

Highlights of the Month

- 568 Lounge Grand Opening!
- Operation MWR Concert
- Customer Appreciation Weekend



MAY ^{TWENTY}24

Happy
Mother's Day

Life



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Eligibility

In order to participate, please enroll in our Youth Program by coming into the Youth Complex or calling 624-1750 for more information. Members must be 11 years old and have started the 6th grade to 18 years of age and still in high school.

Check out the Youth Complex Calendar!

You can find more events, clubs and fun happening throughout the month! Pick one up at the Youth Complex in Marinai or email jasmine.t.mailoto.naf@us.navy.mil.

FRIDAY, 3**Cinco De Mayo Fiesta**

Location: Youth Complex **Time:** 6:00 - 7:00 pm **Cost:** FREE

After a week of themed activities in preparation for the grand event, the Youth Complex will throw a Cinco De Mayo Fiesta! Join us for hispanic foods, dancing to Latin music, games, and a piñata made by the teens!

MONDAY, 6**BGCA Torch Club**

Location: Youth Complex **Time:** 3:30 - 4:30 pm **Cost:** FREE **Ages:** 11-13

This month's meetings will involve planning and executing our club service project for the month honoring mothers for Mother's Day, brainstorming ways to improve Youth Complex programming for our middle schoolers, and continuing their ongoing garden project! Interested in joining?! Simply show up to the meeting to become a member of the Torch Club and for more information!

THURSDAY, 9**BGCA Keystone Club**

Location: DoDEA High School **Time:** 1:45 - 2:30 pm **Cost:** FREE **Ages:** 14-18

Keystone club provides leadership development opportunities to Sigonella teens, ages 14-18 (grades 9-12), in four focus areas including Academic Success, Career Preparation, Community Service and Teen Outreach. This meeting will involve brainstorming plans to prepare for the upcoming Keystone Conference, End of School Year service project, preparing for our exclusive club field trip, and volunteering for other NAS Sigonella programs. Interested in joining?! Simply show up to the meeting to become a member of the Keystone Club and for more information!

FRIDAY, 10**Mother's Day Picnic**

Location: Youth Complex **Time:** 4:30 - 6:00 pm **Cost:** FREE

Youth Complex mothers will receive an invitation on Monday, May 6 to enjoy a picnic made specially by their teens outside in the beautiful spring weather. Spend quality time together with refreshments, activities and good music.

ALL MONTH**Community Puzzles**

Location: Library **Time:** 10:00 am - 6:00 pm

Spend a relaxing afternoon working on puzzles and making connections within the community!

ALL MONTH**Coloring for Mental Health Month**

Location: Library **Time:** 10:00 am - 6:00 pm

Recommended Ages: Teens & Adults

In recognition of Mental Health Month, and in celebration of May flowers, intricate floral coloring pages and colored pencils will be available all month at the library! Coloring can be soothing and calming and provide a way to relieve stress and promote relaxation.

EVERY WEDNESDAY**Early Literacy: Full STEAM Ahead!**

Location: Library **Time:** 10:30 - 11:15 am **Ages:** 1-5

Jump-start early literacy skills for your toddlers and preschoolers! Parents and children will learn together while we sing, read, play, and grow.

THURSDAY, 9**Flower Boxes**

Location: Library **Time:** 3:30 - 5:30 pm

Learn about the historical and literary meanings of various flowers, followed by creating personalized trinket boxes using decoupage and paint!

THURSDAY, 23**Memorial Day Poppies**

Location: Library **Time:** 1:30 - 5:30 pm

Poppies have traditionally been worn on Memorial Day to commemorate the lives of those who died fighting for their country. Join us in making tissue paper poppies to wear as pins in honor of our military and the sacrifices they have made. Then we will read the poem "In Flanders Fields", which inspired the tradition.

Youth Sports

Summer 2024

\$25 each | Ages 5-18

Run Club

6/21-8/9 | Marinai Fields

Soccer Camp

6/17-6/20 | Marinai Fields

Baseball Camp

6/24-6/27 | Marinai Fields

Basketball Camp

7/8-7/11 | NAS I/MHS Gym

Volleyball Camp

7/15-7/18 | NAS I/MHS Gym

Racquet-Wall Camp

7/29-8/8 | NAS I Gym

Registration Begins May 24

For more information, contact the Youth Sports and Fitness Coordinator, at 624-1750 | +39 095 56 1750
nas-sigonella-cyp-information@us.navy.mil

SUMMER Camp

Registration now open!

School Age Care
Youth Ages 5-12

For more information,
contact SAC at
095-56-3712

NAVY CYP
Child and Youth Programs

x4248

Midtown 2 Theaters

Cost: \$6 Adults (12 years & older)
\$4.50 Kids (6-11 years old) Free (5 years & under)
Visit www.navywmwrsigonella.com/movies
for showtimes.

TUESDAY, 7

National Teachers' Day Movie

Time: 5:00 pm

Bring your teachers ID and enjoy a free movie on us today to celebrate you and all of your hard work!

SUNDAY, 12

Mother's Day Movie Special

Time: See Movie Schedule

Treat the mother in your life to a movie on us!

All moms enjoy one free movie showing this mother's day!



Enjoy 50% off
all movie tickets this weekend
to celebrate you! (May 17-19)

TUESDAY, 21

Baby and Me Movie

Time: 10:30 am

Enjoy a family-friendly movie experience with dim lights, lower sound volume and plenty of stroller parking! Available the third Tuesday of every month.



Basketball Tournament May 21 - 30

Registration Deadline: May 17

Captain's Meeting: May 20

Tennis Tournament June 4 - 30

Doubles and Singles Teams Welcome
Self Officiated Tournament

Registration Deadline: June 3

Eligible Patrons: Active duty, NATO
& DoD ID cardholders **Cost:** Free **Ages:** 18+

For registrations and more information,
contact the Adult Sports Coordinator,
Angelina Gott at
angelina.p.gott.naf@us.navy.mil
or 624-3785.

Bowling Center

x4302

Ask about our Bowling Monthly Passes!

1-Month, 3-Month or 6-Month Individual and 1-Month Family Passes Available

SUNDAY, 5

Cinco de Mayo Feast

Time: 11:00 am - 2:00 pm

Grab lunch at the bowling center today from a food booth offering mouth-watering options. Spare Time will also have a strawberry lime frozen margarita available for \$8 each!

TUESDAY, 7

National Teachers' Day

Cost: Free game and shoe rental for Teachers

Teachers can roll over to Spare Time after school to decompress with 3 free games of bowling, shoes included! Happy National Teachers' Day and thank you for your dedication to our Sigonella students!

TUESDAY, 7

Bunco Day!

Time: 12:00 pm **Ages:** 16+ **Cost:** \$5 per person (pre-registered) or \$8 per person (at the door) **Registration Deadline:** May 5 (registration still available day of event at different price)

Introducing our brand new monthly Bunco Day at Spare Time! Dive into the excitement of dice-rolling fun with fellow friends while you enjoy complimentary popcorn, chips and salsa. Roll your way to victory in this unforgettable social game where camaraderie meets competition for a chance to win fabulous prizes.

SUNDAY, 12

Mother's Day Bowl-n-Bloom

Time: 11:00 am - 6:30 pm **Cost:** \$6 per person includes 2 games of bowling, a soda, bag of chips and shoe rental

Bring the family to Fun Day Sunday and we will surprise Mom with a freshly bloomed flower to brighten her day!

SATURDAY, 18

Customer Appreciation Day Glow Party & Pro Shop Sale

Cost: 1 free hour of bowling per person, including shoe rental To celebrate you on Customer Appreciation Day, each person will receive (1) free hour of bowling, including shoe rental, with cosmic lighting all day long! Our current inventory of pro shop items including bowling balls, bags, shoes, wrist support, ball cleaner and more will also be 30% off. So be sure to check it out!



SATURDAY, 25

High School Night

Time: 7:00 - 10:00 pm **Ages:** 14-18 **Cost:** \$8 per person (shoes included)

Get ready for an epic Saturday night! Immerse yourself in the cosmic glow with your friends, where the music is loud, the lights are wild, and the bowling is unlimited!

TUESDAY, 28

Bunco Night!

Time: 5:30 pm **Ages:** 16+ **Cost:** \$5 per person (pre-registered) or \$8 per person (at the door) **Registration Deadline:** May 26 (registration still available day of event at different price)

Introducing our brand new monthly Bunco Night at the bowling alley! Dive into the excitement of dice-rolling fun with fellow friends while you enjoy complimentary popcorn, chips and salsa. Roll your way to victory in this unforgettable social game where camaraderie meets competition for a chance to win fabulous prizes.

GET PAID!

Basketball Officials Needed!

Registration Deadline: May 17 **In-Classroom Training:** May 20

Court Mechanics & Live Scrimmages: May 21-23 & 28-30 **Ages:** 18+ only

TO OFFICIATE
GAMES



Cinco DE Miles

5 MILE RUN AROUND NAS II

MAY 5
CHECK IN AT 7:30 AM

**THE RUN WILL BE FOLLOWED
BY BREAKFAST HOSTED BY THE USO**

**SCAN ME
TO REGISTER**



Eligibility: Active Duty, NATO and DoD ID Cardholders | Ages 16+





FIVE SIX EIGHT

LOUNGE

GRAND OPENING
MAY 15

NAS II (BLDG # 568)
PREVIOUSLY JOX PUB



Community Activities

Registration for classes is available at Community Recreation or the Liberty Center. Please refer to each class description for any registration deadlines.

TUESDAY, 7

Crochet with Christina - Youth Continuation Class

Location: MWR Chart Room **Time:** 3:00 - 4:00 pm **Cost:** \$15

This class is designed for those with little or no experience with a crochet hook. Crocheting can calm the mind, increase concentration and promotes mindfulness. Please bring your hooks and yarn from last session. Parents must supervise their children according to base policy.

WEDNESDAY, 8

Indoor Rockwall Belay Certification

Location: "The Cave" Rockwall **Time:** 2:00 - 5:00 pm **Ages:** 14+

Cost: \$30/\$25 Liberty **Registration Deadline:** May 7

This class will walk you through the steps of belaying a climber. To earn your Belay Certification Card, each participant must be able to show the ability to tie knots correctly and safely belay and actual climber.

THURSDAY, 9

Introduction to Acting - Youth Class

Location: MWR Compass Room **Time:** 4:00 - 5:00 pm **Ages:** 9-15 **Cost:** \$15

Jump into this fun and interactive class geared for kids! Engage in teamwork and confidence building theater activities that are a blast!

SATURDAY, 11

Country Night

Location: Connections Bar **Time:** 7:00 - 11:00 pm **Ages:** 18+ **Cost:** FREE

Start by learning a few two-step moves, then grab a friend and dance the night away listening to your favorite country songs.

TUESDAY, 14

Crochet with Christina - Adult Continuation Class

Location: MWR Chart Room **Time:** 4:00 - 5:00 pm

Ages: 16+ **Cost:** \$20/\$15 Liberty

Continue to learn the gentle art of crocheting while a personal coach teaches you how to make basic crochet stitches, tension and how to work in rows. This class is designed for those with little or no experience with a crochet hook. Crocheting can calm the mind, increase concentration and promotes mindfulness. Please remember to bring yarn and hooks to practice with.

SUNDAY, 19

Introduction to Photography with Matt McKown

Location: MWR Class Room **Time:** 1:00 - 3:00 pm **Ages:** 18+ **Cost:** \$30/\$25 Liberty

Here is your chance to turn your photography skills up a notch! Leisure Skills is proud to host a photography workshop with Matt McKown, a teacher at the Sigonella Middle/High School. Come learn the basics of photography in this introductory course. For this class, it is recommended to have a working camera phone so be sure it's charged and ready to go!

TUESDAY, 21

Crochet with Christina - Beginner Adult Class

Location: MWR Compass Room **Time:** 4:00 - 5:00 pm

Ages: 16+ **Cost:** \$20/\$15 Liberty

This class is designed for those with little or no experience with a crochet hook. Crocheting can calm the mind, increase concentration and promotes mindfulness. Yarn and hooks to practice with will be provided during class sessions only. Feel free to bring your own as well.

Anniversary
Endurance
Event



SAVE THE DATE

SATURDAY
JUNE 15
STARTS AT 6 AM

Auto Skills Center

x5244

Car Detailing Services

Deluxe Bubbles will provide Car Detailing Services by appointment only. For a complete list of available detailing services and pricing, please visit: www.navymwrsigonella.com. To make a reservation for detailing services or to register for any classes, please call the Auto Skills Center at 624-5244.

ALL MONTH

Car Facts Report

Time: Open 9:30 am - 5:30 pm

Please call to schedule an appointment. **Cost:** \$25
Feel good about your vehicle, or a vehicle you are considering purchasing, by getting a full detailed inspection! To schedule an appointment, please call 624-5244 or 095-86-5244.

SATURDAY, 11

Auto Skills Maintenance Class - Oil Change

Session #1: 10:00 am (All Authorized Patrons)

Session #2: 11:30 am (Ladies Only) **Ages:** 16+ **Cost:** \$5

Learn how to drain the engine oil, replace the oil filter, and other maintenance tips to keep your car running efficiently. This is a hands-on instruction on your own vehicle, or you can observe and practice on our demonstration vehicle. Please bring your own oil and filter for the class. Oil is available for purchase at the Auto Skills Center for \$40 (small/midsize engines) or \$50 (large engines) and filters are available for purchase at the Auto Port Monday through Friday.

WEDNESDAY, 15

Ladies Only! Auto Skills Maintenance Class - Oil Change

Time: 10:00 am **Ages:** 16+ **Cost:** \$5

Same class but Ladies Only! Coffee and Italian pastries will be provided today.

Oil Change Combo Package

\$40 Cars and midsize SUV • **\$50** Large SUV/truck/van

Includes:

Oil for vehicle • Lift time - 1 hour
All tools required for oil change • Disposal of old oil

568 Lounge

x5603

EVERY WEDNESDAY

Karaoke Night

Time: 8:00 pm - midnight **Ages:** 18+

EVERY FRIDAY

Karaoke Night

Time: 10:00 pm - 2:00 am **Ages:** 18+

EVERY SATURDAY

DJ Nights

Time: 10:00 pm - 2:00 am **Ages:** 18+

FRIDAYS 18 & 31

Latin Dance Lessons

Lessons Time: 8:30 - 10:00 pm

Dancing Time: 10:00 pm - 2:00 am

Ages: 18+ **Cost:** Free

MWR is hosting Latin Salsa, Bachata & Merengue lessons in Connections on NAS I. Join us for lessons and then spend time afterwards practicing by dancing the night away!

Grand Opening May 15!

Sun-Thurs: 5 pm-midnight

Fri & Sat: 7 pm-2 am

x4777 - X4396

Trips & Tours

Pick Up & Drop Off

NAS I: CDC Parking lot. **MARINAI:** In front of Youth Complex.

NAS II: Flight Line Clinic parking lot. Return times are subject to change.

All children 17 years and younger must be accompanied by a parent or guardian on ALL trips. Children 3-11 are 1/2 price on all tours, unless otherwise noted. Children 2 and under are free.

Employee of the QUARTER II Quarter

Crystal Garcia
CYP Leader



Crystal has been a vital asset to the CYP team, assisting with teen programming, youth sports, and acting as the School Age Care point of contact in the absence of the Youth Director. Crystal is extremely knowledgeable in all CYP practices and often trains others. As a mentor, Crystal has helped new team members acclimate to the CYP culture and expectations. Her attention to detail helps ensure all program needs are met. She has planned trips for both school age and teen programs to ensure youth are able to experience Italian culture and enjoy the amenities around the island. Thank you, Crystal, for all that you continue to do for Child and Youth Programs and the Sigonella Community!



FRIDAY, 3

Catania Day Shuttle

Depart: NAS II 8:30 am, Maraini 8:45 am, NAS I 9:00 am

Return: 2:00 pm **Cost:** \$20 (Transportation only)

Want to spend some time at the markets, find a new restaurant or just wander around and shop? Join Community Recreation for a trip to Catania by day.

SATURDAY, 4

Agrigento: Valley of the Temples & Lunch

Depart: NAS II 7:00 am, Maraini 7:15 am, NAS I 7:30 am **Return:** 8:00 pm

Cost: \$75 (Includes transportation, guide and lunch)

Originally founded as a Greek colony in the 6th century B.C., Agrigento became one of the leading cities in the Mediterranean world. The town of Agrigento is known for its spectacular Valley of Temples and the sacred area of ancient Akragas which is one of the most important colonies of the Greek Empire. Join us for a tour of Agrigento's Valley of the Temples, followed by lunch at a local restaurant.

SUNDAY, 5

Palermo & Monreale

Depart: NAS II 6:30 am, Maraini 6:45 am, NAS I 7:00 am **Return:** 8:30 pm

Cost: \$45/\$40 Liberty (Includes transportation and guide.)

Bring euro for lunch and shopping.)

Experience the breathtaking cathedrals of Palermo and Monreale. Palermo's cathedral contains a unique mixture of architectural styles on a grand scale, witnessing eight periods of art in one single setting. Behold intricate, awe-inspiring Biblical mosaics decorating the nave of Monreale's cathedral. After a tour to both places, you will have time to spend downtown among a variety of restaurants and shops.

FRIDAY, 10

Garlic Festival & the Feast of the Three Holy Brothers

Depart: NAS II 4:00 pm, Maraini 4:15 pm, NAS I 4:30 pm

Return: 11:00 pm **Cost:** \$20 (Includes transportation and guide. Please bring euro for food and shopping)

Discover Trecastagni and take part in the celebration of brothers St. Alfio, St. Cirino, and St. Filadelfo at the annual Garlic Festival. This festival celebrates the three brothers who were martyred in Sicily on the same day in the year 253. This festival, which has a rich history dating back to the 1500's, features a vast number of pilgrims making their yearly patronage as well as typical Sicilian carts adorned in garlic (a symbol of good health and protection in Sicily) and hundreds of vendors.



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e-mail: magnoliaresidence@virgilio.it | www.magnoliacclubresidence.com



SATURDAY, 11**Circumetnea Train Adventure & Randazzo Walking Tour****Depart:** NAS II 6:15 am, Marinai 6:30 am, NAS I 6:45 am**Return:** 4:30 pm **Cost:** \$50 (Includes transportation, guide and train ticket. Please bring euro for food.)

Get ready for some fabulous views of Mt. Etna when you board the Circumetnea Train. Ride the train all around Mt. Etna with a stop in the historic town of Randazzo for a 2.5-hour walking tour. This medieval walled city was devastated in WWII when more than 80% of its houses were destroyed by Allied Forces.

SUNDAY, 12**Godfather Tour & Patria Winery****Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 6:00 pm**Cost:** \$85 (Includes transportation, guide, entrance fees, lunch and wine tasting)

Visit the village of Savoca, where the Godfather movie was filmed. In this village, we will visit the Catacombs, Vitelli Bar, and the church where the wedding took place. Then, we will head to Castello degli Schiavi where The Godfather II was filmed. To end the day, we will enjoy lunch and a wine tasting at Patria Winery.

SATURDAY, 18**Flower Festival in Noto****Depart:** NAS II 10:00 am, Marinai 10:15 am, NAS I 10:30 am**Return:** 8:30 pm **Cost:** \$80/\$70 Liberty (Includes transportation, guide, entrance fees and lunch)

The annual "Infiorata" or Flower Festival celebrates the arrival of spring and features an amazing display of fresh flower mosaics that consume Via Nicolaci, in the town of Noto. The traditional 16 sketches will be embellished with film scenes shot in this wonderful city. The entire town participates in this famous Sicilian event with a festive atmosphere and beautiful parade on the main street you do not want to miss! Following the flower festivities, lunch will be served at Agriturismo "La Trota". Please choose the seafood, meat, or vegetarian meal at the time of registration.

SUNDAY, 19**Roman Villas & Lunch at Gigliotto Agriturismo****Depart:** NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am**Return:** 6:30 pm **Cost:** \$70 (Includes transportation, guide, entrance fees, lunch and wine tasting)

Visit the famous sight of the Roman Villas and hear ancient stories from Sicilian history! See Piazza Armerina, a UNESCO World Heritage site, with its magnificent 3rd century A.D. mosaic pavements and the Aidone Museum, which is home to ancient artifacts from the surrounding area. When the tour is complete, enjoy a peaceful lunch and wine tasting at the beautiful Gigliotto Agriturismo.

**MONDAY, 27****Siracusa and Seafood Restaurant****Depart:** NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am**Return:** 6:00 pm **Cost:** \$70 (Includes transportation, guide, entrance fees and lunch)

Visit the archeological site of Siracusa, built on an ancient Greek settlement and the historic island of Ortigia! Along the tour, we will have an opportunity to see the Ear of Dionysius, the Greek-Roman Amphitheater, the Siracusa Cathedral, the Temple of Athena and the mythological Fontana di Aretusa. Lunch at a local restaurant will follow the tour. Please choose the seafood, meat, or vegetarian/vegan meal at the time of registration.

FRIDAY, 31**Flower Festival of Caltagirone & Judeka Winery****Depart:** NAS II 4:30 pm, Marinai 4:45 pm, NAS I 5:00 pm**Return:** Midnight **Ages:** 18+ **Cost:** \$75 (Includes transportation, guide, dinner and wine tasting)

Spend the afternoon exploring the town of Caltagirone, known worldwide for its ornate ceramics. On this tour, admire the 142-step staircase of Santa Maria del Monte of Caltagirone. Each year, the staircase is decorated in a different grandiose design of flowers, which honors Madonna of Conadomini. Afterward, enjoy a late dinner and wine tasting at Judeka Winery.

AEOLIAN ISLANDS

VULCANO, PANARCA & STROMBOLI

Weekend Trip - July 5-7
Registration Begins May 1

**Register for one of our trips
 happening during Customer
 Appreciation weekend (May 18-19)
 and receive a free Community
 Recreation swag item!**

Limited quantities available.



**Explore. Discover.
 Let's Go!**

Book through AmericanForcesTravel.com, where you'll find the best value and choice for online leisure travel for the military and government community.

Book Now



MAY 25 - SEPT 2
NAS I Splashers Pool

Tue - Sun: 11 am - 6 pm



SUMMER RECREATION SWIM SEASON

FREE

**Active Duty, Dependents,
DoD Civilians & U.S.
Government ID Cardholders**

\$5

**NATO MEMBERS
per Person per Day**

\$10

**NATO MEMBERS
per Family per Day**

**NATO MEMBERS
per Person per Season**

\$100

**NATO MEMBERS
per Family per Season**

\$150

May be paid at NAS I Splashers Pool Desk



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BINGO!

EVERY
THURSDAY
6 PM NAS I CHARTROOM

JACKPOT
\$2,500 - \$8,000

Jackpot increases \$500/week with no winner

\$1,200
IN CASH PRIZES
given out each night!

AGES 18 +

NO NAVY ENDORSEMENT IMPLIED

\$25 **PACKAGE SALES**
START 5 PM
in Connections

For info Call 624-0513

**SUNDAY, 5** ●●●●●**Kayak/SUP: Capo Passero Natural Marine Reserve**

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am
Return: 6:00 pm **Ages:** 16+ **Cost:** \$65 (Includes transportation, guide and gear rental. Please bring a packed lunch or euro for food)

SUNDAY, 12 ●●●●●**Kayak/SUP: to Plemmiro Natural Marine Reserve**

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 6:00 pm **Ages:** 16+ **Cost:** \$65 (Includes transportation, guide and gear rental. Please bring a packed lunch)

TUESDAY, 21 ●●●●●**Intro to Stand Up Paddleboarding: Aci Trezza**

Depart: NAS II 1:00 pm, Marinai 1:15 pm, NAS I 1:30 pm **Return:** 7:30 pm **Ages:** 16+ **Cost:** \$65 (Includes transportation, guide and gear rental. Please bring a packed dinner or euro for food.)

Stand up paddleboard the marine reserve of Aci Trezza, a wonderful fishing village with three small volcanic islands known as 'The Rocks of Cyclops'. If needed, ODR guides will offer instruction regarding balance, control, paddle strokes and turning techniques. Afterwards, enjoy some free time visiting the town.

MONDAY, 27 ●●●●●**Intro to Stand Up Paddleboarding: Aci Trezza - Ladies Only**

Depart: NAS II 1:00 pm, Marinai 1:15 pm, NAS I 1:30 pm **Return:** 7:30 pm **Ages:** 16+ **Cost:** \$65 (Includes transportation, guide and gear rental. Please bring a packed dinner or euro for food.)

Stand up paddleboard the marine reserve of Aci Trezza, a wonderful fishing village with three small volcanic islands known as 'The Rocks of Cyclops'. If needed, ODR guides will offer instruction regarding balance, control, paddle strokes and turning techniques. Afterwards, enjoy some free time visiting the town.

Outdoor Recreation

x4777 - X4396

●●●●● **SATURDAY, 4****Hike Lamponi Cave**

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am
Return: 6:00 pm **Recommended Age:** 16+ **Cost:** \$60 (Includes transportation, guide, and BBQ lunch)

Spend the day on the north side of Mt. Etna hiking to Timpa Rossa and then to Lamponi Cave! This challenging and strenuous trail will offer a long day with amazing sights to see along the way. Following the hike, enjoy a light BBQ lunch during a break at a Timparossa shelter. Make sure to bring comfortable shoes, layered clothing and plenty of water and snacks.

●●●●● **SATURDAY, 4****Old Noto Hike & Agriturismo**

Depart: NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am **Return:** 6:30 pm
Cost: \$80 (Includes transportation, guide, and lunch)

Travel back in time and discover medieval Noto before the 1693 earthquake that devastated the island! On this tour, walk the same paths that many of Sicily's conquerors once did, along the ruins of Noto Antica. Discover the ancient castles, monastery and caves that played a part in the town's daily life. After our trekking adventure, enjoy lunch at a local agriturismo.

●●●●● **SATURDAY, 11****Mt Bike in Plemmiro Natural Reserve**

Depart: NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am **Return:** 5:00 pm
Cost: \$80 (Includes transportation, guide, bike rental, and lunch)

Recommended Age: 16+

Feel the breeze on your face as we ride along the coast in Siracusa's Plemmerio Natural Reserve. We'll ride through 12 km of natural wonders and historical areas, and finish our day with lunch in Ortigia.

●●●●● **SATURDAY, 18****Hike: Mt. Etna**

Depart: NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am
Return: 6:30 pm **Cost:** \$150 (Includes transportation, guide and fees. Bring water and euro for food) **Ages:** 16+

Are you ready to tackle Mt. Etna? Ascend 3000 meters (or more) up the mountain to enjoy the view of Sicily! This 8-hour, round-trip hike will take participants to the maximum hiking threshold based on the daily condition of volcanic activity. Due to the nature of the trip, there are a very limited number of spots.

●●●●● **SUNDAY, 19****Quad Tour: Mt. Etna**

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 4:00 pm
Recommended Age: Children 13+ can ride along with an adult driver.

Cost: \$130 per person (Double rider) \$180 per person (Single rider)
(Includes transportation, guide, quad fees for 3hrs, and lunch at restaurant)

Discover Etna like never before - on 4-wheels! Hold on as we tour the south side of Etna by quad, viewing everything that makes it so special, including explosive craters and caves, lava flows, charming old buildings, and expansive green forests. This ride will be one for the books! Please note, that all drivers must have a valid U.S. Driver's License. (The equivalent of an Italian B or B1 Motorcycle license).



FRIDAY, 24 ●●●●○**Hike: Cavagrande****Depart:** NAS II 6:30 am, Marinali 6:45 am, NAS I 7:00 am**Return:** 4:30 pm **Cost:** \$45 (Includes transportation and guide. Bring a packed lunch or euro for food) **Ages:** 13+

Take in the sights and sounds of the Cassibile Valley! Descend 1,060 feet to the base of a marvelous canyon carved by the Cassibile River and find emerald green pools of water surrounded by lush oriental palm trees. Please note, this hike is demanding and participants are required to hike back up the canyon after enjoying the beauty at the bottom. Please remember to bring a swimsuit, plenty of water, snacks and a packed lunch. If needed, hiking backpacks can be rented from Community Recreation.

SATURDAY, 25**Tandem Sky Diving****Depart:** NAS II 7:00 am, Marinali 7:15 am, NAS I 7:30 am **Return:** 3:00 pm**Cost:** \$35 (Includes transportation only; the tandem jump with video and photo is €270 to be paid on site) **Recommended Age:** 18+

Take advantage of this amazing opportunity to sky-dive in Sicily. See spectacular views and experience an adrenaline rush with "Skydive Sicilia" during the tandem jump. Transportation and dive reservations are provided, but be sure to bring your own courage! Note: The weight capacity for this trip is 220 lbs.

SATURDAY, 25 ●○○○○**Lipari Island****Depart:** NAS II 6:30 am, Marinali 6:45 am, NAS I 7:00 am **Return:** 9:30 pm**Cost:** \$135 (Includes transportation, ferry fees, bus tour, guide and lunch)

Witness the beauty of one of the seven Aeolian Islands, Lipari Island! Travel from Sicily to Lipari by ferry, and take a trip around the island by bus, to witness the panoramic views of the sea. During the day, enjoy a stop in the city center for lunch and a trip to the Castle of Lipari. Afterwards, there will be free time to shop or explore before departing the island.

SNEAK PEEK**Marzamemi Boat Tour**

Saturday, June 1, 15, 22 & 29

Marina di Ragusa & Winery Sunset

Saturday, June 1

Quad Tour: Alcantara Gorge

Saturday, June 1

●●○○ **SUNDAY, 26****Lava Hike & Gambino Winery****Depart:** NAS II 8:00 am, Marinali 8:15 am, NAS I 8:30 am**Return:** 5:00 pm **Recommended Age:** 18+ **Cost:** \$60 (Includes transportation, guide, lunch and wine tasting)

Enjoy a hike through the woods surrounding the Gambino Winery. This is a great way to see the eastern side of Mt. Etna and the lava flow from 2002. A tour of the winery will follow and will provide you with a unique opportunity to get a better understanding of the local natural environment and what it can offer to the community.

Employee of the MONTH MARCH*Ryan Griffith*

CYP Assistant

Ryan has great relationships with the youth in the program. He is consistently calm and caring, and is always looking for different ways to support the youth and improve the program. Ryan has taken on the task of leading 4-H and continues to run fun activities with the youth. He also supports our Youth Sports and Fitness program on top of his duties at School Age Care. Ryan uplifts the team and is always looking for ways to help! Thank you, Ryan, for all that you do for Child and Youth Programs and the Sigonella Community!



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TUESDAY, 7**Centro Sicilia****Depart:** NAS II 5:00 pm, NAS I 5:20 pm**Return:** 8:00 pm**FREE MALL
SHUTTLE SERVICE****SATURDAY, 18****Sicilia Outlet Village****Depart:** NAS II 11:00 am, NAS I 11:20 am **Return:** 4:00 pm**TUESDAY, 21****Porte di Catania****Depart:** NAS II 5:00 pm, NAS I 5:20 pm **Return:** 8:00 pm**TUESDAY, 14****AOSC Serves it Up!****Location:** Liberty Center**Time:** 11:30 am - 12:30 pm **Cost:** FREE

The All Officer's Spouses Club is serving up a delicious meal for the Liberty! Come quick as supplies are limited!

WEDNESDAY, 15**Budget Friendly Meal Prep Workshop****Location:** Liberty Center **Time:** 11:30 am - 12:30 pm **Cost:** FREE

The Health Promotion and Wellness Team is sharing knowledge and tips to making budget friendly meals. Sign up to kick start your health journey. Limited spots available.

WEDNESDAY, 22**Vietnamese Fruit Cocktail Day****Location:** Liberty Center**Time:** 11:00 am - 5:00 pm **Cost:** FREE

Come for another AAPI celebration with a refreshing cup of Vietnamese Fruit Cocktail at the Liberty Center, while supplies last.

THURSDAY, 23**Mt. Etna Full Moon Hike****Depart:** NAS II 5:00 pm, NAS I 5:20 pm**Return:** 11:00 pm **Cost:** \$15

Embrace the outdoors as we bring back the much-anticipated Full Moon Hikes! Secure your spot at the Liberty Center to partake in a mesmerizing night hike experience on majestic Mt. Etna.

SATURDAY, 24**Liberty Takes the Lanes****Location:** Spare Time Bowling**Time:** 1:30 - 10:00 pm **Cost:** FREE

Want to knock some pins around? We are covering the first (2) games and shoe rental for all Liberty eligible patrons. Pick up your bowling pass at the Liberty Center!

WEDNESDAY, 29**Taste of Home with USO****Location:** Liberty Center**Time:** 5:00 - 6:00 pm **Cost:** FREE

Swing by Liberty for some home cooking provided by your friendly neighborhood USO. Food, friends, and games, what more could you want?

THURSDAY, 30**Mario Kart™ LARP****Location:** NAS II Turf Field**Time:** 6:00 - 9:00 pm **Cost:** FREE

What if you could play Mario Kart™ in real life? Liberty is making a challenging but fun course for you to race on for your First Place endeavor! Afterwards, showcase your virtual racing skills on the big screen as we play under the stars.

Liberty Center**x5602****Eligibility**

E1-E6, Active Duty Military or Unaccompanied Military. All programs are held at the Liberty Center on NAS II unless otherwise stated.

MONDAYS**Monday Magic: The Gathering****Location:** Liberty Center **Time:** 4:00 - 6:00 pm **Cost:** FREE

Come "Gather" with your fellow deck builders and see if you have the best strategy to reign supreme. Swing by and see if other challengers come to play!

MAY 1-12**Momentos for Mom****Location:** Liberty Center **Cost:** FREE

Stop by the Liberty Center, take a picture in front of our Mother's day backdrop, and send it to that wonderful woman that loves you!

WEDNESDAY, 1**Cup-O-Elotes****Location:** NAS II Flight Line Pool **Starts:** 7:00 pm **Cost:** FREE

Celebrate Cinco de Mayo with some Cup-o-Elotes while supplies last!

SATURDAY, 4**May the Fourth Be with You****Location:** Liberty Center **Time:** 10:00 am - 6:00 pm **Cost:** FREE

Celebrate the May the Fourth with an epic Star Wars movie marathon, transporting fans to a galaxy far, far away!

MONDAY, 6**Sombrero Hunt****Location:** Liberty Center **Time:** 10:00 am - 5:00 pm **Cost:** FREE

Come in to look for one of TEN Sombreros hidden in the Liberty Center to win a Mexican sweet treat.

WEDNESDAY, 8**Asian American & Pacific Islander Heritage Appreciation Meal****Location:** Liberty Center **Time:** 11:00 am - 5:00 pm **Cost:** FREE

Commemorate Asian American/Pacific Islander Heritage Month with the Liberty Center. We are making Mochiko Chicken with macaroni salad and rice to share the Aloha Spirit, while supplies last!

FRIDAY, 10**Liberty Takes the Theater****Location:** Midtown 2 Theaters **Time:** See Movie Schedule **Cost:** FREE

Movie night! Calling all Liberty patrons, now is your chance to see a show on the big screen. Pick up your free movie pass at the Liberty Center and enjoy a night at the cinema.

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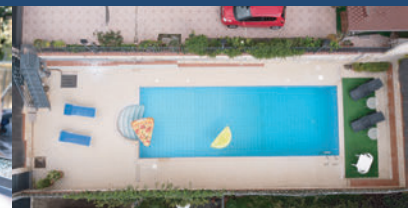
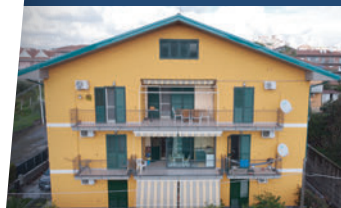


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ADMIN OFFICE

MWR Administration

Phone 624-3968

Mon-Fri: 7:30 am - 4 pm
Sat, Sun & Holidays: Closed

NAF Personnel Office

Phone 624-0522

Mon, Wed-Fri: 7:30 am - 4 pm
Tue: 12:30 - 4 pm
Sat, Sun & Holidays: Closed

FITNESS

Adult Sports Coordinator

Phone 624-3785

Fit District NAS I

Phone 624-4483

Mon-Fri: 5 am - 9 pm
Sat, Sun & Holidays: 8 am - 3 pm
24-Hour access can be granted.
Register at NAS I or NAS II
Front Desk.

Flight Line Fitness Center NAS II

Phone 624-5243

Mon-Fri: 5 am - 9 pm
Sat, Sun & Holidays: 8 am - 3 pm
24-Hour access can be granted.
Register at NAS I or NAS II
Front Desk.

Grinderz Skate Park NAS I

Mon-Sun: 8 am - 8 pm

AQUATICS

Splashers Pool NAS I

Phone 624-4334

Lap Swim Only

Mon-Fri: 11 am - 1:30 pm, 3 - 6 pm
REC SWIM BEGINS MAY 25
Sat, Sun & Holidays: Closed

NAS II Flight Line Pool

Phone 624-4766

Lap Swim:

Mon, Wed & Fri:
5:30 - 8:30 am & 10 am - 1 pm
Tue & Thurs:
11 am - 1:30 pm & 3-6 pm

COMM RECREATION

Liberty Center NAS II

Phone 624-5602

Mon-Fri: 9 am - 6 pm
Sat, Sun & Holidays: 10 am-6 pm

Trips and Tours;
Equipment Rental;
Compass & Chart Room
Reservations

Phone 624-4396 or 624-4777

Mon - Fri: 9:30 am - 5:30 pm
Sat, Sun & Holidays: Closed

COMM RECREATION

Library NAS I

Phone 624-3875

Mon-Fri: 10 a.m. - 6 p.m.
Sat, Sun & Holidays: Closed

CYP

CDC NAS I

Phone 624-3736

Mon - Fri: 6 am - 6:30 pm
Sat, Sun & Holidays: Closed

SAC (School Age Care)

Phone 624-3712

Mon-Fri: 6 - 7:30 am, 2 - 6:30 pm
Sat, Sun & Holidays: Closed
No School Days: 6 am - 6:30 pm

School Liaison Office

Phone 624-3242

Youth Complex: Teen Center & Youth Sports

Phone 624-1750 or 624-1747

Mon, Tue, Wed & Fri: 2 - 7 pm
Thurs, Sat, Sun & Holidays:
Closed
No School Days: 12 - 6 pm
Thursdays on NAS I: 2 - 5 pm

BUSINESS ACTIVITIES

Auto Skills Center NAS II

Phone 624-5244

Tues - Sat: 9:30 am - 5:30 pm
Sun, Mon & Holidays: Closed

Midtown 2 Theaters

Movie Hotline 624-4248

Reservations 624-4216

Please See Movie Schedule

Spare Time Bowling

Phone 624-4302

Mon: Closed
Tues - Thurs: 11:30 am - 8 pm
Fri & Sat: 1:30 - 10 pm
Sun: 11 am - 6:30 pm

Connections NAS I

Phone 624-4264

Wed, Thurs & Sun: 4 - 11 pm
Fri & Sat: 5 pm - 12 am
Beginning May 22
Thurs, Fri & Sat: 5 pm-midnight

568 Lounge - NAS II

Phone 624-5603

Grand Opening May 15

Temporary set up inside
Liberty Center until May 11
Open Sun-Sat 6 pm - 12 am

Please check our website throughout the month
for the most updated hours.



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