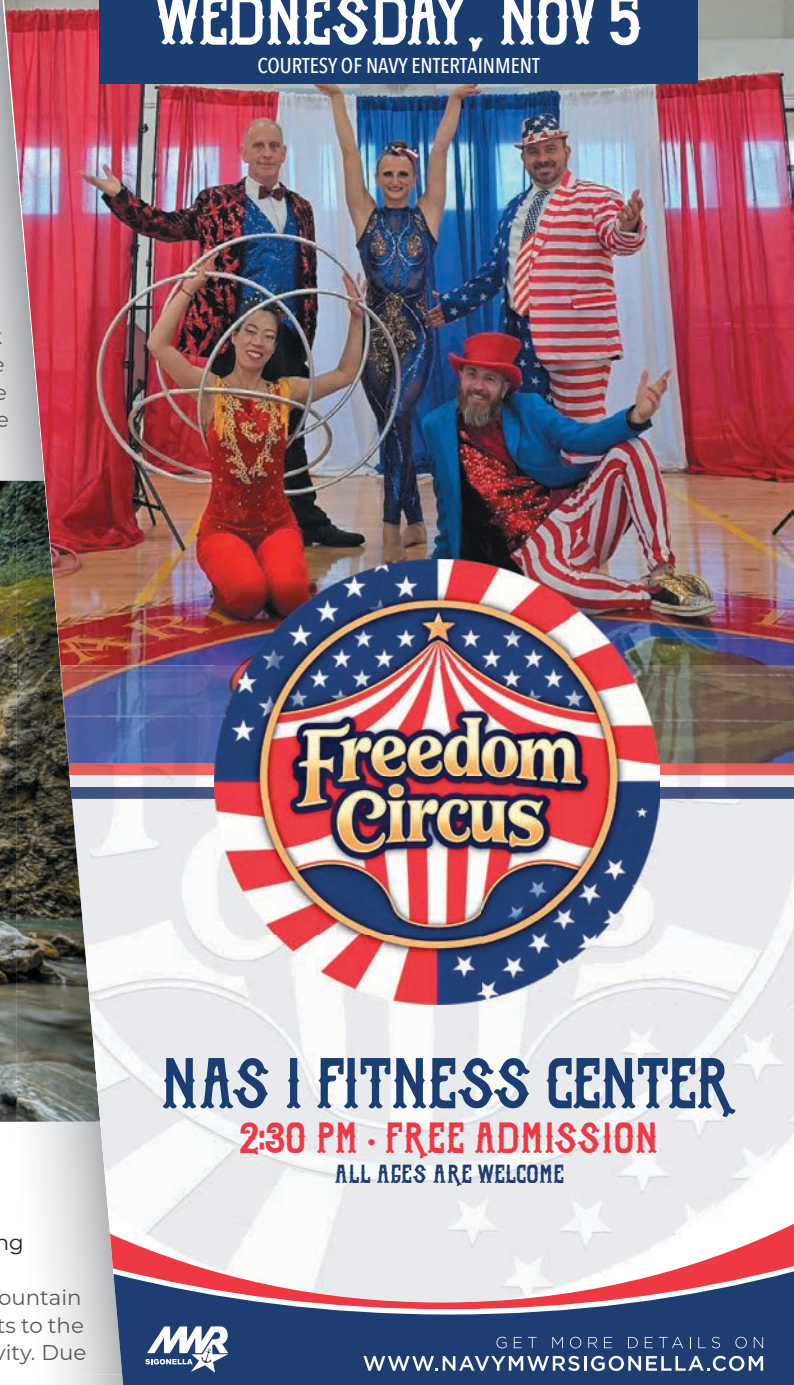
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TUESDAY, 7**Evening - Centro Sicilia****Depart:** NAS II 5:00 pm, NAS I 5:20 pm**Return:** 8:00 pm

Centro Sicilia is the place to go if you want to buy a new outfit or enjoy some fast food! Be sure to stop by the Liberty Center or register online to snag a seat!

FRIDAY, 10**Catania Market Shuttle****Depart:** NAS II 9:30 am **Return:** 1:00 pm

Join the Liberty Center and Health Promotion & Wellness for a guided tour of the Catania market and grocery store shopping. Learn how to purchase in season, local produce to make healthy meals at home. the shuttle.

TUESDAY, 21**Evening - Porte di Catania****Depart:** NAS II 5:00 pm, NAS I 5:20 pm **Return:** 8:00 pm

Liberty is taking a trip to another beautiful mall in Catania! Porte di Catania offers a variety of stores and food spots to enjoy. Sign up at the Liberty Center or register online to reserve a seat on the shuttle.

MONDAY, 6**Full Moon Etna Hike****Depart:** NAS II 4:30 pm, NAS I 4:50 pm**Return:** 10:00 pm **Cost:** \$15

Embrace the outdoors as we take on Mt. Etna during the full moon! Secure your spot at the Liberty Center or register online to partake in a mesmerizing night hike experience on majestic Mt. Etna.

**18+****SATURDAYS****NAS I FITNESS CENTER****OCT 18, NOV 1, 15 & 29 | 9-11 AM****MONDAYS****NAS II FITNESS CENTER****OCT 6, 20, 27, NOV 3, 10, 17 & 24 | 6-8:30 PM**

**OPEN
PLAY
PICKLEBALL**

COME TO LEARN & PLAY!

FOR MORE INFORMATION PLEASE
EMAIL: SIG-MWR-FITNESS@US.NAUV.MIL
OR CALL: 095-56-3785

Liberty Center**x5602****Eligibility**

E1-E6, Active Duty Military or Unaccompanied Military. All programs are held at the Liberty Center on NAS II unless otherwise stated.

EVERY MONDAY**Monday Magic: The Gathering****Time:** 4:00 - 7:00 pm **Cost:** Free

"Gather" with your fellow deck builders and see if you have the best strategy to reign supreme. Swing by to challenge others to play!

WEDNESDAY, 1**Liberty Lunch: Soup Day****Time:** 11:30 am (while supplies last) **Cost:** Free

Looking for a soup-er treat in the middle of the work week? Stop by the Liberty Center and enjoy a delicious bowl of soup with some warm, crunchy, perfect-for-dipping bread!

**WEDNESDAY, 8****Liberty Snack: Dirt n' Worms****Time:** 11:30 am (while supplies last) **Cost:** Free

Stop by the Liberty Center to dig into a delicious childhood classic: Dirt Pie!

**SATURDAY, 11****Siracusa/Ortigia Town Shuttle****Depart:** NAS II 10:00 am, NAS I 10:20 am **Return:** 5:00 pm **Cost:** \$15

Walk, eat and shop around this ancient city and enjoy the salty air and crystal blue waters as you explore the island of Ortigia. Be sure to bring euros for souvenirs and food.

WEDNESDAY, 15**Liberty Lunch: Chili Dogs****Time:** 11:30 am (while supplies last) **Cost:** Free

How do you combat chilly weather? With a chili dog! Ok, it might still be warm in Sicily, but so is the food at the Liberty Center!

**THURSDAY, 16****Third Thursday Throwdown: Candy Guess****Time:** 9:00 am - 7:00 pm **Cost:** Free

Get into the Halloween spirt by winning a bunch of candy! Come into the Liberty Center and see if you can figure out just how much candy we put into that jar.

OCT 17 & 20**Lattes with the Library****Time:** 10:00 am - 12:00 pm **Cost:** Free

Enjoy pumpkin spice lattes as you chat with staff and learn about the resources and programs available at the MWR Library.

WEDNESDAY, 22**Liberty Snack: Taco Bowls****Time:** 11:30 am (while supplies last) **Cost:** Free

Come to Liberty and fill your brain and belly. Health Promotion & Wellness is teaching a class on healthy cooking techniques. They will demonstrate how to make healthy meals that won't break the bank. The best part is, you get to eat the finished product!

**SATURDAY, 25****Taormina Town Shuttle****Depart:** NAS II 10:00 am, NAS I 10:20 am **Return:** 5:00 pm **Cost:** \$15

Come hitch a ride to this beautiful hilltop town that looks over the famous Isola Bella. Please bring euro for souvenirs and food.

WEDNESDAY, 29**Liberty Lunch: Spaghetti & Meatballs****Time:** 11:30 am (while supplies last) **Cost:** Free

Carbo-load before your trick-or-treat marathon with a delicious bowl of spaghetti and meatballs at the Liberty Center.

**FRIDAY, 31****Horror Movie Marathon****Time:** 9:00 am - 7:00 pm **Cost:** Free

Get into the spirit of the holiday with a horror movie marathon. All day long we will be showing a spectrum of the genre from classics to new releases.





Fright Night Returns with

THE BLAIR WITCH PROJECT

Friday, October 17

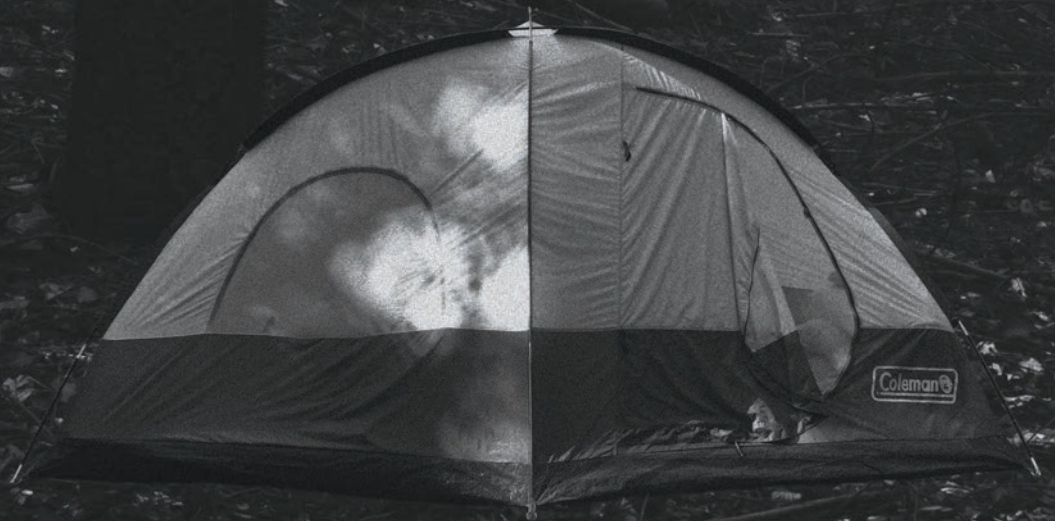
7-9 p.m.

Movie Showing: 9 p.m.

NAS II Turf Field

Ages 18+

Free Admission



Featuring Adult-sized Bounce Houses, Palm & Oracle Readings, Pop-up Bar with Themed Cocktails, & S'mores

OCT **TWENTY**
25



MWR DIRECTORY

TO CALL COMMERCIAL: +39 095 56 xxxx
+39 095 86 xxxx

ADMIN OFFICE

MWR Administration

Phone 624-3968

Mon - Fri: 7:30 am - 4 pm
Sat, Sun & Holidays: Closed

NAF Personnel Office

Phone 624-0522

Mon, Wed - Fri: 7:30 am - 4 pm
Tues: 12:30 - 4 pm
Sat, Sun & Holidays: Closed

FITNESS

Adult Sports Coordinator

Phone 624-3785

Fit District NAS I

Phone 624-4483

Mon - Fri: 5 am - 9 pm
Sat, Sun & Holidays: 8 am - 3 pm
24-Hour access can be granted.
Register at NAS I or NAS II
Front Desk.

Flight Line Fitness Center NAS II

Phone 624-5243

Mon - Fri: 5 am - 9 pm
Sat, Sun & Holidays: 8 am - 3 pm
24-Hour access can be granted.
Register at NAS I or NAS II
Front Desk.

Grinderz Skate Park NAS I

Mon - Sun: 8 am - 8 pm

AQUATICS

Splasher's Pool NAS I

Phone 624-4334

Lap Swim:

Mon - Fri:
11 am - 1:30 pm & 3 - 6 pm
Sat, Sun & Holidays: Closed

NAS II Flight Line Pool

Phone 624-7766

Lap Swim:

Mon, Wed & Fri:
5:30 - 8:30 am & 10 am - 1 pm
Tues & Thurs:
11 am - 1:30 pm & 3 - 6 pm
Sat & Sun: Closed

COMM RECREATION

Liberty Center NAS II

Phone 624-5602

Mon - Fri: 9 am - 7 pm
Sat, Sun & Holidays:
10 am - 7 pm

Trips and Tours;
Equipment Rental;
Compass & Chart Room
Reservations

Phone 624-4396 or 624-4777

Mon - Fri: 9:30 am - 5:30 pm
Sat, Sun & Holidays: Closed

COMM RECREATION

Library NAS I

Phone 624-3875

Mon, Wed, Thu, Fri: 9 am - 5 pm
Tue: 9 am - 7 pm
Sat: 10 am - 4 pm
Sun & Holidays: Closed

CYP

CDC at Youth Complex

Phone 624-1750

Mon - Fri: 6 am - 6:30 pm
Sat, Sun & Holidays: Closed

SAC (School Age Care)

Phone 624-3712

Mon, Tue, Thu & Fri:
6 - 8 am & 2:30 - 6:30 pm
Wed: 6 - 8 am & 1:30 - 6:30 pm
No School Days: 6 am - 6:30 pm
Sat, Sun & Holidays: Closed

School Liaison Office

Phone 624-3242

Youth Complex: Teen Center & Youth Sports

Phone 624-1750 or 624-1747

Mon, Thurs & Fri: 2-7 pm
Tue & Wed: On NAS I (YC Closed)
No School days: 12-6 pm
Sat, Sun & Holidays: Closed

BUSINESS ACTIVITIES

Auto Skills Center NAS II

Phone 624-5244

Tues - Sat: 9:30 am - 5:30 pm
Sun, Mon & Holidays: Closed

Midtown 2 Theaters

Phone 624-4216

Please See Movie Schedule

Spare Time Bowling

Phone 624-4302

Mon: Closed
Tues - Thurs: 11:30 am - 8 pm
Fri & Sat: 12:30 - 9 pm
Sun: 11 am - 6:30 pm

Connections NAS I

Phone 624-4264

Fri & Sat: 5 pm - 12 am
Sun - Thurs: Closed

568 Lounge - NAS II

Phone 624-5603

Sun - Thurs: 5 pm - 12 am
Fri & Sat: 7 pm - 2 am

Please check our website throughout the month
for the most updated hours.



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WWW.NAVYMWRSIGONELLA.COM